

FIRST SOUND FLUENCY

Kindergarten - Beginning of Year & Middle of Year (Acadience)

These tasks help develop oral discrimination and identification of the initial sounds in words.

Note that combining explicit, systematic phonics instruction with phonemic awareness activities is the most effective route to successful early reading. Because FSF is an oral-only task for the purposes of screening, the activities listed below are oral and don't involve letters, but should be used alongside a Tier 1 program which includes both PA and phonics.

Choosing words that begin with continuant sounds which can be stretched (/s/, /m/, etc.) can be helpful for students who are struggling to grasp this concept.

FREE

[Beginning Sounds Bingo Boards](#)

[First Sound Fluency Roll the Dice Game](#) (We include something similar in our Welcome to K bags along with a die)

[First Sound Clip Cards from The Measured Mom](#)

[Phoneme Isolating: See It - Sound It \(FCRR\)](#)

[Phoneme Go Fish \(FCRR\)](#)

[Beginning Sound Train \(FCRR\)](#)

[Activity Ideas from Fun-a-Day](#)

[Family \(or Classmates\) Beginning Sounds Book](#)

[Initial Sounds Sorting Game](#) (directions for making your own)

[Online Elkonin Boxes](#)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Identifying Beginning Sounds Speech-Language Pathology and Audiology Services					This month you will identify the first sound that you hear in a word. Identifying beginning sounds helps your child develop awareness of the position of sounds in words – an important skill for reading!	
TIP: Make sure your child says the sound the letter makes ("sssss") not the letter name ("ess")		What's Cookin'? Can your child name the beginning sound for all of the food items they ate today?		Animal Crossing! Time to draw your dream zoo! What are the beginning sounds of the names of your animals?		Rainbow Sounds! Pick five colours and have your child tell you the beginning sound of each colour!
	Beep Beep! When you walk or drive somewhere, say the first sound in the word for things you see.		Think Spring! Say some Spring words, emphasizing the first sounds in these words. E.g. <u>r</u> ain, <u>p</u> uddle, <u>j</u> ump, <u>f</u> lower, <u>d</u> irt.		Friend Finder! Can your child identify 3 people they know whose names start with the same sound (Tip: name the sound, not the letter!)	
Story Time! Read a familiar book and choose a target beginning sound. Have your child raise their hand each time they find a word with that beginning sound!		Name Game! Take turns saying words that start with the same sound as your child's name. Then try this with a family member's name!		Let's Bake! Follow a recipe together! Have your child identify the beginning sounds of some ingredients.		Scavenger Hunt! Hide objects that start with the same sound around the room. Have your child search for them and identify the beginning sound!
	I Spy! Play 'I Spy' using sound hints. E.g. I spy something that starts with the "fff" sound (food, frog, furniture!)		Simon Says! Use beginning sounds to play Simon Says! E.g. "Simon Says move a body part that starts with the 'LLLLL' sound."		Tongue Twister! Practice some tongue twisters or nursery rhymes with alliteration (e.g. Baa Baa Black Sheep, Sells Sea Shells).	
Mystery Bag! Collect familiar items that start with the same sound and put them in a bag. Have your child pull them out, name the item and the common beginning sound!		Silly Sandwich Build an imaginary "silly sandwich." Say a beginning sound. Your child then names a silly food beginning with that sound to add to the sandwich (e.g. "s" ... sprinkles!)		Word Watching! Look out the window, pick five things you see, and say the first sound in those words.		Birthday Fun! What is the beginning sound of your child's birth month? What about the birth month of all the members in your family?

FOR PURCHASE

[Match-a-Sound Beginning Sounds box from Lakeshore Learning](#)

[APP: Tiny Humans Beginning Sounds \(\\$1.39 ios\)](#)

Sortegories Sound Match for Levels A and B
 (paid subscription; sample the Sound Match activities here):

<https://sortegories.com/resources/try-it-sound-match-mod3/>

<https://sortegories.com/resources/try-it-sound-match-b4/>

[Hand2Mind Sort That Sound Set](#)

FREE ACTIVITIES THAT INCLUDE THE FIRST LETTER TO GO WITH SOUND

[Fun Learning For Kids \(Beginning Sound Clip Cards, Find and Cover Mats, etc.\)](#)

[Beginning Sounds Cover Up \(Google Slides/Seesaw formats\) from I Teach Too](#)

This document is a work in progress but I wanted to begin sharing as there are many educators out there targeting this skill right now.

If you have other easy, linkable ideas I can include please let me know so I can add them! (And if any links no longer work please let me know that too!) Instagram @katethismomloves