

Avatar: Ava is an 18-year-old. She enjoys going for walks, taking care of herself, going out with her friends, studying hard in school and working at the chicken shop near her house.

Current situation why its so bad: She wants to start going to the gym but she doesn't think she can. All of her friends are going to the gym making her feel like she is not doing enough. She fears what will happen if she doesn't start going.

Dream situation why its so desirable: She dreams of having a solution to exercise which allows her to have a good physique, staying healthy and being able to still do everything she loves.

Problems stopping them from getting their dream situation: She is reluctant to spend 20 dollars a week on a gym membership, when she is concerned she won't use it enough and get her full value from money.

Product bridge gap between problem and solution: Buying gym equipment will allow her to perform the basics from the comfort of her home. She can quickly get a session in before going out, or for a shift at work, and it will allow her to break up long periods of study with something positive. Additionally, in the long term, she is saving money because all the time it takes to travel to the gym is saved allowing her to use that time in other areas, and after a year of use she gets to use her equipment for free, as it will equal the same amount as a gym membership anyway.

DIC: Bite the bullet and do yourself an unforgettable favour
Better your own health without breaking the bank.
Workout with quality equipment without spending a cent.
Workout from your home with a hefty saving.
The simplest way to get in shape and feel good without breaking the bank
How 100s of teens are staying in shape from home.
An enjoyable workout strategy you need to know before finishing high school (That doesn't come at a high cost)

Achieve a desirable physique like a runway model even without going to the gym (saving you \$100s of dollars)

If you aren't lifting weights of any kind at least 2x a week, then you are losing grasp of your health.

You are so busy and you find that the only spare time you have is brief 30-minute blocks at home.

As much as you love utilising this period to go for walks, it is not the same as lifting weights.

Walking doesn't give you the same satisfaction or results and doesn't keep your body and muscles strong and conditioned.

And you choose to walk because it's the only exercise you have because gym memberships can be expensive...

But what will cost you more is not investing the time early to start building the body you have always dreamed of, and only if there is a way to achieve this without stepping foot inside the gym.

There is a solution that 100s of teenagers have utilised which allows them to still do all the tasks they have to do, while also staying in shape from home.

[Say goodbye to the daily walks, click here to gain access to this inexpensive solution which will shock your friends with results in as little as 1 month](#)

PAS:

SL: Reluctant to spend money on a gym membership?

What is the dollar value of your health?

Would you pay for a better body?

How to get the best body without going to the gym and saving money.

What you should never do when trying to get a good body

Say goodbye to having to pay for facilities to stay fit.

Why do you perceive having a good body as a chore?

Your view of what it takes to have an appealing physique is killing your gains.

Do you really think that you can look a million bucks without spending even a fraction?

This simply is not true, and what the experts have noticed is that you can invest money into different things, but when it comes to achieving their goals, they rather invest in themselves.

You see, all bodybuilders male and female pay expensive fees weekly because they know that;

(Paying for a membership X Giving up an hour of their day in the gym) x Consistency, is the formula for what it takes to download gains.

Yet although you are giving up an hour of your day, and doing it a few times a week, this does not give you access to the correct equipment needed to fulfil the equation.

This will result in perpetual unhappiness as you wonder why your friends can look good and you can't.

However, there is a simple solution that will end your fear of money leaving your bank account.

A solution that in 7 days will effectively give you the tools you need to take action immediately...

These tools are guaranteed to boost your likelihood of having an hourglass physique, toned from head to toe and with abs that look like freshly baked hot cross buns...

Imagine the excessive excitement when you achieve the body you once idolised from the Instagram models...

The type of body that everyone will be admiring behind your back,

Making your friends so jealous they are desperate and begging on their knees to know how you did it.

If that sounds like something you'd like...

If you are ready to take action **now** and start building the foundation to being the next bodybuilding sensation,

And completely eliminate the chances of feeling perpetually unhappy...

[Click here to utilise the only other method to obtaining the most desirable physique that doesn't involve going to A gym](#)

HSO:

Protagonist: Kylie Jenner's friends - specifically Charli

Antagonist: Being unhappy for not knowing how to get strong

SL: A word from Kylie Jenner - What she told her friends to do to look like her

You know when Kylie Jenner started getting all sorts of attention from NBA players, and famous brand owners like Chanel, Tiffany Co, and Gucci, she knew that she was the shit.

And although her name helped her get noticed, it wouldn't have gone far if it wasn't for her stunning good looks and her impressive body.

She had many friends she grew up with and they were beginning to get jealous of all this attention, especially Charli - Kylie's closest friend since she was a baby.

Charli wanted to look as good as Kylie, regardless if she got all the attention or not.

Charli felt unhappy because working out was not a bridge she had crossed yet.

Charli thought all it took to look like her was daily walks and eating what she perceived as healthy.

So Charli asked Kylie how she does it - with the busy schedule she has Charli can't fathom how she has time to have a booty like that.

After that conversation, Charli was embarrassed for not utilising this solution any earlier.

Fast forward 3 months, and Charli has applied the systems that Kylie had in place allowing her to look the way she does, and now Charli is not far off.

Charli is now in awe, and goes about her day in bliss, inspiring others just as she was inspired by Kylie. She is proud to have a friend like Kylie who guided her to this successful point.

And the best part about this solution is Charli had no prior experience and in 3 months was able to completely turn her body upside down.

If your ready to hear the solution Kylie Jenner used... [Click here and have a physique like Charli and Kylie in as little as 3 months.](#)