

CATCH-UP FRIDAYS TEACHING GUIDE

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I. General Overview			
Catch-up Subject:	Peace Education	Grade Level:	12
Quarterly Theme:	Relational Awareness (refer to Enclosure No. 3 of DM 001, s. 2024, Quarter 3)	Sub-theme:	Public Order and Safety (refer to Enclosure No. 3 of DM 001, s. 2024, Quarter 3)
Time:	1:00 – 2:00 PM	Date:	January 19, 2024
II. Session Details			
Session Title:	“Dancing for Peace: Promoting Peace through Creative Interpretation”		
Session Objectives:	At the end of the session, learners will be able to: a) interpret a song that promotes peace through a group dance presentation; and b) manage a dance event by practicing public order and safety.		
Key Concepts:	• Recognizing that creative dance is a powerful means of expressing emotions and ideas. • Dance, with its essential elements, serves as a potent medium for self-expression, allowing individuals to communicate ideas and emotions uniquely. • Dance goes beyond artistic expression, actively contributing to mitigating health-related concerns, emphasizing its holistic benefits for personal and communal well-being. • Dance is recognized as not only promoting peace but also actively contributing to maintaining public order and safety, demonstrating its relevance beyond artistic expression.		
III. Facilitation Strategies			
Components	Duration	Activities and Procedures	
Introduction and Warm-Up	10 mins	Song Selection • Begin with a brief discussion about creative dance, its elements, and its importance • Group the class with 5 to 10 members and ask them to choose a song that promotes peace • Within the group, share how they think the song appeals to them and promotes peace	
Concept Exploration	15 mins	Song Interpretation (10 minutes) • Using the selected song, ask the students to interpret the chorus part of the song through creative dance. • Ask them to apply the different elements of dance Dance Presentation (10 minutes) • As a class, organize the flow of presentation and how the performance should be shown to the class • Ask each group to present their dance interpretation of the chorus of the song the group had selected • Group the class with 5 to 10 members and ask them to choose a song that promotes peace • Within the group, share how they think the song appeals to them and promotes peace	

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Valuing	20 mins	Peace Integration (5 minutes) • After each group has presented, ask how dance promotes the integration of peace • Ask them to identify which part of the song and what dance steps they have used to integrate peace Whole Class Approach • Ask the class to reflect how dance help in mitigating issues and concerns regarding health • Facilitate a brief discussion within each group, encouraging students to explore commonalities and differences in their interpretations. • Summarize the key concepts discussed during the lesson. • Emphasize the power of dance in promoting peace and fostering public order and safety.
Reflective Journaling	15 mins	Reflective Writing • Ask students to individually write a short reflection on how their presentation reflects their relational awareness and contributes to the idea of public order and safety

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Recommending Approval:

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