

WEEK 2 - 28 Days To A Client

THE MASTER WAR MODE DAY PLAN + REPORT

✓/✗	U+I Of Task	Task List For The Day - Fill In ALL 20!
1. ✓/	Q1	Early morning water
2. ✓/	Q1	Shower and skincare
3. ✓/	Q1	Stretch
4. ✓/	Q1	Jump rope
5. ✓/	Q1	Italian test
6. ✓/✗	Q2	Send loom outreach & follow ups
7. ✓/✗	Q2	Create schedule for tomorrow
8. ✓/✗	Q2	Review student copy
9. ✓/✗	Q2	Review professional copy
10. ✓/✗	Q2	Work on opt in page site
11. ✓/✗	Q3	Write copy
12. ✓/	Q3	Eat healthy food
13. ✓/	Q3	Watch Good speakers
14. ✓/✗	Q3	schoolwork
15. ✓/✗	Q3	Interact with campus
16. ✓/✗	Q4	Write down 1 important note
17. ✓/✗	Q4	Morning power up call
18. ✓/✗	Q4	Improve network with someone
19. ✓/✗	Q4	pushups
20. ✓/✗	Q4	Gym

	 DAY NUMBER + DATE + TIME 
Day Number:	18
Date:	3/30/23
Start Time:	5am

	 3 Things That I Am Grateful To Have In My Life 
1.	A laptop
2.	The real world community
3.	Upcoming nose surgery

	 My Top 3 Priority Tasks That MUST Be Completed 
1.	Loom outreach
2.	Opt in page progression
3.	Italian test

Hour-By-Hour Tracking: **[Plan+Measure=Improve]**

 Task:	 Task = Set The Task That I Intend To Complete This Hour?
 Intention:	 Intention = What Is My Plan Of Action To Complete This Task For This Hour?
 Reflection:	 Reflection = Did I Complete This Task For This Hour? If Not, Then Why?



MY MORNING WAR PLAN



 **What Do I Plan To Accomplish This Morning?** 

Jumpstart, gym, boxing, ITALIAN TEST

 **What Is The Main Goal For This Morning?** 

Start the day off with power, beat my emotions

 **How Will I Start My Morning With Power?** 

Jump rope outside in the cold and then take a cold shower

**(Delete Any Boxes Below
That Are Before The Time
That You Start Your Day +
After The End OF Your
Day In Your Own Copy)**

6 am: Task 💰	Wake up, jump rope, study, eat, school
Intention 🔔	Attack
Reflection ✍️	Woke up late, did all but study. It's okay tho I still got all my work done well.

7 am: Task 💰	Go to school to improve network and practice retaining
Intention 🔔	Grind out skewl
Reflection ✍️	Skewl went great, got math work in, got italian aced, upped grade, improved network a lot with abby and emma, sort of improved with will, improved with beckett, static on amelia.

🎯 **END-OF-THE-MORNING REPORT** 🎯

🧠 What Did I Learn This Morning? 🧠
Be chill, nice, don't try hard for attention, but when you give it give all attention. Speak from stomach, speak slowly.

❌ What Problem's Did I Face This Morning? ❌
None

🔑 How Will I Solve These Problems For This Afternoon? 🔑
Hard work

MY AFTERNOON WAR PLAN

 **What Do I Plan To Accomplish This Afternoon?** 

Loom outreach/follows, business page, reviewing copy, etc.

 **What Is The Main Goal For This Afternoon?** 

Stay focused, no distractions

 **How Will I Start My Afternoon With Power?** 

jump rope outside, water, power up call

2 pm: Task 💰	Eat food, Power up call, 5-10 min meditation
Intention 🔔	Prepping
Reflection ✍️	Done, no meditation to edit schedule; have to fit in copy review call

3 pm: Task 💰	Review student copy, review professional copy, watch bootcamp lessons more
Intention 🔔	Mental+money gains
Reflection ✍️	Swapped out for follow ups to attend review call

4 pm: Task 💰	Send Loom follow ups, start outreach
Intention 🔔	Be different, propose very interesting ideas, gain social skills
Reflection ✍️	Sent follow ups before, attended meeting

5 pm: Task 💰	Outreach, campus vids
Intention 🔔	Hard work, speak well
Reflection ✍️	In meeting

6 pm: Task 💰	Build Opt in page, website name
Intention 🔔	Experience
Reflection ✍️	Did not, in meeting

7 pm: Task 💰	Homework, dinner, make schedule for tomorrow
Intention 🔔	Foodin, boxin, stretchin, workin
Reflection ✍️	Ate dinner, doing schedule hour 8, did outreach

8 pm: Task 💰	Finish any uncompleted work
Intention 🔔	Wrap
Reflection ✍️	Word??? Did italian work, dissected professional copy. Did a quick copy challenge,

9 pm: Task 💰	Go to bed
Intention 🔔	snoozin
Reflection ✍️	



End-Of-The-Day Report:



🧠 What Did I Learn Today? 🧠
Specificity is key. Loom outreaches were a great idea, I need to offer something new

❌ What Problems Did I Face In The Day? ❌
Staying on schedule, completing funnel

 How Will I Solve These Problems Tomorrow?

Stay on schedule, focused work, no review call.

 What Do I Plan To Do Differently Tomorrow?

Send a different offer in outreach, create website, see andrews reply

 What Do I Plan To Do The Same Tomorrow?

Loom outreach

 Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With?

No one

 What Tasks Were Left Undone?

Opt in page

Brain Dump:
Tired