



International Service Meeting
Internet and Technology Addicts Anonymous

1:30pm EST Sunday January 18, 2026

Meeting link (Service room):

<https://us02web.zoom.us/j/5229309009?pwd=a3NpdHVqa0tEM25FYmVmb0NPWTFaQT09>

Meeting ID: 522 930 9009

Passcode: 12

[International dial-in numbers](#)

Current service members

Coordinator	Meeting	Chair	Secretary	Treasurer(s)
Sara	Sun 1:30 pm est	Christine	Annika	Max and Ethan
	Sat 9:30 pm est	Alice	John C	

Opening Prayer

Higher Power, I understand that you make your voice heard in a group conscience. I ask you to remind me that the life of my program, and therefore my own recovery, depends upon my willingness to put the group's welfare above my own will. Where I disagree with the common views of my fellows in service, allow me to state my case honestly and respectfully. Allow me to listen to and consider the views of others. May I state my view and support all group decisions, including the ones I might disagree with. May my will be aligned with yours.

Attendees

We will now go around the room and introduce ourselves by first name only, and optionally, where we are calling from. We also welcome anyone who has never attended an International Service Meeting before, and if you'd like, you may indicate whether this is one of your first ISMs when introducing yourself.

Chair	Christine P
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Secretary	LVB
Participants at the start of the meeting	Lori, Rubi, Craig, Igor, Phoenix, Anonymous, Vince, Meg, Eli, Alice, Tatum, Jamie, Max, LVB, Chris C, Tomas, Lauren T, Shawna

Our international service meeting is a forum for discussing important issues that are relevant to ITAA as a whole, and for collectively developing solutions that can strengthen the growth of our fellowship. If you are new to ITAA, we welcome you to this ISM. While we encourage newcomers to participate in discussion, we ask that members refrain from voting until you have been attending ITAA meetings for at least one month. We follow the Twelve Traditions, and we use Robert's Rules of Order to help guide our group conscience.

A visual overview of this process can be found here:

https://drive.google.com/file/d/13_d1quYWWJbjwdo9M9LPnczjkyfL1ypR/view

A written overview of this process can be found here:

<https://internetaddictsanonymous.org/guide-to-group-consciences/>

Timekeeper

Would anybody be willing to volunteer to be our timekeeper today? We'll have two-minute shares with a 30-second warning.

Approval of Previous Minutes

We will now take one minute to review the minutes from the previous ISM to see if there were any factual errors in the notes:  2025-12-20 International Service Meeting

[After one minute] Are there any objections to approving the minutes?

Minutes Approval Status: Approved

Reports from Committees

Treasurer report: [Treasurer Report](#)

Webmaster report: Troubleshooting for automatic translate successful - Hindi, Chinese, Italian. Igor - Googled the website, Hindi translation came up, will be looked into

Literature Committee report: *The literature committee continues work on drafting the ITAA Promises. As for the Basic Text, chapter 7 is currently being edited. Anyone who wishes to*

provide feedback may join us at the next literature committee meeting Sunday, Jan.18 at 1:30 PM US Eastern or email us at literature.itaag@gmail.com

Public Relations Committee report:

Legal and Finance Committee report: Members of Legal and Finance have collected questionnaires from a select group of In-Person Meetings and are now in the process of drafting the Group Finances Guide

Board Report: We are moving to elect board members to serve for 2 years - see motion in agenda

Agenda items

1. **Motion:** To nominate the following members to the board of directors of our non-profit, the ITAA International Service Organization:
 - Chris C in Maryland:
 - Chris has been in ITAA since 2020. He's been off the bottom line that brought him to ITAA since 10/19/20 and off all his bottom lines since 5/5/25. He has also served as a webmaster for 4 years, as well as ISM secretary, ISM chair, member of the SEO committee, chaired online meetings for years, started an in-person meeting, is a sponsor and has a sponsor, and tries to practice the twelve steps in all of his affairs. He has also been an active member of Alcoholics Anonymous since 2018. He loves ITAA and the people in it, and wants to see the fellowship flourish.
 - 18 in favor, 2 abstaining
 - Elected
 - Max F in New York:
 - Max has been doing service in ITAA since he joined the fellowship nearly three years ago. He has done service at the meeting level, with the Legal and Finance Committee, and the Basic Text Editing Team. He is working the Steps with a sponsor and has also recently begun sponsoring others. Max has been a licensed attorney for five years. Much of his legal work has involved working in partnership with colleagues to devise and execute strategy, and he has significant experience with contract and corporate governance disputes. He is also on the board of a non-profit that brings arts education into local public schools. If he were elected to the Board, his prerogative would be to serve, not govern, and this understanding would guide his conduct.
 - 19 in favor, 1 opposed, 4 abstaining
 - Elected
 - Basma H in the UK:
 - Basma cares deeply about ITAA and the transformative role it plays in people's lives. She has done extensive service at the meeting level and also served as an ITAA webmaster for 1.5 years. Her professional background spans finance and operations for international nonprofits and financial institutions, and she would contribute effectively to the board's work in strategic planning, financial

oversight, and organizational development. The fellowship has been a vital source of support for her, and she has great respect for the culture and dedication of its founding members. She wants to help ensure that ITAA continues to thrive so it can offer the same hope and freedom to others.

- 13 in favor, 2 opposed, 9 abstaining
- No minority opinion given, elected

- Tomás K in California:
 - Tomás is one of the founding members of ITAA and currently serves on the interim board of the fellowship. He has been involved in service at the group and fellowship level and has also worked with many members individually as a sponsor. He has been sober since January 1st 2020 and works the Steps with his sponsor. As the person most continuously involved in setting up our nonprofit, interfacing with our lawyers, drafting the bylaws, and serving on the interim board, his intention as a board member would be to transfer knowledge to the other board members and support a healthy distribution of leadership.

Each board director would serve for two years after which they may be re-elected for a second two year term. More information on our board structure and requirements can be found in [our bylaws](#).

Motion to discuss - Christine, seconded by anonymous

- Question as to the difference b/w board and ISM - board has legal financial and responsibility to the fellowship, carries out the will of the ISM
- Board elections will replace Frankie, Bekah, and Tomas as interim board
- Board must be comprised of at least 3 fellows
- Discussion and voting took place on Chris C, Max F, and Basma H. The vote counts are above.

2. **Motion:** To create a fourth zoom room for ITAA meeting use.

Rationale: Currently there are three meetings, two of which are for ITAA meetings. If there is a meeting that overlaps with these two rooms, meetings would have to create and pay for their own zoom room. Using personal zoom rooms for meetings creates an unequal power structure that discourages service rotation. It is more cost-efficient to send meeting contributions to ITAA and for ITAA to create another zoom room at no extra cost.

3. **Motion:** To create and promote a “2017 Contributions Campaign; suggested donation is to sign up for recurring monthly contributions of 20.17 in your currency, in honor of the year I.T.A.A. was founded, 2017.”

Sample script for meetings:

2017 Contributions Campaign: I.T.A.A. was founded in 2017; suggested donation is to sign up for recurring monthly contributions of 20.17 in your currency. If you can't give today, keep coming back. You are more important than your money. We hold this moment of silence for those still suffering inside and outside this room, and for those who held it for us before we got here. Let us all take a collective deep breath. Timekeeper _____ please put 30 seconds on the clock to hold space to sign up. [Pause]

4. **Motion:** That ITAA's World Service Level begin planning for and acquiring the means for physical (and possibly virtual) archives of historical material for future reference and posterity. This could be done through a newly formed Committee, an existing Committee, or Subcommittee.

Rationale: ITAA's growing, and at some point in the future, there's a good chance we might formally document the history of our Fellowship. Moreover, once Fellowships (see AA or NA) grow to a certain size, World Service-level Conventions or Offices usually have some form of historical displays/memorabilia. ITAA Members are currently collecting or are in possession of physical material that may be useful or enlightening for these future functions. To create a location or give ITAA members an option for housing/archiving material of potential historical significance might be useful, as long as it could be done in a financially responsible manner.

Meeting close

Would all who wish to now join me in the "we" version of the serenity prayer:

*Higher Power, Grant us The Serenity
to Accept the things we cannot Change,
the Courage to Change the things we Can,
and the Wisdom to Know the Difference.*