

WELCOME SEQUENCE

email # 1

Why do I keep interrupting myself?

Hey XYZ,

Thank you for joining us on this transformative journey to harness the power of concentration

You've taken the first step in the right direction.

I'm excited to share some valuable insights that help you improve your focus.

like any other life skill, can be trained and mastered.

But before we delve into the strategies for enhancing your concentration, I want to provide you with a valuable resource to kickstart your journey.

I've created an e-book to help you **unlock your potential** and **reclaim control over your mind**.

It's yours to download and explore right away.

[\[Insert link for the e-book\]](#)

Take the time to meticulously read through the e-book and absorb the knowledge within its pages.

In the coming days, I'll reach out to you again with another email.

We'll dive deeper into actionable techniques that will **empower you** to concentrate better on your tasks and achieve remarkable results.

Thank you for placing your trust in us.

Together, we will conquer the missing puzzle that hinders your focus

Warm regards,

Now scroll for the second email

Email 2 HSO(Hook story offer)

How to Unlock Insane Focus on Command

Hello XYZ,

Are you ready to unlock your potential and tap into an extraordinary ability that will revolutionize the way you live?

Just like you, I used to battle with a mind constantly wandering, struggling to stay engaged in the present moment.

However, I discovered a remarkable expert who changed my perspective on focus and productivity—Chris Bailey.

Chris Bailey, a renowned authority on deep focus and attention management, has dedicated his life to helping individuals like us overcome distractions and unlock our full potential.

His insights have reshaped the way I approach work and life, and now I want to share this transformative knowledge with you.

I invite you to watch an eye-opening video presentation by Chris Bailey, where he reveals the secrets to getting your brain to focus.

In this captivating talk:

- Chris shares powerful techniques, practical tips, and mindset shifts

that will empower you to conquer distractions and achieve a level of deep focus you never thought possible.

Click the link below to access the video and embark on a journey toward deep concentration and enhanced productivity

[▶ How to Get Your Brain to Focus | Chris Bailey | TEDxManchester](#)

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How Power Focus will help you Crack the Code to Achieve what you desire

Hey XYZ

Are you tired of constant distractions and struggling to maintain focus?

It's time for a serious conversation about the power of concentration.

In a world filled with short attention spans and constant distractions, the ability to engage in deep, concentrated thinking is becoming increasingly rare.

Boredom sabotages our ability to concentrate

Did you know that research suggests we can only focus for about 90 minutes at a time?

But, simple strategies exist to overcome these challenges and unlock your full potential.

Discover the secret code of concentration and achieve what you desire.

Learn how to structure your day, take strategic breaks, and limit distractions to boost your focus and productivity. Want to dive deeper?

Click here to watch "The Brain Explained: How to Focus" for an in-depth exploration of these techniques.

okay scroll down for email 4 I will direct them to a sales page

Email 4 DIC Sales Page

From Distraction to Dominance: The Shortcut to Attaining Laser-Sharp Focus NOW!

Do you want to use a shortcut to obtain ultimate concentration?

I'll tell you the real secret about how to be focused on any realm of life

I'm going to give you 1 simple easy technique to implement in your day to day.

There's a secret supplement designed to enhance focus and cognitive performance in your daily life

It combines premium ingredients that target various aspects of brain function, supporting mental clarity, alertness, and sustained attention.

By incorporating this supplement into your routine, you can unlock your full potential easier and experience heightened concentration and productivity levels.

If you have that urge to make a step further...

Then [click here](#) and learn more about QUALIA

Draft and Ideas

You are constantly distracted to the point where you can't even appreciate the good things in your life.

The most difficult thing a human being is called upon to face is long, concentrated thinking.

Those words were written in 1925 by Hugo Gernsback

He was a prolific inventor and the pioneer of science fiction.

Distraction lurked everywhere he looked

Street noises filtered through the window, a door slammed somewhere, a telephone ring or doorbell.

So Gernsback invented "The Isolator"

A wooden helmet that eliminated 95% of the noise from the outside world.

Fitted with two tiny glass windows for the eyes and an easily attachable oxygen tube in case you ever struggle to breathe.

It was an imperfect solution to a real problem.

We often tell ourselves that we're observing the whole world around us, but the world around us is shaped by what we pay attention to

Don't overtask

Research suggests we can focus for about 90 minutes at a time

Rescue Time reported that every user checks their email or an instant messenger like Slack every six minutes. More than a third do it every three minutes or less

ways to improve focus

structure your day

take breaks

check social media 3 times a day

no statements on Adderall