

The Practice of Eucharist

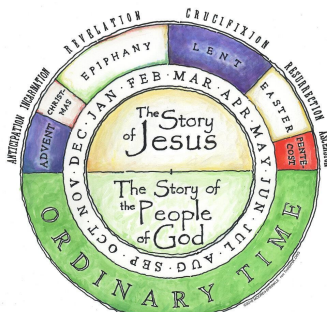
The sacrament of Eucharist was instituted by Jesus at the Last Supper (Luke 22:7-20), practiced by Him after His resurrection (Luke 24:30-35) and given further explanation by the Apostle Paul to the church in Corinth (1 Cor. 11:17-34).

In taking Eucharist, we are not only remembering Jesus' sacrifice of body and blood for the redemption of the world, we are also mysteriously united with Christ. The Apostle Paul takes this union seriously, "Is not the cup of thanksgiving for which we give thanks a participation in the blood of Christ? And is not the bread that we break a participation in the body of Christ?" (1 Cor. 10:16). Furthermore, Eucharist, while personal and intimate, is more than individualistic as we believe that followers of Jesus are also united and mysteriously made one body by sharing in the bread and cup (1 Cor. 10:17).

While we believe nothing magical occurs during Eucharist, something mysterious, real and powerful does. As a result of our theology, we partake in Eucharist on a weekly basis, generally at the end of our worship gathering as a crescendo.

We invite ALL (regardless of denomination) who have begun the journey to trust Jesus as Savior, Teacher and Lord to partake in the Sacrament of Eucharist. If you have not made a decision to follow Christ, please feel free to abstain as we are seeking to create an atmosphere of authenticity in which no one is manipulated into acting against their conscience.

Practicalities: When you come forward for Eucharist, come when you feel ready at your leisure down the center aisle. Receive a piece of bread and then dip that piece of bread into either wine or grape juice before eating it. Then you may return to your seat.



1030 Chateau St. - Helena, MT 59601
406-324-7273
www.helenaheadwaters.org



Sunday, August 30
Ordinary Time

Order of Service

Welcome

Call to Worship

Songs of Praise

Prayers of the People/ Offering

Children's Prayer

Ministry of the Word

Response in Worship

Communion

(Please check out back of bulletin)

Benediction



Fear of the Lord: Proverbs 3:5-6; 9:10; 16:6; 19:23; 20:9; 23:17-18; 24:18

What does 'fear of the Lord' mean?

Best way to understand Fear of the Lord is through:

#1: _____
What is the text getting at in saying that this is the beginning (1:7, 9:10)?

How is this different from what society tells us?

Why is this so important?

#2: _____
How does Deuteronomy 10:12 & Psalm 130:4 help us here?

If we understand our fear – what else do we understand?

What is the difference between knowing about God and knowing God?

#3: _____
What is the difference between knowing God and trusting Him?

What is the result of following Jesus with an "if"?

What makes unconditional trust so hard?

How do we embody this?

#4 _____
In what way is God's grace key to this?

How does the cross expound this truth?

How does this give us confidence

and encouragement to follow his example?



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A/V Volunteers

We need your help on our A/V Team! Elias has been one of our most faithful volunteers - and knows the system best! He has left for a yearlong bible school in Australia. Please let Pastor Seth know if you and or your teen would be interested in being a rotating part of our team! Any age is welcome to serve.

Upcoming Sermon Series: Book of Revelation

Why go through the book of Revelation? Because no other book presents the gospel as powerfully as this last one does. As a matter of fact, in no other book do we see Jesus as clearly and compellingly as we do in this last book.
Series begins September 19th.

Children's Church

Children's Church is every other week for kid's preschool-5th grade. We are continuing children's church through the summer and would love more help; if you are interested in serving, please contact Shelby Dutton 406.459.7517.
Next Children's Church Sunday, August 23rd.

Men's and Women's Prayer Times

The most important and powerful thing we can do together is to pray.

Men's Prayer Tuesday's 7:30am-8:30am

Women's prayer Monday's 12:30pm-1:30pm

@ Headwaters Prayer Room

Online Tithes

Thank you so much for your outrageous generosity! We also want to make it convenient for you to share your resources online. Please scan the QR code to tithe.



Financial Snapshot 2026

	<u>Jan-Feb</u>	<u>March</u>	<u>April</u>	<u>May</u>	<u>June</u>	<u>July</u>
Income –	\$36,990	\$12,467	\$12,080	\$14,701	\$15,925	\$12,550
Budget –	\$29,810	\$14,905	\$14,905	\$14,905	\$14,905	\$14,905
Over/(Under)	\$7,007	(\$2,438)	(\$2,825)	(\$204)	\$1,020	(\$2,355)

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Life Together

Wednesday Nights Bible Study and Fellowship for all ages

- 6:00-6:30pm **Dinner and Fellowship**
 6:30-6:45pm **Games in the Gym for Everyone**
 6:45-7:45pm **Discipleship Groups**
- Nursery for ages 0-3 ^{*(If needed)}
 - Pre-K-2nd Grade Bible Study
 - 3rd-5th Grade Bible Study
 - 6th-12th Grade Bible Study
 - Adult Bible Study (meet one week and serve on the off week)
- 7:45-8:00pm **Worship in the Sanctuary with Everyone**

Wednesday Fall Schedule 2026

Sept 16-Nov 18: Regular Life Together
November 25: Family Game Night
December 2: Advent Party

Adult Bible Study

Adults will be going through a study on Revelation titled: *Thinning The Veil*. This series will provide a fresh perspective on Revelation, aiming to transform our understanding of this profound text. Our hope is to see Revelation not as a daunting puzzle but as a revelation of Jesus, meant to inspire divine intimacy and spiritual renewal.

Youth Bible Study/ Confirmation

Youth will begin confirmation this fall and winter. We will journey through a survey of the Old Testament, while working on some memorization of books of the bible and truths of our faith.

Pre-K-5th Grade Bible Study

Kids will continue to use The Gospel Project: This study is designed to encourage true transformation that comes only from the gospel, not from behavior modification. It's all about Jesus, and every story points back to Him.

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We will provide a safe, loving, and God honoring environment for children to enjoy while their parents are involved in studying and serving.



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Life Together Fall 2026 Registration

Please fill out this form & put it in the offering basket or scan the QR code and register online.



1. List the Names of everyone in your household who will participate in Life Together. Please include ages of children.
2. What is the best contact email address and phone number for your family?
3. Do you have any dietary restrictions for dinner? Please list.
4. How do you see any of the adults in your household serving on the off-week of their Bible Study? (choose any that are applicable)
 - Helping or Leading the Kids Bible Study (pre-K-5th Grade)
 - Helping with the Youth Bible Study (6th-12th Grade)
 - Helping in Nursery (ages 0-3)
 - Leading/helping to lead games at the beginning of the night

- Leading/helping to lead worship at the end of the night
- Cleaning up the kitchen after dinner



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