

# Virginia High School League Coaches Certification

## Personal Data Form/Application Certified Master Athletic Coach

*Please print/type all entries*

Name	_____		
	Last Name	First Name	Middle
Present Position	_____		
School	_____		
School Address	_____		
	Street Address	City	State      ZIP
Home Address	_____		
	Street Address	City	State      ZIP
Phone	_____		
	Business	Home	
E-mail	_____		

### Certified Master Athletic Coach (CMAC) Eligibility

Coaches who satisfy the following requirements may apply:

1. Attained CAC designation
2. Submit (CMAC) Personal Data Form/Application
3. Five (5) or more years of educational coaching experience at high school level or higher
4. Completion of 90 points in professional development. A record of these categories should be completed on page 2 of this application. **All points must be earned after the date of the CAC certification.**

(Date of CAC certification) \_\_\_\_\_

Coaching Experience- Used to verify minimum five years of experience

School \_\_\_\_\_ Years \_\_\_\_\_

School \_\_\_\_\_ Years \_\_\_\_\_

School \_\_\_\_\_ Years \_\_\_\_\_

I have satisfied all CMAC eligibility requirements: Yes \_\_\_\_\_ No \_\_\_\_\_

Total Professional Development Points \_\_\_\_\_

**All applications must be signed by applicant as well as person verifying, such as Athletic Director or Principal**

Applicant Signature \_\_\_\_\_ Date \_\_\_\_\_

Printed name and title of person verifying this form

Name \_\_\_\_\_ Title \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

**Professional Development**

Each CMAC applicant must complete 90 points of professional development. This requirement must be completed with activities taking place after the date of obtaining the Certified Athletic Coach level. There is a limit of **45** points from any one category. Below are suggested activities; others can be used as approved by Coaches' Education Committee.

- I. Leadership (45 points maximum)  
Examples of qualifying activities
  - A. Write a coaching article published in any local, state or national publication (15 points)
  - B. VHSL committee membership (20 points)
  - C. Clinic presenter (15 points)
  - D. Facilitate a coaching clinic (15 points)
  - E. Chair a specific local, regional or national sport coaching association (10 points per year)
  - F. Mentorship of a beginning coach (25 points per coach)
  - G. Supervising a Coaching Practicum/Internship for a college/university (25 points)
  
- II. Training- (45 points maximum)
  - A. Sport related courses (1 point per clock hour) These classes can be offered through organizations such as Human Kinetics, NFHS or governing organizations of a specific sport.
  - B. College class related to coaching (30 points per credit hour)
  - C. Attend clinic (1 point per clock hour; 10 points max)
  
- III. Collegiate Study: An applicant completing a coaching degree or certificate program from an accredited college or university can earn the entire 90 point requirement *as long as the program is taken after CAC attainment.*

Point totals by category

<b>Leadership Activity</b>	<b>Date</b>	<b>Points</b>

Category I points \_\_\_\_\_

<b>Training Activity</b>	<b>Date</b>	<b>Points</b>

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Category II points

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