

Our Class Quilt: Telling Our Stories

Activity List #1

This *activity list* is divided into three columns: the type of activity (required, choice, or optional), the title and description for each activity, and the approximate time it will take to complete the activity. You will work from this *activity list* throughout the week and attend groups with your teacher.

Required — These are must-do activities.

Choice — These activities will give you a choice in how to complete the activity.

Optional — These activities are provided as additional support if you need them.

Work through this *activity list* in any order you choose! Tip: Work through an entire section before moving into a new section.

Type	Title and Description	Time
Getting Started		
Required	Unit Launch — Our Class Quilt: Telling Our Stories	15 min
Required	Know Your Character Strengths 1. Watch this video all the way through. 2. Then, watch this video again and identify your character strengths. 3. Jot down at least 3 character strengths on an index card. 4. Share your character strengths with your teacher. Optional: Use this list to find more of your character strengths.	20 min
Optional	Watch this video to learn how to work through this <i>activity list</i> . What questions do you have about the <i>activity list</i> ? Add your questions to the chart in the classroom.	5 min
Required	1. Open your Efficacy Notebook. 2. On the first blank page, write the date and heading: Task Statement Reflection. 3. Then, read or listen to the task statement. 4. Write down any thoughts, connections, and questions you have while reading. 5. Also, write down any new words and words you don't know the meaning of. Once you have read over the task statement, jot down your reflections in your <i>Efficacy Notebook</i>. Remember to write the date and heading before your reflections.	20 min
Optional	1. Review this vocabulary bank before, during, or after reading our task statement for this unit.	5 min

	- Open your <i>Efficacy Notebook</i>. Write the date and heading Our Class Quilt: Telling Our Stories Vocabulary Words. - Add any new words and definitions you learn to your <i>Efficacy Notebook</i>.	
<i>All About My Background</i>		
Required	Take Your Pre-Assessment	20 min
Choice	Rubric Review - Reread or listen to the first row of the rubric, “Quilt Square — My Background.” - Write down any new questions on the back of your physical rubric or on another sheet of paper. - Share your questions with your teacher.	10 min
Choice	- Open your <i>Efficacy Notebook</i>. Write the date and heading My Culture. - Read “Deep Roots.” - Answer the questions below in your <i>Efficacy Notebook</i>: - Sarah learns that her family has Polish roots and that some of their traditions, such as their food and holiday celebrations, come from there. What are some of your family's traditions, and where do they come from? - Sarah compares her family and traditions to those of her friend Adrienne, who is Jewish. In what ways are you similar to your family members and friends? In what ways are you different? - Sarah learns that her name and some of her family's food traditions are important parts of her Polish culture. What are some things that are important to your family and/or culture?	20 min
	- Open your <i>Efficacy Notebook</i>. Write the date and heading My Culture. - Watch “Traditions and Customs.” - Answer the questions below in your <i>Efficacy Notebook</i>: - Explain what a "custom" is and give an example of a custom you have in your family. - What is something your family does that you consider unique? Do you share this practice with others? Why or why not? - Have you learned something about yourself from an experience with a friend, classmate, or family member? Explain what you learned and how you learned it.	20 min
<i>Self-Reflect</i>		
Required	Weekly Reflection: Answer the following reflection questions in your	10 min

	<i>Efficacy Notebook:</i> 1. List at least 1 thing you liked about this first week of the after-school program. 2. Which activity did you least enjoy this week? What did you not like about it?	
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