

Justice Summit on Human Dignity: *Growing a Hope-filled Future*

Breakout Session Topics - Wed 4/26 and Fri 4/28 (1:00 - 2:30 p.m.)

Title	Description
Beach Clean Up	Join the Ikkatsu Project and the SouthSound Surfrider Foundation for a beach clean up at Dick Gilmur park in Northeast Tacoma. Learn about the life-span of the plastics that get discarded in our oceans and what you can do to protect our waters.
Bee Club	Did you know we have bee hives on our campus? Join Rick Samyn from the L'Honey project to learn about the importance of helping the bee population thrive so they can pollinate plants and help boost the biodiversity of our ecosystem.
Bread Making	Grind the wheat, sift the chaff, bloom the yeast, and bake. You can buy bread made with quality ingredients such as whole grains, unbleached flour, and no artificial preservatives, but you will surely pay a lot more for it. By baking your own, you don't have to choose between nutrition and cost. (Wed 4/26 only)
Chicken Coop Installation	Chickens! That's right...we are going to have chickens on campus! Come join us to build and install the chicken coop next to the greenhouse. Supplies are provided, just bring a smile and be ready to work.
Climate Change Prayer Vigil and Action Steps	Join our Campus Ministry team for a prayer vigil incorporating music, images, and contemplation. St. Ignatius models for us that our prayer leads us to take action. Following our prayer and reflection time, we will provide opportunities to take action by advocating to local Catholic agencies to Care for Our Common Home. <i>(Open to all grade levels and Juniors, this session will count toward your required advocacy hours for your Ignatian Service Experience.)</i>
Environmental Advocacy	What is advocacy? How do you start? What do you do? Learn how in this session and do some action steps to advocate for environmental policies that will uphold our efforts to Care for our Common Home. <i>(Open to all grade levels and Juniors, this session will count toward your required advocacy hours for your Ignatian Service Experience.)</i>
Eco-Examen Hike	The Eco-Examen Hike is an embodied adaptation of the Examen in which we go on a peaceful walk in nature while prayerfully reflecting on our connection to creation. In examining the intersection of spirituality, environmental justice, and social justice, the hope of this activity is for students to deepen their relationship to God, to the Earth, and to others so that we may go forth to help transform our world's ego-systems. You will also have an opportunity to learn about a one-week outdoor adventure immersion hosted by Gonzaga University called Gonzaga Explore in which we explore ecology, theology, and leadership. Session led by Ben Chu and Gonzaga University students. (Fri 4/28 only)
Knowledge Bowl	Join members of the championship Knowledge Bowl team to engage in games to increase your awareness of environmental issues. You do not need to be a member of the Knowledge Bowl Club to attend. Come join the fun!

Let Others Play	Join members of the Let Others Play club to sort the donated gear collected during the spring drive and get it ready to deliver to various agencies. Finding ways to pass on used gear is a great way to reduce waste and keep items out of the landfill! (Fri 4/28 only)
<i>The Letter: A Message for our Earth</i>	This documentary film tells the story of a journey to Rome of frontline leaders to discuss the encyclical letter Laudato Si with Pope Francis. The exclusive dialogue with the Pope, included in the film, offers a revealing insight into the personal history of Pope Francis and stories never seen since he became the Bishop of Rome.
Model UN	Learn more about global climate issues with the Model UN Club. You do not need to be a current member of the Model UN club to join this session.
Movie Club - <i>Plastic Earth</i>	Co-Directed by Bellarmine Alum, Jack Winch, " <i>Plastic Earth</i> " is the first documentary film of its kind to cover the solutions and technologies being worked on in the world today to combat and eventually solve the plastic crisis that our world is facing. Worldwide plastic production coming from fossil-based sources continues to rise and it contributes to climate change, pollution, and threatens the planet's species. Learn the top 10 solutions to reduce plastic waste.
Rain Barrels and Worm Bins	Help assemble and install rain barrels and worm bins at the greenhouse. The rain barrels will be used to irrigate new planting around the garden, and the worm bins will be cutting down on waste and adding nutrients to the soil. You will also be learning how you can also install these projects in your own home.
Shade Garden Planting	Help plant the cooler areas of campus. Learn more about the types of plants you can add to your yard that thrive in a shady environment.
Spikeball Club	To help care for and beautify our community parks, we will walk to a nearby park and help clean up the area. We will then enjoy the space by playing a spikeball tournament. Wear athletic clothes and shoes. (Wed 4/26 only)
Storm Drain Marking	Did you know that water flowing from storm drains often empties directly into Commencement Bay and the larger Salish Sea, and carries with it chemicals that are toxic to orcas, salmon, and other marine critters? In fact, the single largest source of pollution that contaminates the Salish Sea is polluted stormwater runoff. Marking storm drains with the " <i>No Dumping Drains to Puget Sound</i> " plaque helps educate our community and lets them know that nothing but rain should go down those drains! (Fri 4/28 only)
Sustainable Art	Milagros are an incised metal drawing that is a form of petition/prayer. They are supposed to look like the object of your prayer. For example, you are having knee problems so you make a milagro that looks like a leg. Everyone's milagros are then attached to an altar, so it creates a group prayer. In this session, you will be making metal repose milagros, in the art room (Orton 139) based upon your prayer for the environment. We will take them to the greenhouse and install them in the rafters. You are praying for the planet and the greenhouse is the altar. All materials provided.

Sustainable Cooking	Healthy, sustainable foods are also delicious! You will learn how to make a variety of salsas with fresh ingredients and then get to enjoy them with a nacho/taco/burrito bar. All ingredients provided, just bring a reusable water bottle to cleanse your palate between salsa tastings.
T-shirt Pillows	Do you have an old t-shirt that you don't wear anymore, but just can't get rid of? Do you have a t-shirt with a fun design that you want to keep, but not wear? If you can cut fabric and tie a knot, we can show you how to up-cycle the t-shirt into a pillow without any sewing. All you need to do is bring one t-shirt and a sense of fun!
Thrift Shopping	Thrift shopping is one small step to help reuse items to keep them out of the landfill. We will take a trip to Playback Sports and Goodwill to see what treasures you can find. You are welcome to bring gently used sports gear if you would like to start consigning at Playback Sports and/or clothing items to donate to Goodwill, or just bring money to find articles to boost your spring wardrobe.
Ultimate Frisbee Playfield Day	Let's enjoy one of our local public playfields. We will walk to a local park, beautify the place by picking up all of the litter and also play a little ultimate. Wear athletic clothes and shoes. Other equipment provided. (Fri 4/28 only)