Nature & Human Health
UTAH

February Community Events

Check out the events happening throughout Salt Lake this month! If you'd like to add your event to this list, please message Owen Watkins at owen.watkins@utah.edu. Events are listed in order of date.

Birding in the Bird Blind

Description: Looking for a way to enjoy nature without braving the cold? Try winter birding in the comfort of our heated Bird Blind with our friendly and knowledgeable volunteers. Binoculars are available to borrow.
Date: Saturdays
Time: 10:00 am - 1:00 pm
Location: Nature Center at Pia Okwai
Register: No registration required.

Bike and Bird

Description: Join our nature center team for a bike and birding tour on the Pia Okwai (Jordan River)! Participants must bring their own bicycle.
Date: February 1st
Time: 10:30 am - 11:30 am
Location: Nature Center at Pia Okwai
Register: No registration required.

Family Nature Club

Description: The goal of Family Nature Club is to provide families with the tools, knowledge, and skills to play, laugh, and grow together. Each meet-up includes a unique nature-based activity and plenty of time to connect with others in a safe environment. Family Nature Club is held rain or shine, with indoor activities available during inclement weather. Regular participation earns your family prizes!
Date: Every 1st and 3rd Saturday of the month
Time: 3:00 pm - 4:00 pm
Location: Nature Center at Pia Okwai
Register: Participation is free.

Bird Surveys

Description: Join our Non-breeding Bird Surveys and learn more about the birds of the Salt Lake Valley. These weekly bird walks, led by Tracy Aviary's conservation team, take place at various monitoring sites in the Salt Lake Valley. Open to all skill levels, these walks are a great way to get started in birding. No experience is required, but registration is necessary.
Date: Wednesdays and Fridays year-round, with additional opportunities on Thursday and Saturday

mornings during fall and winter
Time: 8:00 am - 10:00 am
Location: Various monitoring sites in the Salt Lake Valley
Register: RSVP required

First Friday Fono

Description: Join us for First Friday Fono, a monthly gathering where we discuss legends of the Pacific Islands and other important topics. Conversations take place around a bowl of kava, a traditional non-alcoholic drink known for promoting relaxation and mental clarity. This event provides a peaceful space for meaningful discussions.
Date: February 7
Time: 6:00 pm - 9:00 pm
Location: Nature Center at Pia Okwai
Register: Free to attend. Donations of $5 or $10 are appreciated to support education and conservation efforts.

Nature in the City: Eco Art

Description: Join Tracy Aviary educators at Conservation Garden Park for Nature in the City, a series of fun, family-centered activities. In this session, kids will become artists of the elements by turning natural materials into beautiful works of art. This program is designed for ages 5-10, but all are welcome.
Date: Saturday, February 8, 2025
Time: 1:00 pm - 2:00 pm
Location: Education Center at Conservation Garden Park
Register: Registration required

2025 Indoor Seed Starting & Microgreens (Additional Session)

Description: Due to high demand, an additional session of this popular workshop is being offered. Even in winter, we can get a head start on the growing season with warm and cool season crops. This hands-on class covers the basics of indoor seed starting, including creating a planting calendar, making soil blocks, and setting up an indoor light rack. Participants will also learn techniques for growing microgreens—perfect for fresh salads, garnishes, and smoothies year-round. Each student will receive free microgreen supplies, courtesy of True Leaf Market.
Date: Saturday, February 8, 2025
Time: 2:00 pm - 4:00 pm
Location: Wasatch Community Gardens Campus, 629 East 800 South, Salt Lake City
Register: Registration required.

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Jordan River Trail Clean-Up

Description: Help care for the park and the Jordan River Trail in Glendale by joining a light trash pick-up to mitigate urban impacts on this vital ecosystem. These clean-ups support Utah wildlife and create a safer trail for both recreators and commuters.
Date: Saturday, February 8, 2025
Time: 10:00 am - 12:00 pm
Location: 17th South River Parkway

Cloud Watching Club

Description: Join SLC Park Rangers and Tracy Aviary for a peaceful, observational activity focused on appreciating the beauty of the sky. Learn about clouds, weather patterns, and the natural environment while engaging in a mindful watercolor painting project led by Nature Center at Pia Okwai. Discover how to identify different cloud types and explore the scientific and cognitive benefits of looking up.
Date: Sunday, February 9, 2025
Time: 12:00 pm - 1:00 pm
Location: Northeast corner of Liberty Park

Immersive Learning: Spring Landscaping

Description: Learn which early-season landscaping tasks are most important and how to accomplish them effectively. This action-oriented class takes place in the Localscapes exhibit at Conservation Garden Park, where expert staff will demonstrate landscaping techniques and best practices. Plan to be outdoors and bring your questions!
Date: Saturday, February 22, 2025
Time: 11:00 am - 12:30 pm
Location: Education Center at Conservation Garden Park
Register: Registration required for admittance.

2025 Foundations in Organic Vegetable Gardening: A 6-Part Series in Growing Your Own Food

Description: This six-session extended course provides a thorough background in organic gardening principles, soil building techniques, site planning, garden design, seasonal crop selection, and more—all at a great bundled price! In addition to four in-class presentations, the series includes two guided tours of the Wasatch Community Gardens Campus during the growing season, where participants can observe seasonal gardening techniques and discuss their own garden challenges. Tours also feature easy-to-make healthy garden snacks.

Date: Begins February 20, 2025
Time: 6:30 pm - 8:30 pm
Location: Wasatch Community Gardens Campus, 629 East 800 South, Salt Lake City
Register: Registration required.

2025 Fruit Tree Pruning (Additional Session)

Description: Due to high demand, an additional session of this hands-on workshop is being offered. Learn how to keep your fruit trees healthy, manageable, and productive through proper pruning techniques. This class covers pruning tools, goals, and methods, with demonstrations and hands-on practice on various fruit tree varieties, including pomme (apple, pear, quince) and stone (apricot, plum, NectaPlum, Aprium) fruits. While some pest and disease tips may be shared, the primary focus will be on pruning techniques.
Date: Saturday, February 22, 2025
Time: 10:00 am - 12:00 pm
Location: Wasatch Community Gardens Campus, 629 East 800 South, Salt Lake City
Register: Registration required.

2025 Utah HerpSearch Volunteer Training

Description: Calling all herpetofauna enthusiasts! If you're interested in reptiles and amphibians, join Sageland Collaborative, Utah DWR, and Utah Tech University for the 2025 Utah HerpSearch volunteer training. This session will provide insight into the project background and equip volunteers with the resources needed to participate successfully.
Date: Saturday, February 22, 2025
Time: 10:00 am - 12:00 pm
Location: Eccles Wildlife Education Center, Farmington, Utah

Recurring Events:

Nature Walk

Description: Weekly nature walks focusing on various topics like insects, birds, and mammals.
Date: Fridays at 4:00 pm, Saturdays at 10:30 am
Location: Tracy Aviary Nature Center at Pia Okwai

Saturday Morning Nature Walks

Description: Join a naturalist-led walk at Swaner Preserve to explore wetland science, plants, animals, and the area’s history.

Date: Every Saturday (December - March: 9:30 am - 10:30 am)
Location: Swaner Preserve
Register: Pre-registration required. Registration closes at 7:00 am on the day of the walk.

Sunday Craft

Description: Drop by the EcoCenter for free, upcycled, nature-themed crafts. Fun for all ages!
Date: Every Sunday
Time: 11:00 am - 1:00 pm
Location: Swaner EcoCenter
Register: No registration required.

Winter Market at The Gateway

Description: Support local food producers and artisans at this weekly winter market featuring produce, meats, baked goods, crafts, and more.
Date: Saturdays, November 9 - April 19 (Closed November 30 and March 15)
Time: 10:00 am - 2:00 pm
Location: The Gateway, 32 North Rio Grande Street
Register: No registration required.