KANSAS CITY

RESOURCE DOC

CTRL+F to search by keyword. Click blue links below to skip to a section.

Add **comments** to make updates, additions, & suggestions (highlight a word then choose Insert > Comment from the toolbar on desktop, or highlight a word and tap the speech bubble icon on mobile).

You can also send changes to kcmutualaidcollective@gmail.com.

Last updated 5/7/2021

Can't find what you need? Join the community in our KC Mutual Aid

Facebook group and ask. We're 3,600 strong! Visit our "linktree" home

page for even more info & resources.

Kansas City Mutual Aid Community Assistance Offers

GROCERIES/FOOD

FOOD PANTRIES

EBT & WIC

FREE MEALS FOR KIDS

CLOTHING

RENT & UTILITY BILL ASSISTANCE

RENT ASSISTANCE

ENERGY/UTILITY ASSISTANCE

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MEDICATIONS & SUPPLIES

MEDICAL SERVICES

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DROP IN/SHOWERS (STREET SHEET)

BABY & CHILD CARE

PETS/PET SUPPLIES

CASH/MATERIAL ASSISTANCE

TRANSPORTATION

LEGAL RESOURCES

HOUSING

VIOLENCE/ABUSE

IMMIGRATION

Kansas City Mutual Aid Community Assistance Offers

<u>Feedin' Folks</u> - Feeding families a weekly healthy, fresh meal.

<u>Unemployment assistance</u>

Emotional support

Container Garden Giveaway (prioritizing BIPOC) - Completed for 2020

Reiki from a distance (free for BIPOC)

Mini-lessons and tutoring for neurodivergent and/or disabled students

GROCERIES/FOOD

FOOD PANTRIES

- Food Resources found by KCMA (hot meals, pantry hours, community meals) https://tinyurl.com/KMCA-Food-Calendar
- Find your local pantry thru <u>Harvesters</u> food assistance page.
- <u>Food resources in Eastern KS & Western MO</u> list managed by Lauren Sobchak (<u>lauren@madpmo.org</u>)
- Community Services League <u>food pantries</u>
- <u>Bishop Sullivan Center</u> Food pantry
 - o 3936 Troost (816) 561-8515
 - o 6435 Truman Rd (816) 231-0984
- Community Action Agency of Greater Kansas City <u>Food & toiletry pantry directory</u> (Jackson, Platte, & Clay Counties)
- <u>HUNGR Games food news</u>: Weekly video Thursdays 8pm on http://the5iveradioxl.com/ and on Facebook

<u>Jewish Family Services</u>

• "Please let us help you stretch your food budget and connect you

with additional resources if you need them. Call 913.327.8250 to talk to someone at JFS about the resources that may be available for you."

KC Farm School

- Pay-what-you-please farmers market
 - 4223 Gibbs Road, Kansas City, KS, 66106 (Wyandotte County)

St. Paul's Episcopal Church

- "The St. Paul's Food Ministries are working to bring healthy food to all who need it. Our Food Pantry is open Tuesday and Friday mornings from 10:00 to noon, Wednesday evenings from 5:30 to 7:30 p.m. In addition, we have The Emergency Food Assistance Program on the 3rd Saturday morning of every month, Meals on Wheels weekly, BackSnacks to distribute during the school year, and Senior Commodities boxes."
 - o 11 E 40th St, Kansas City, Missouri 64111
 - o (816) 931-2850

Flora Crookhat's farm: community-supported agriculture (CSA) program and online order deliveries.

• In April, Flora offered to bring a free or donation based weekly veggie box to anyone who is older or has underlying health conditions and has limited income. This offer stands, as of July 7th 2020. Email floraandthefarm@gmail.com to arrange.

EBT & WIC

The Family Support Division <u>extended food stamp benefits</u> for

recertification in March, April, and May by 6 months automatically. Contact FSD with questions:

- 855-FSD-INFO (855-373-4636)
- mydss.mo.gov

If you need assistance applying for or understanding SNAP, contact Harvesters SNAP Outreach Line:

- 877-653-9522
- snap@harvesters.org

USDA Approves <u>Missouri SNAP Online Grocery Shopping</u> through Amazon and Walmart, start date to be announced.

WIC programs (<u>Kansas</u> and <u>Missouri</u>) are continuing benefits and processing new applications. "Physical presence requirements" have been waived in both states.

- In KS, visit the <u>WIC website</u> to find your local office.
- In MO, call 800-TEL-LINK (800-835-5465) or visit the <u>website</u> for qualifying, enrollment, & local office information.

FRFF MFALS FOR KIDS

• TAGS Free Lunch is providing free lunches to children age 3-18 at pick up locations around Kansas City from 11am-12pm M-F. Visit the website to sign up for lunches.

<u>Children's Mercy Northland</u> participates in the USDA Summer Food Service Program and will provide free lunch to children ages 1-18 this the summer through August 7th.

• Visit or share the website <u>www.childrensmercy.org/kidseatfree</u> for information on all participating locations.





KIDS EAT FREE!

Sack Lunch and Allergy Free Lunch M-F 11:30am-1pm Fridays fresh bag of produce while supplies last

> Children's Mercy Broadway 3101 Broadway Boulevard Kansas City, MO 64111

Don Chisholm Building 610 E. 22nd Street Kansas City, MO 64108 Meals for children ages 1-18; Parent may take one meal per child if child not present

Shelf Stable Meal

Children's Mercy East M-F 12:30pm-3pm 20300 E. Valley View Parkway Independence, MO 64057

Children's Mercy Northland M-F 12pm-1pm 501 N.W. Barry Road Kansas City, MO 64155

> Fresh Sack Lunch M-F 11:30am-1pm

Children's Mercy West 4313 State Avenue Kansas City, KS 66102





Join International Progressive Ministries and the Justice & Dignity Center for breakfast, lunch, and dinner! We know it is tough in these times, but we are here to help. Beginning October 5, 2020 we will provide breakfast, lunch, and dinner EVERYDAY!

For more information contact Bishop Ernest Jefferson at 913-226-8481.

Helpful Information

Food Pantries

420 E Santa Fe, Olathe, KS 913-782-3640	M-T 9-11 and 1-3 F 9-11 closed on Wed and Thu
2020 E Sheridan, Olathe, KS 913-489-6262	T-W-Th 9:30 – 12 and 1 - 3
200 E Loula, Olathe, KS 913-764-3555	M-W-Th 9 - 12 Wed night 6:30 -7:30
1325 S Ridgeview, Olathe, KS 913-563-2574	Call Fri 10:15am-11:30am for a appointment at noon. Bring a bo or cloth bag for food
13310 S Black Bob Rd, Olathe, 913-782-0955	
333 E Poplar, Olathe, KS 913-782-4077 9806 W 87 St, OP, KS 913-384-6608	M-T-W-Th-F 9am-4pm
1700 W Santa Fe, Olathe, KS 913-764-1445	Every Sunday Evening: 5:30pm to register, stay for church service at 6pm then pick up groceries after service is over
12600 W*8X, OP, KS 913-541-2600	W-Th 9-Noon
19950 Broadmoor Ln, Stilwell	RS2pm-4pm, Th 6pm-7pm
913-449-6601 Ext #1-Donna	Can come once a week
9960 Mission Rd, OP, KS 913-671-2315	M-T-W-Th-F 9:30-2:30 Th 6pm-7:30pm Sat 10am-11:30am Bring Social Security card and proof of income
11110 № 67 , Shawnee, KS 913-268-7746	M-T-W-Th-F 8am-5pm Sat 8am - 4pm Walk in for mostly bread products. Pantry box available by appointment.
5201 Antioch, Shawnee, KS 913-432-4300	T and Th 1p.m 4:p.m.
15101 College Blvd, Lenexa, K. 913-815-1228	SM-T-W-Th 10am – 6pm Walk in or schedule on line at: https://Calendly.com/nexusfoodpantry
16110 Metcalf Ave, OP, KS 913-681-5100	Saturday 10a.m. to Noon
er 12425 W. 87, OP, KS 913-715-6650	M-W 9:30 am to noon & 230-430 F 2:30 - 4:30 only
6000 Lamar Ave, Shawnee, KS 913-826-5510	
6422 Santa Fe Dr, Shawnee, K. 913-722-2310	SM 9-11 and 5-7
	913-782-3640 2020 E Sheridan, Olathe, KS 913-489-6262 2020 E Loula, Olathe, KS 913-764-3555 1325 S Ridgeview, Olathe, KS 913-563-2574 13310 S Black Bob Rd, Olathe, 913-782-9055 333 E Poplar, Olathe, KS 913-782-4077 9806 W 87 St, OP, KS 913-384-6608 1700 W 837, OP, KS 913-384-6608 1700 W 837, OP, KS 913-541-2600 19950 Broadmoor Ln, Stilwel 913-449-6601 Ext #1-Donna 9960 Mission Rd, OP, KS 913-671-2315 11110 W 67, Shawnee, KS 913-682-7746 5201 Antioch, Shawnee, KS 913-815-1228 16110 Metcalf Ave, OP, KS 913-815-100 ri 12425 W 88, OP, KS 913-715-6650 6000 Lamar Ave, Shawnee, KS 913-715-6650

Free Meals available at the following locations:

Day	Where	Time
Sunday	Olathe Downtown Library 201 E Park .	St 1:00 pm to 3:00
Monday	Mill Creek Park, 320 E Poplar St, Olath	e 5:30 pm to 6:30
Tuesday	103 Park St, Olathe, KS (just west of the Olathe Library)	e5:00 pm to 6:30 pm
Wednesday	Center of Grace, 520 Harrison, Olathe,	KS 5:30 pm to 6:30
Thursday	Center of Grace, 520 Harrison, Olathe,	KS 5:30 pm to 6:30
Friday	Olathe Downtown Library 201 E Park . Olathe	\$t11:00 am to 12:30 pm
2 nd Sat of month only (+haircut)	134 S Clairborne Rd, Olathe, KS (Starfis	h) 10:00 am to 1:00

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The Salvation Army

420 E Santa Fe
Olathe, KS 66061
(913) 782-3640
Pantry/Showers/VAT
Screenings/referrals/showers
Shelter for Johnson County Residents w/minor
children application process - not a drop in
shelter
Medical, Dental and Mental Health:
Johnson County Health Partnership
407 S Clairborne Suite 104
Olathe, KS 66062
(913) 648-2266
                                    The Salvation Army 913-782-3640
Mon through Friday 9am – 11am and 1pm
– 3pm (no charge)
 Showers:
The Community Center
1205 E Kansas City Road
Olathe, KS 66061
[9133971-8563
Single day pass: SB/Olathe Residents
59/non-residents
Street Outreach:
Community Resources/Shelter referrals/VAT
Screening/other referrals
Call Jenn @ 913-295-7067
                                                                                                                                            Mobile Integrated Health Care w/Olathe Fire Department
                                                                                                                                                            (913) 334-8228
The Mobile Health Care will come to you!
                                                                                                                                          Starfish Project

134 S. Clairborne Rd. Suite B
Olathe, KS 66061
(913) 839-8576
Day shelter / Hygiene products
Catholic Charities
333 E Poplar
Olathe, KS 66061
913-782-4077
Pantry / Clothing / homeless case
management/referrals/VAT screening at the
Overland Park Location
                                                                                                                                            Interfaith Hospitality Network
(913)345-2121
Shelter for families – application process
                                                                                                                                           EMERGENCY SHELTER: 10/20 Shelter - drop in shelter
The Branches Church 13020 S Black Bob
Rd Olathe Open nightly from 7p.m. to
                                                                                                                                                            No admittance after 9:00 p.m.

[For Transportation Call Barb at 913-219-
 Johnson County Mental Health
                                    1125 W. Spruce
Olathe, KS 66061
Olathe, KS 66061
(913) 826-4200
Mental health services / VAT screening at the Shawnee Location
Center of Grace
520 Harrison
Olathe, KS 66061
(913) 764-1353
Meals / Clothing Closet / High School Diploma classes / ESL classes
                                                                                                                                            Helpful Websites and phone numbers:
                                                                                                                                            www.ridekc.org - the Jo and KC Me
www.myresourceconnection.org
for a variety of needs to local resource guide
                                                                                                                                            Cypress Recovery: 913-764-7555
Johnson County Health Department: 913-477-8330
DFS/Food Stamps/Medicai: 913-826-7300
SafeHome/Domestic Violence Shelter: 913-262-4559
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Social Security Office: 877-445-9978

CLOTHING

Material Resources found by KCMA (events related to clothes, pets, tools, school supplies...) https://tinyurl.com/KCMA-Material-Calendar



RENT & UTILITY BILL ASSISTANCE

NATIONAL EVICTION MORATORIUM - JACKSON COUNTY, MISSOURI FAQ by KC Tenants

Douglas County, KS - <u>Housing Stabilization Collaborative rent</u> assistance

Shelter Resources found by KCMA (events related to housing, employment, safety, utilities)

https://tinyurl.com/KCMA-Shelter-Calendar

RENT ASSISTANCE

Community Services League <u>rent, mortgage, & utility assistance</u> <u>directory</u> & information guide

 CSL provides employment support, housing counseling, or financial coaching for any person regardless of income level or city of residence. Call to make an appointment. Check eligibility and prepare for a visit here:

https://www.cslcares.org/eligibilityresources

- 404 North Noland Road Independence, MO 64050 plus 9 more Jackson County locations
- 0 816.254.4100
- o info@cslcares.org

Housing Information Center - Rent

- COVID-19 UPDATE: Calls are taken from 12pm-2pm each day.
- Services: Rent Payment Assistance
 - o 3200 Wayne
 - Mohart Center
 - o Kansas City, MO 64109
 - 0 (816) 931-0443

Cross-Lines Community Outreach

• 736 Shawnee Ave, Kansas City, Kansas 66105. (913) 281-3388. Provides rent & utility assistance, help with medication, re-housing, & case management. Wyandotte Co. residents.

Northland Neighborhoods, Inc.

• To receive RENT, MORTGAGE or UTILITY ASSISTANCE: You must be a resident of KCMO and live in Clay County. 4420 NE Chouteau Trafficway, Kansas City, Missouri 64117 | Phone: (816)

454-2000

Northland Assistance Center

 (Clay & Platte County residents): The NAC is a faith and community based collaborative providing emergency assistance services to Northland families living in Clay or Platte counties in Missouri. 2018 Gentry St. | 816-421-2243

Community Assistance Council - Utility And Rent Assistance (<u>Jackson</u>, <u>Clay</u>, <u>Platte</u>) (<u>Cass</u>)

- COVID-19 UPDATE: For emergency rent or utilities assistance, call 816-763-3277 x 108 and leave a message.
- Services: Electric Service Payment Assistance, Gas Service
 Payment Assistance, Rent Payment Assistance, Water Service
 Payment Assistance. Medication payment assistance.
 - o 10901 Blue Ridge
 - o Kansas City, MO 64134
 - o (816) 763-3277 x108

Catholic Charities KCSJ - Emergency Assistance

- As of 1/7/21 there is an issue with the "I need help" section of the website. Probably best to call instead for now. (800) 875-4377
- Services: Dental Care Expense Assistance, Diapers, Electric Service Payment Assistance, Eye Care Expense Assistance, Food Pantries, Food Stamps/SNAP Applications, Formula/Baby Food, Gas Service Payment Assistance, Legal Counseling, Local Transit Passes, Personal/Grooming Supplies, Prescription Expense Assistance, Religious Literature Distribution, Rent Payment Assistance, Water Service Payment Assistance, Wheelchairs/Wheeled Mobility

- o 4001 Blue Pkwy, Suite 250
- o Kansas City, MO 64130
- 0 (816) 221-4377

Metro Lutheran Ministry - Central - Emergency Assistance

- Services: Case/Care Management, Commodity Supplemental Food Program, Diapers, Electric Service Payment Assistance, Food Pantries, Gas Service Payment Assistance, Packed Lunches/Dinners, Rent Payment Assistance, Water Service Payment Assistance
 - o 3031 Holmes
 - o Kansas City, MO 64109
 - 0 (816) 931-0027

<u>Della Lamb Community Services</u> - Emergency Assistance and Social Services

- Services: Electric Service Payment Assistance, Food Pantries, Gas Service Payment Assistance, General Clothing Provision, Language Interpretation, Rent Payment Assistance, Water Service Payment Assistance
 - o 500 Woodland Avenue
 - o Kansas City, MO 64106
 - 0 (816) 842-8040

<u>Grandview Assistance Program</u> - Emergency Services

- Services: Electric Service Payment Assistance, Food Pantries, Gas Service Payment Assistance, Mortgage Payment Assistance, Rent Payment Assistance, Water Service Payment Assistance, Winter Clothing
 - o 1121 Main St

- o Grandview, MO 64030
- 0 (816) 761-1919

Harrisonville Ministerial Alliance (Cass County residents)

- Can assist with utilities, rent or mortgage payments, motel vouchers, medicine and food. Call to check if funds are available.
 - o (816) 380-3505
 - o 1405 S. Commercial Street, Harrisonville, MO 64701

KCMO Emergency Rental Assistance Program

- For Rental Assistance (may provide other services too)
 - Greater Kansas City Housing Information Center (816)
 931-0443
 - Guadalupe Center (816) 421-1015
 - Journey to New Life (816) 960-4808
 - Metro Lutheran Ministries (816) 285-3137 (North) | (816)
 285-3139 (South)
 - Save, Inc. (816) 531-8340

Department of Social Services

• The Missouri Services Navigator has information on over 2,800 programs and services available in the state. Missourians in need of information on Low Income Home Energy Assistance program (LIHEAP), Food Stamp, Medicaid, Child Care Subsidy, or Temporary Assistance for Needy Families benefit programs can visit dss.mo.gov. Missourians can also apply for those services 24/7 online by visiting MyDSS.mo.gov, or sending completed applications and verification documents by email to

FSD.Documents@dss.mo.gov, or by fax to 573-526-9400.

FNFRGY/UTILITY ASSISTANCE

KCMO Emergency Utility Assistance Program

- City of Kansas City Missouri Tenant
 Rights/Evictions/Fair Housing Section (information regarding rent/utility assistance and legal services for evictions)
 - o (816) 513-3026 or Contact Tiffany Drummer
- Heartland Center for Jobs & Freedom (legal services for evictions) (816) 278-1092
- Mattie Rhodes Center (homeless prevention) (816)
 471-2536
- reStart Inc. (homeless prevention, rapid rehousing) (816) 472-5664

Missouri Low-Income Home Energy Assistance Program (LIHEAP)

extended for those who have not yet applied. Low-income
Missourians may also qualify for the Energy Crisis Intervention
Program (ECIP) that helps pay fuel bills when a household's
energy is shut off, threatened to be shut off, or if the household
is in threat of disconnection, but may not have received a
disconnection notice. Visit the MO DSS website for more
information and to apply.

Kansas Low Income Energy Assistance Program (LIEAP)

• may reopen their application period. Visit the <u>KS DCF website</u> to apply.

West Central Missouri Community Action Agency

• (660) 476-2185. Case managers will offer referrals, applications to programs, and more. <u>Energy assistance application</u>

Salvation Army - search by zip

- Services: Air Conditioners, Burial/Cremation Expense Assistance, Case/Care Management, Electric Service Payment Assistance, Fans, Food Pantries, Gas Service Payment Assistance, Religious Literature Distribution, Rent Payment Assistance, Water Service Payment Assistance, Winter Clothing
 - o Blue Valley location: 6618 E Truman Rd
 - o Kansas City, MO 64126
 - 0 (816) 241-6488

Raytown Emergency Assistance Program

- Services: Electric Service Payment Assistance, Food Pantries, Gas Service Payment Assistance, Personal Financial Counseling, Rent Payment Assistance, Sewer Service Payment Assistance, Water Service Payment Assistance
 - o 9300 E 75th St
 - o Raytown, MO 64138
 - o (816) 356-0054

Kansas Lifeline Program- Cell Phones

- Services: Lifeline connects low-income families and individuals to the services they need to live, learn, earn and participate fully in their communities.
- Phone and internet discounts of up to \$17.02 per month are available.

Missouri Lifeline Program- Cell Phones

- Services: Lifeline connects low-income families and individuals to the services they need to live, learn, earn and participate fully in their communities.
- Free cell phones may also be available.

Internet Access Support Program- Kansas City

- Services: This program is open to people who live in the greater KC region. It can help people of all ages:
 - Find affordable internet service
 - o Pay off an old balance
 - o Get caught up on your current internet service
 - Pay for internet service for six months

<u>Community Services League - 39th Street</u>

- Services: Electric Service Payment Assistance, Food Pantries,
 Rent Payment Assistance, Winter Clothing
 - o 14506 E 39th St
 - Christ United Methodist Church
 - o Independence, MO 64055
 - o (816) 254-8209
- Blue Springs
 - o 200 SW 10th St
 - o Blue Springs, MO 64015
 - o (816) 229-0033
- Oak Grove
 - o 1408 SE Austin St

- o Oak Grove, MO 64075
- 0 (816) 690-8213

OTHER ASSISTANCE

Missouri Assistive Technology

 Services: Programs provide individuals with appropriate assistive devices and additionally Missourians participate in training, receive AT demonstrations, borrow devices through our loan program, or receive AT guidance.

PCs for People

- Low-cost desktop & laptop computers, computer accessories
- Internet devices and subscriptions
- Computer repairs
- Digital learning
- Tax preparation assistance
- Individual electronics drop-off

<u>Bishop Sullivan Center - Troost - Emergency Assistance</u>

- Services: Electric Service Payment Assistance, Gas Service
 Payment Assistance, Rental Deposit Assistance, Rent Payment
 Assistance, Water Service Payment Assistance
 - o 3936 Troost
 - o Kansas City, MO 64110
 - o (816) 561-8515

SAVE, Inc.

• Services: Low Income/Subsidized Private Rental Housing, Rent

Payment Assistance to people with HIV/AIDS, chronic mental illness, or substance abuse issues.

- o PO Box 45301
- o Kansas City, MO 64171
- 0 (816) 531-8340

Uriel E. Owens Sickle Cell Disease Association of the Midwest

- Services: For persons with Sickle Cell Disease and their families.
 Disease/Disability Information, Electric Service Payment
 Assistance, Gas Service Payment Assistance, Local Transit
 Passes, Prescription Expense Assistance, Scholarships
 - o 444 Minnesota Ave, Suite 300
 - o Kansas City, KS 66101
 - o (913) 735-2622

<u>Fosteradopt.org Family Advocacy</u> is for any foster, adoptive, relative, kinship, guardian, or bio parent involved in child welfare. We can do anything from answer questions to push for the client and child's best interests to be met. We serve folks from any agency in Kansas or Missouri. https://www.fosteradopt.org/family-support/advocacy/

FosterAdopt.org <u>Kinship Navigator</u> is specifically for relatives and kinship families. They help guide clients through the child welfare system and provide direct supports as well, from finding housing and furniture to paying bills.

https://www.fosteradopt.org/family-permanency/kinship-navigator/

HEALTHCARE

Health Resources found by KCMA (clinic hours, drive-thru events) https://tinyurl.com/KCMA-Health-Calendar

COVID-19 RESOURCES AND TESTING

- Kansas City Medical Resources during COVID-19 RESOURCE
 DOC
- <u>Kansas City Metro Covid-19 Resource List</u> created by Emma Leigh Shanklain (<u>elshankland@gmail.com</u>)
- <u>Current COVID-19 Test Locations & Times</u> from KC CARE Health Center
- <u>GoGetTested</u> enter "Kansas City" location to search for local test locations and get signed up
- Wyandotte County test sites and more: all tests are really free!
- <u>Jackson County test sites and events</u>: all tests are really free!

MEDICATIONS & SUPPLIES

- <u>Kansas City's Medicine Cabinet</u> Providing short-term emergency medical assistance to those in need.
- Restored Images Specializing in ostomy, wound care, compression and incontinence supplies; <u>816-454-2900</u>
- Center of Grace, Olathe: medical equipment/assistive devices available for a \$20 deposit. Call Melvin at <u>913-782-1631</u> or <u>913-764-1353</u> to arrange pickup.
- <u>Cross-Lines Community Outreach</u>: 736 Shawnee Ave, Kansas City, Kansas 66105. <u>(913) 281-3388</u>. Provides rent & utility assistance, help with medication, re-housing, & case management.
- For some medical purchases that you would normally buy over

the counter, if you have gov insurance and can contact a doctor for a prescription, the cost may be covered by insurance. List of covered over-the-counter products for MO HealthNet (website https://dss.mo.gov/mhd/cs/pharmacy/, download https://dss.mo.gov/.../pharmacy/pdf/otc_coveredproducts.pdf)

MEDICAL SERVICES

- <u>Sojourner Health Clinic</u> free clinic thru UMKC. Students see patients every Sunday at Grand Ave Temple, 205 E 9th St, KCMO
- <u>KC Care Health Center</u>- Dedicated to providing quality care, access, research and education to the underserved and all people in our community whether you have private insurance, Medicaid, Medicare or are uninsured.
- <u>Medicaid (Mo HealthNet)</u> Health care services for low income and vulnerable citizens of the State of Missouri.
- Medicare Counseling (Shepherd's Center) Medicare counseling helps individuals and families understand how to utilize Medicare and insurance to meet the changing needs of their lives.
- <u>Samuel U. Rodgers Health Center</u> Health, wellness and education for the Kansas City community.
- <u>Visiting Physicians Association</u> House call medicine and geriatric home health care.
- The <u>Kansas City Free Eye Clinic</u> helps low-income and homeless people in the metro area with access to preventive eye exams and glasses ensuring that sight-robbing eye disease and blurry vision don't prevent someone from taking advantage of every opportunity.

ACCESSIBILITY

- Accessibility and Disability Resources KCMO strives to be one of the most welcoming and accessible cities in the nation for people with disabilities. They invite you to explore these web pages that showcase and promote accessibility and disability resources and information for city government, facilities, and local programs and organizations here in the Heart of America. Link includes: City ADA Compliance Information, City/State Services Requests, Independent Living Resources, Entertainment/Activity Resources, link to Nonprofit Agency Resources and the Mayor's Committee for People with Disabilities.
- For more information or for questions regarding Kansas City's ADA compliance, please contact the City's Director of ADA Compliance <u>Meg Conger</u> at <u>816-513-6589</u>.
- <u>Community Assistance Council</u> Empowering individuals to achieve self-sufficiency through the delivery of direct emergency assistance, education and advocacy.
- <u>Disabled On-street Parking Request Process</u> Link to information on the KCMO 311 Action Center.
- United Seating and Mobility Provider of mobility products; (816) 761-2526.
- <u>KC Accessible</u>: Helping families of the uniquely-abled access the resources available in KC and surrounding areas.

MENTAL HEALTH

- NAMI: COVID-19 Resource and Information Guide from the National Alliance of Mental Health
- <u>Reconciliation Services</u> social and mental health: essential social services, case management, and therapeutic services. 3101

Troost Ave., KCMO (31st St. side of building) | 816-931-4751 ext. 1 to make appt. | Mon - Thu: 9AM - 5PM, Fri 9-4, closed 1-2pm daily

- Kansas City's Community Mental Health Centers directory
- Sexual & Mental Health resources (LGBTQ+)
- Wyandot Center's Crisis Clinic- Wyandot Center is the designated community mental health center serving Wyandotte County, Kansas. We provide a comprehensive list of services, including individual and group therapy, psychiatric services, community support for those living with severe and persistent mental illness, crisis stabilization services, housing and employment support and resources, homeless outreach, and community education.

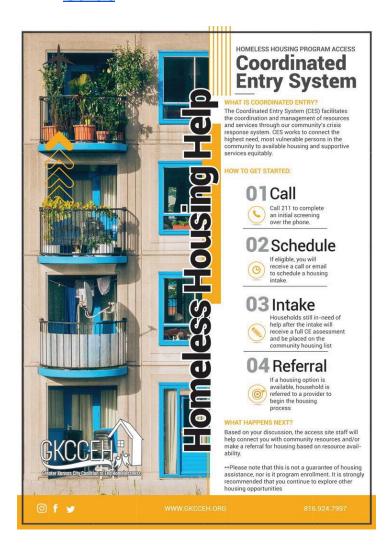
• Call 913-328-4600

HOUSING

- <u>Uplift Organization Inc</u>: Community volunteers who hand out clothing and food to the houseless community.
- Free Hot Soup KC: The greater metro and local chapters can be found on Facebook. They provide food, medical and warming supplies, tents, blankets, and clothing to the houseless community.
- COVID STREET SHEET: 2/3/21 Updated weekly for folks living on the street drop-in centers, shower locations, restrooms & resources. Learn more here. The download URL changes each week. Get an updated copy straight to your email by signing up here.
- <u>Kansas City Regional Youth Transitional Living Programs</u>
 <u>Application</u> a partnership between Drumm Farm, Hillcrest

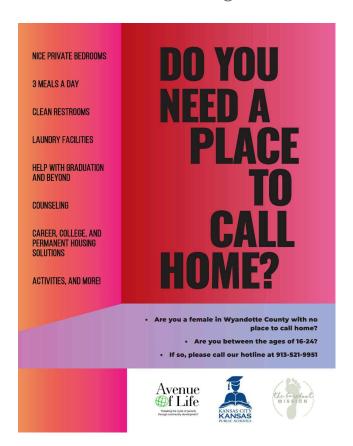
Kansas, Hillcrest Platte County, reStart, Steppingstone, Synergy, and youthStart KS. This application allows youth who are struggling with homelessness to apply for one or more transitional living programs by completing the following questions. Youth will be added to waiting lists for each program that they choose.

- <u>Unoccupied buildings</u> (KCMO)
- Greater Kansas City Coalition to End Homelessness <u>Resource</u>
 Guide



DIAL UNITED WAY'S 211 FOR SCREENING & TO SCHEDULE INTAKE. QUESTIONS? EMAIL PROGRAMSTAFF@GKCCEH.ORG

- <u>Cross-Lines Community Outreach</u>: 736 Shawnee Ave, Kansas City, Kansas 66105. <u>(913) 281-3388</u>. Provides rent & utility assistance, help with medication, re-housing, & case management.
- <u>Community LINC</u> Providing housing and supportive services for homeless families in Kansas City.
- <u>Hillcrest</u> Helping families get back on their feet after homelessness.
- <u>Phoenix Family Housing</u> Empowering people living in low-income housing communities with the on-site support they need to gain stability and achieve self-sufficiency.
- <u>Street Medicine KC</u> Street Medicine KC provides medical and behavioral care to people living and sleeping on the streets while also working with clients in the clinic.



EMERGENCY SHELTERS

- Emergency Shelter referral: Dial 211
 - Shelter Hotline: 816.474.4599
- <u>City Union Mission</u>
 - 1108 E. 10th Street, Kansas City, MO (men only)
 816.474.9380
- City Union Mission Family Center: 816.474.9380 ext. 1460
- <u>PRIDE Haven</u> is a judgement-free drop-in center for all young adults, ages 18-24, who are facing homelessness.

DROP IN/SHOWERS (STREET SHEET)

- Cherith Brook Catholic Charity House
 - 3308 E. 12th Street, Kansas City, MO 64127. (816.241.8047)
 cherithbrookkcmo@gmail.com
- Hope Faith Ministries
 - o 705 Virginia Avenue, Kansas City, MO 64106 (816.471.4673)
- KC Rescue Mission
 - 1520 Cherry Street, Kansas City, MO 64108 (men: 816.421.7643) (women: 816.348.3287)
- Cross-Lines Community Outreach
 - 736 Shawnee Avenue, Kansas City, Kansas 66105 (913.281.3388)
- <u>Swope Health Services</u>
 - o 3801 Blue Parkway, Kansas City, MO 64130 (816.474.9380)
- <u>City Union Mission Family Center</u>
 - 1310 Wabash Ave, Kansas City, MO 64127 (816.474.9380 ext. 1460)
- Frank Williams Resource Center
 - o 1201 N. 7th Street, Kansas City, KS 66101 (913.233.3329)

• Salvation Army

o Grandview: 816.966.8300

o Independence: 816.242.3200

• <u>re-Start, Inc.</u> - 816.472.5664

• True Light Ministries

816.381.9310 (women only)

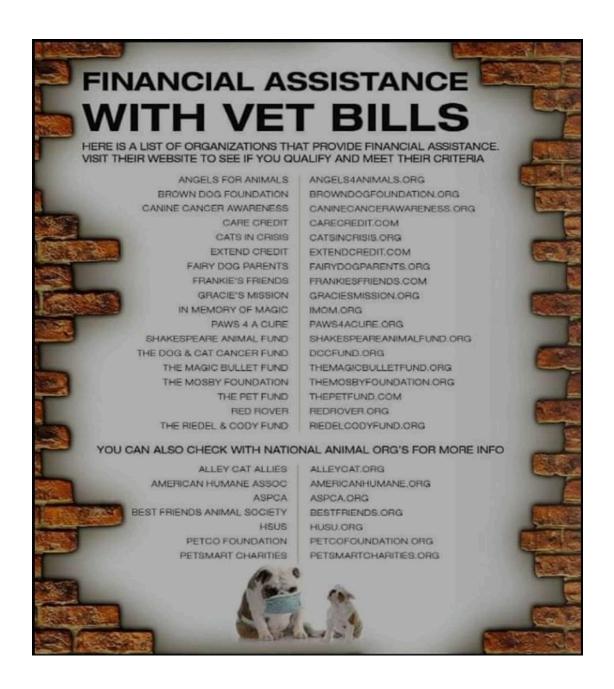
BABY & CHILD CARE

- <u>Missouri Department of Social Services</u> Child care services provide reimbursement to parents or direct payment to eligible child care providers. The purpose of the program is to assist families with child care expenses to allow the parents to work or to attend school or training programs.
- Material Resources found by KCMA (events related to clothes, pets, tools, school supplies...)
 https://tinyurl.com/KCMA-Material-Calendar
- <u>Happy Bottoms</u> Kansas City's Diaper Bank. Our mission: working with our partners to provide diapers to low-income families through donations, both financial and in-kind while raising awareness of the need for diapers.
- <u>Sleepyhead Beds</u> Sleepyhead Beds improves the quality of life for children and their families by providing clean, recycled beds and bedding. And we contribute to the health and environment of our community by sanitizing beds and keeping them out of landfills.
- <u>Sleep in Heavenly Peace</u> We build and deliver new twin sized beds to families who have children sleeping on the floor or in

- other uncomfortable situations. If you or a family you know are need you can request a bed at the link below. We have beds ready to go! https://www.shpbeds.org/request-free-twin-bed
- <u>Smiles Change Lives</u> Smiles Change Lives (SCL) promotes increased self-esteem and improved oral health for children from low-income families in need of orthodontic treatment. Our goal is to help families, who cannot afford the full cost of braces, secure treatment for their children by connecting them with orthodontic providers willing to donate their services to deserving patients.
- <u>Uzazi Village</u>: 4232 Troost Kansas City, MO 64110. <u>816-541-3718</u>. Free clothes closet for infant/toddler including diapers. Childbirth & parenting classes.
- <u>Jewish Family Services</u>: Diapers available in food pantry (as of 6/2020, by appointment) 913.327.8250 | <u>https://www.jfskc.org</u>
- Childcare for essential employees from the YMCA: The Y is offering child care for children of essential employees during the coronavirus pandemic at several locations in the metro. Free YMCA summer programs, including essential child care and YMCA Summer Day Camp, are available to employees of select health care and behavioral health organizations, thanks to scholarship funding from the Health Forward Foundation. | PDF application

PETS/PET SUPPLIES

- Pet Resource Center Kansas City (1116 E. 59th Street Kansas City, MO 64110): Low cost vaccinations and spay/neuter, food pantry, mobile vet visits (house calls) for homebound/transportation-limited people, and pet supplies.
 "We can also subsidize the cost of services -- we work one-on-one with people to make services accessible/affordable."
- Material Resources found by KCMA (events related to clothes, pets, tools, school supplies...)
 https://tinyurl.com/KCMA-Material-Calendar
- The Rescue Project can help with pet food & supplies delivery
- <u>Wayside Waifs</u> has a program that provides pet food to families in need; services may vary during COVID
 - o 3901 Martha Truman Road,
 - o Kansas City, MO 64137
 - 0 816-761-8151



CASH/MATERIAL ASSISTANCE

• <u>St. Mary's Urban Necessities Project</u>- Offering non-food necessities including toiletries and household items.

- <u>Midwest Special Needs Trust</u> (211 listing) <u>Midwest Special Needs</u>
 <u>Trust</u> (website)- Grants and financial planning for people with disabilities in Missouri
- <u>Missouri Restaurant Association Workers Benefit Fund</u> Grants for restaurant workers in Missouri
- <u>Support for Service Workers</u> Grants for tipped workers and service workers across the US
- KCMO Mutual Aid Collective fund direct financial aid for groceries & medications.
- Wyandotte County Mutual Aid group
- Kansas City Heroes pay it forward group
- Adopt a Server KC: FB group to provide assistance for essentials thru Amazon to people whose income was impacted by COVID-19
- The Merry Outlaw: This grassroots program is available to serve Greater Kansas City residents whose income streams have been impacted by the Covid-19 crisis. We encourage residents who have jobs that have remained relatively stable to support these requests if possible.
- Kansas City Radical Solidarity Fund: The Kansas City Radical Solidarity Fund will use public donations to help those deeply affected by the COVID-19 outbreak. We will prioritize helping Black, brown, LBGTQIA+, undocumented persons, persons with disabilities, and persons from otherwise marginalized communities. The fund will pay rent and bills directly to their collector, and will purchase gift cards for other types of expenses.
- Topeka:
 - Everything FREE group

- o Topeka Mutual Aid page
- o Topeka KS Community Aid group
- Lawrence:
 - <u>Lawrence Mutual Aid Network page</u>
 - o Pay it forward group
 - o <u>Lawrence KS Pay it forward</u> (2) group
 - o Neighbors helping neighbors group
 - o Douglas county daycare providers & babysitters group

TRANSPORTATION

- MISSOURI STATEWIDE Transportation Services Catalog can be found <u>HERE</u>.
- The Church of the Resurrection: Car Repair Ministry
 - o Members: contact <u>Jennifer Creagar</u> or call 913-544-0739.
 - If you are not a member and need car repairs, contact <u>Roberta Lyle</u> or call 913-544-0254.
- <u>Flex Service</u> Flexible, on-demand bus service that operates like a taxicab for the same cost as fixed-route service in a set boundary.
- IndeBus Bus system in Independence, Missouri.
- <u>KCATA</u> The Kansas City Area Transportation Authority (KCATA) is a public transit agency in metropolitan Kansas City. It operates the Metro Area Express (MAX) bus rapid transit service in Kansas City, Missouri, and 69 local bus routes in seven counties of Missouri and Kansas.

- <u>RideKC Freedom</u> Transportation program that provides specialized origin to destination service for individuals whose disability prevents them from independently using fixed-route bus service.
- ZTrip KC Metro Area wheelchair accessible vehicles available, for those that may or may not need assistance with getting in and out of the vehicle. Their prices are the same for these vehicles.

LEGAL RESOURCES

Missouri Free Legal Answers: Free legal forms and assistance.

Kansas Legal Services: free legal forms & assistance. 913-621-0200

<u>Legal Aid of Western Missouri</u>: 816-474-9868, <u>CARES Act hotline</u> (includes unemployment questions) 1-800-990-2907 | M-F 9 am-4 pm

HOUSING

• <u>KC Tenants</u>: Report incidents related to housing, homelessness, eviction. & COVID-19

VIOLENCE/ABUSE

- Metro Hotline: 816-HOTLINE/ <u>816-468-5469</u>.
- National Domestic Violence Hotline: 1-800-799-SAFE/ 1-800-799-7233.
- Metropolitan Organization to Counter Sexual Assault (MOCSA) Therapy, support and advocacy for victims of rape and sexual
 assault, for sexually abused children and families, for adult
 survivors of child sexual abuse, and for others touched by

sexual violence.

- <u>New House</u> Working to break the cycle of domestic violence by providing the tools which allow women to make positive choices and lead self-sufficient lives.
- Rose Brooks Emergency shelter to women and children escaping life-threatening abuse.
- <u>Synergy Services</u> Safe place for victims of violence, to empower survivors to rise above their circumstances and to educate the entire community.

IMMIGRATION

- National Immigration Legal Services Directory (MO)
- National Immigration Legal Services Directory (KS)
- <u>AIRR (Advocates for Immigrant Rights & Reconciliation)</u> KC resources for immigrants, refugees, and asylum seekers during shutdown. Contact Angela Ferguson at 913-608-7742.
- <u>Immigrant Justice Advocacy Movement</u> 3801 Strong Ave., Kansas City, KS 66106. Phone: 816-560-4616. Executive Director: <u>Laurie Anderson</u>
- Refugee & Immigrant Services & Empowerment (RISE) connects immigrant populations with the quality services, resources and lifelong learning opportunities of the Library through outreach, education, and advocacy. 816.701.3766 or email

LGBT

- <u>Lambda Legal Missouri</u>
- Lambda Legal Kansas