



## Layers Of Earth Day Parfait

### Ingredients

- 1-2 cups [Black Coco Chia gr8nola](#)
- $\frac{3}{4}$  cup almond milk
- 1 cup kale or spinach
- 2 frozen bananas
- 1 cup pineapple
- 1 cup mango
- 2-3 Tbsp. maple syrup
- 1 cup coconut yogurt
- 2 kiwis, sliced

### Directions

1. Slice the kiwis into small triangles, then set aside.
2. Blend the almond milk, greens, fruit and maple syrup until smooth. Set aside.
3. Pour [Black Coco Chia gr8nola](#) into the bottom of a glass to create the “dirt” layer.
4. Next, pour the prepared green smoothie into the glass.
5. Scoop the yogurt on top, and sprinkle with the sliced kiwis!

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