

DAILY DOMINATION

 	 Today's Tasks & Steps To Success 
1. 	 Task: Complete the checklist  Action Steps: Complete all the objectives in the copywriting checklist
2. 	 Task: Focus on future me  Action Steps: Read the Agoge identity document in the morning
3.  	 Task: Copy analysis  Action Steps: Finish analyzing "His Secret Obsession"
4. 	 Task: Dream 100  Action Steps: Interact with Dream 100 people and pitch my offer to 3 people
5. 	 Task: Watch the PUC of the day  Action Steps: Use the Real World to watch the PUC of the day
6. 	 Task: Watch the PUC of yesterday  Action Steps: Use the Real World to watch the PUC of yesterday
7. 	 Task: Train  Action Steps: Do the training session I already prepared on "Calistree"
8. 	 Task: Analyze the day, and plan the next one  Action Steps: Use the daily domination document to review the wins and the losses of the day. Plan the next one. Post in #Accountability-roster
9. 	 Task: Help one person in the chats  Action Steps: Help one G inside the chats of TRW

	July 17 Date July 17
Date:	2nd of May 2024

	 3 Blessings I'm Grateful To Have 
1.	Life
2.	Family
3.	Healthy body

	 Priority Tasks  (These are non-negotiable tasks and must be conquered today!)
1.	Checklist
2.	PUC of Yesterday
3.	

	 What challenges/Roadblocks am I gonna face tomorrow? 
1.	School
2.	
3.	

	 What reward awaits me if I complete everything? 
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Reward:	Chess, mobile phone
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Hourly Commitments & Reflections

Task 🏆	Task: What will I do?
Strategy 🔍	Strategy: How will I do it, step-by-step action?
Reflection ✍️	Reflection: Was the task finished? If not, why & what stopped me and how will I fix it?

6 AM: Task 🏆	
Strategy 🔍	
Reflection ✍️	

7 AM: Task 🏆	Wake up and focus on future me
Strategy 🔍	
Reflection ✍️	

8 AM: Task 🏆	School
Strategy 🔍	
Reflection ✍️	

9 AM: Task 🏆	School
Strategy 🔍	
Reflection ✍️	

10 AM: Task 🏆	School
Strategy 🔍	
Reflection ✍️	

11 AM: Task 🏆	School
Strategy 🔍	
Reflection ✍️	

12 PM: Task 🏆	School
Strategy 🔍	
Reflection ✍️	

1 PM: Task 🏆	Transportation, lunch, family, needs
Strategy 🔍	
Reflection ✍️	

2 PM: Task 🏆	Transportation, lunch, family, needs
Strategy 🔍	
Reflection ✍️	

3 PM: Task 🏆	family, needs
Strategy 🔍	
Reflection ✍️	

4 PM: Task 🏆	Watch the PUC from may first + Finish analyzing “His Secret Obsession” + Do the Dream 100 approach
Strategy 🔍	
Reflection ✍️	

5 PM: Task 🏆	PUC of the day
Strategy 🔍	
Reflection ✍️	

6 PM: Task 🏆	Train
Strategy 🔍	
Reflection ✍️	

7 PM: Task 🏆	Spend some time in TRW helping someone with his questions
Strategy 🔍	
Reflection ✍️	

8 PM: Task 🏆	Review the day and plan the next one
Strategy 🔍	
Reflection ✍️	

9 PM: Task 🏆	
Strategy 🔍	
Reflection ✍️	

10 PM: Task 🏆	
Strategy 🔍	
Reflection ✍️	

11 PM: Task 🏆	
Strategy 🔍	
Reflection ✍️	



Twilight's Review



☀️ **What wins did I achieve today?** ☀️

-Daily checklist

❌ **What battles did I lose today?** ❌

-I felt a little bit sick with my stomach so I wasn't fully productive and had to shorten/delete some tasks

📖 **What lessons did I learn today?** 📖

How to get back on track if I fall for distractions

🚧 **What roadblocks did I face?** 🚧

Stomach ache

💡 **How will I improve and progress tomorrow?** 💡

-Watch today's PUC, complete the checklist

 What worked well and will be repeated? 

n/a

 Who are the People I need to connect with? 

Dream 100 people
People in accountability roster

 What tasks remain uncompleted 

PUC of the day
Finishing “His secret Obsession”

 What changes do I need to make to my CONQUEST PLAN? 

n/a

 The final assessment of the day's productivity 

4/10 the stomach ache really slowed me down and didn't allow me to use my full potential

Freestyle Thoughts:

(Let your thoughts flow here. No judgment, no boundaries.)