



The Public Schools of  
NORTHBOROUGH and SOUTHBOROUGH  
HEALTH SERVICES

To: Parents of students in Grades 5-9

**Postural Screening Opt-In Request**

Students in grades 5-9 are eligible for postural screening in school per Massachusetts General Law. This screening program is intended to detect possible problems related to spinal curvature issues and to refer for further evaluation as necessary. This is not a diagnostic exam and is in addition to the screening that is typically done at your child's annual well visit with their primary care provider.

The School Nurses will perform the screenings. The screening requires visual examination of the child's back, therefore shirts must be removed; females should wear a bra, sports bra, or bathing suit top. If your child has any unusual findings, you will be notified and asked to have your child seen by a healthcare provider.

Postural screening will take place at Trottier Middle School in January.

If you would like your child to be screened in school, please use [this form](#) to **OPT IN** by December 22. Please fill out a separate form for each child you wish to have postural screening.

*If you choose **not** to have your child screened, there is nothing you need to do.*

On the day of the screening, if your child does not have the proper underclothing or refuses the screening, it will not be done and you will be notified

Please contact Bridget Garland (School Nurse) if you have questions about postural screening.

bgarland@nsboro.k12.ma.us

(508)485-2400 x65110

[POSTURAL SCREENING OPT-IN FORM](#)