

**PAID VU LMS HANDLING by Mam Mehwish**

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1. Hypnotized subject is neutral in which of the following phase:

- A. Hypnotic phase
- B. Induction Phase
- C. Post-hypnotic Phase
- D. Waking up Phase
- Correct Answer: C. Post-hypnotic Phase

2. All of the following are involved in developing a needs assessment plan EXCEPT:

- A. Observation of athletes during practice and competition
- B. Interview
- C. Use of objective Pencil-and-paper inventories
- D. Focus group
- Correct Answer: A. Observation of athletes during practice and competition

3. The Athletic Coping Skills Inventory (ACSI-28) was developed by:

- A. Thomas, Murphy, and Hardy
- B. Gabriel and Perkins
- C. Smith, Schutz, Smoll, and Ptacek Mahoney
- Correct Answer: C. Smith, Schutz, Smoll, and Ptacek Mahoney

4. The individual that the sport psychologist contracts with to deliver psychological services is referred to as:

- A. Manager
- B. Athlete

- C. Coach
- D. Client
- Correct Answer: D. Client

5. Which of the following forms of hypnosis is known as self-hypnosis?

- A. Autohypnosis
- B. Ericksonian hypnosis
- C. Traditional hypnosis
- D. Heterohypnosis
- Correct Answer: A. Autohypnosis

6. Which of the following theories explains hypnosis without suggesting that the hypnotic trance is responsible for the phenomenon associated with hypnosis?

- A. Neodissociation theory
- B. Social learning theory
- C. Psychodynamic theory
- D. Social-cognitive theory
- Correct Answer: D. Social-cognitive theory

7. If members do not take advantage of differences in power and influence between themselves and others, they will follow the ethical principle of:

- A. Concern for Other's Welfare
- B. Respect for People's Rights and Dignity
- C. Integrity
- D. Competence
- Correct Answer: B. Respect for People's Rights and Dignity

8. Which of the following inventory developed by Thomas, Murphy, and Hardy (1999) assesses psychological skills of athletes?

- A. Psychological Skills Inventory for Sports

- B. Athletic Coping Skills Inventory
- C. Psychological Methods Inventory for Sports
- D. Test of Performance Strategies
- Correct Answer: B. Athletic Coping Skills Inventory

9. All of the following are theories of imagery EXCEPT:

- A. Psychoanalytical Theory
- B. Psychoneuromuscular Theory
- C. Symbolic Learning Theory
- D. Attention and Arousal Set Theory
- Correct Answer: A. Psychoanalytical Theory

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