Invocation for beginning a Dolphin~Whale Energy Healing Session

First part which can become optional as tapping in to the dolphins and whales to channel their energy becomes easier for you. I do not say this out loud. I say it in my mind and is just for me.

"Thank you Dolphins and Whales for helping me to step aside to be a clear and present channel for your powerful energy."

You can also use this during the session if you become distracted to help reconnect you with the energies.

The second part I say out loud to my client as I begin the session. I usually ask them to take 3 deep cleansing breath and then say,

"Give the Dolphins and Whales permission to adjust your frequencies and physical body in any way that is for your highest good."

I do not expect or wait for a verbal response, although sometimes they choose to agree out loud.