

Privacy Policy

Last updated:1/17/26

This app is designed to respect your privacy and minimize data collection. Your information stays under your control.

Information We Collect

Information You Enter

When you use the app, you may voluntarily log information such as:

- Descriptions of short-form content you watched
- Content categories
- Emotional reactions
- Impact ratings
- Dates and times of logs

This information is entered by you and is used only to provide summaries and reflections inside the app.

Generated Insights

When you request a daily analysis, the app generates a reflection based on your logged data. These reflections are stored locally on your device so you can view them later.

How Your Data Is Stored

All logs and analyses are stored **locally on your device** using on-device storage.

- Your data is not uploaded to our servers
- We do not maintain user accounts

- We do not store your data remotely

You can clear all stored data at any time from the app's settings.

AI Analysis

When you tap **Analyze my day**, selected log data is sent securely to a third-party AI service to generate your reflection.

- Only the data required for the analysis is sent
- The data is not used to identify you
- We do not store AI requests or responses on our servers

AI analysis requires an internet connection. Logging and viewing past data does not.

Information We Do Not Collect

We do **not** collect:

- Your name, email address, or phone number
- Social media account information
- Location data
- Contacts or photos
- Advertising identifiers

We do not sell, rent, or share your personal data.

Analytics and Tracking

This app does not use third-party analytics or tracking tools for advertising purposes.

Data Control

You are in full control of your data.

- All data is stored on your device
- You can delete logs and analyses at any time
- Deleting the app removes all stored data

Children's Privacy

This app is not intended for children under the age of 13. We do not knowingly collect information from children.

Changes to This Policy

This Privacy Policy may be updated from time to time. Any changes will be reflected in the app or on the app's listing page.

Contact

If you have questions about this Privacy Policy, you can contact us at:

tonyc@venbit.com