

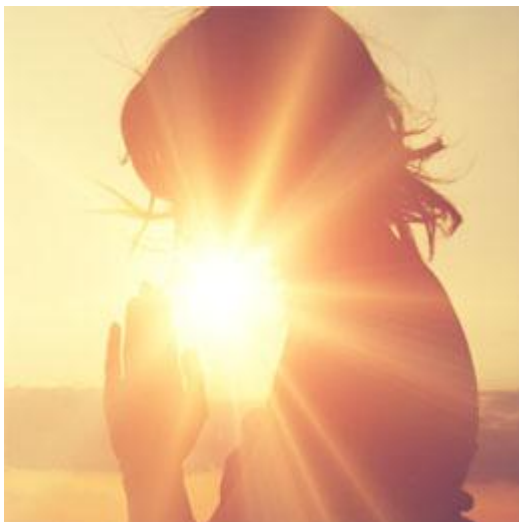
Thomas Huebl - Leading Edge of Meditation

What You'll Discover in These 7 Modules

In this 7-part transformational intensive, you'll learn the spiritual skills and competencies to take your daily meditation practice to the next level — expanding areas you have been working in and addressing those you've yet to experience.

This course will feature pre-recorded teachings and practices with Thomas. Each session will build harmoniously upon the previous ones so you'll develop a complete holistic understanding of the practices, tools, and principles you'll need to sustain your awakening.

Module 1: Laying the Groundwork for Advanced Meditation & Prayer *Shifting From Gross to Subtle to Causal Levels*



In this first session, Thomas will illumine the main principles of meditation, prayer, and contemplation — and how they relate to two major states of being: Stillness and Movement. He'll also describe the four dimensions of human consciousness and how to begin consciously shifting in and out of them when you're in prayer, meditation, and contemplation.

During the first session, you'll:

- Find powerful practices for living a meditative life in the everyday world
- Discover the main principles of meditation, contemplation and prayer
- Come to understand the two major principles of spiritual development: Stillness and Movement
- Learn how to recognize and shift among four dimensions of human consciousness — gross, subtle, causal and nondual

Module 2: Cleansing Meditation for Psychological Health



Just as antibiotics were a breakthrough for modern medicine, meditation is a breakthrough for the stressors of modern life that continually endanger your body, mind and spirit and affect society overall. Unexpressed energies and accumulated karma need to be cleansed. Advanced meditation help you release inner distress that leads to burnout as well as the breakdown of our social systems. It's like "taking a shower" for our inner and outer worlds!

In this second training with Thomas, you will:

- Find meditation techniques for inner balance in a fast-moving world
- Learn how to cleanse your inner world on a regular basis
- Discover potent insights rooted in new and ancient wisdom that can enable you to meet life's challenges without losing your center

Module 3: Developing Inner Body Competency



Inner body awareness is one of the major principles of advanced meditation practice. In Module 3, Thomas will guide you through your physical, emotional and mental selves to

develop and refine your capacity for greater mental and emotional clarity to anchor you more fully in everyday life.

In this session, you'll:

- Develop “inner body” competencies that help anchor you in everyday life
- Begin to relate to life through this inner body awareness and, as a result, experience more presence in all of your activities
- Learn how to receive information from your inner body that gives you more emotional and mental clarity

Module 4: From Stillness to Inner Spaciousness to Deep Absorption



In Module 4, Thomas will guide you in dropping into the state of inner spaciousness and becoming aware of ever deeper levels of absorption that can eventually lead to a breakthrough in non-dual awareness. He'll also explore causal consciousness and the different stages of stillness. You'll:

- Discover how stillness begins with inner space
- Learn how to distinguish the different levels of stillness
- Work with the subtle qualities of absorption and causal consciousness
- Come to understand that “not knowing” is, in fact, your highest source of wisdom
- Find powerful practices for navigating challenges on the way to inner spaciousness

Module 5: Entering Realms of Higher Knowing & Light



What is subtle, higher consciousness? And how does light determine the content and quality of our future? Thomas will answer these profound questions and guide you in a powerful “light” meditation practice, helping you to open a channel of deeper knowing, inspiration and interconnectedness. You’ll:

- Access the inner light that connects to higher intelligence
- Explore your higher self and the different levels of higher consciousness
- Experience an acceleration of evolution through inner light
- Discover the effects light meditation can have on time and, particularly, on the future

Module 6: Global Social Witnessing

Opening to the Heart of Humanity



Meditation and contemplation are paths to interior consciousness and a fully open heart that is the source of profound change in human consciousness. The practice of “global social witnessing” is key to creating a world that is awake and effectively responsive to events. It allows for beneficial expression of emotional energy and prevents the accumulation of more karma.

In this session with Thomas, you'll:

- Build your capacity for global social witnessing through interior awareness
- Begin to transcend “me-focused” meditation practice and recognize your part in the whole
- Help awaken social consciousness to more presence and healing

Module 7: Applying Your Meditation in Everyday Life & Navigating Common Pitfalls



As you access more blissful realms that can be the fruits of advanced meditation, it's easy to lose groundedness and focus in daily life. In this final session, Thomas will show you how to navigate the pitfalls associated with higher levels of consciousness — and how to actually use these challenges as touchstones for your awakening.

In this last session, you'll:

- Learn to live a truly contemplative life in the midst of the perceived limitations of others and situations that may seem “banal” or a waste of time
- Increase your ability to bring awareness to everyday reality so that you are grounded and focused even in the midst of new higher states of being
- Come to recognize and avoid the pitfalls of your meditative practice
- Develop a Sangha to continue growing your competencies for your own — and the world's — awakening

The Leading Edge Bonus Collection

(Valued at \$500.00)

In addition to Thomas' transformative 7-part virtual course, you'll receive these powerful training sessions with leading visionaries and teachers. These bonus sessions complement the course and promise to take your understanding and practice to an even deeper level.

Audio Dialogues Series: How to Apply Meditation to the Core of Contemporary Spiritual Practice

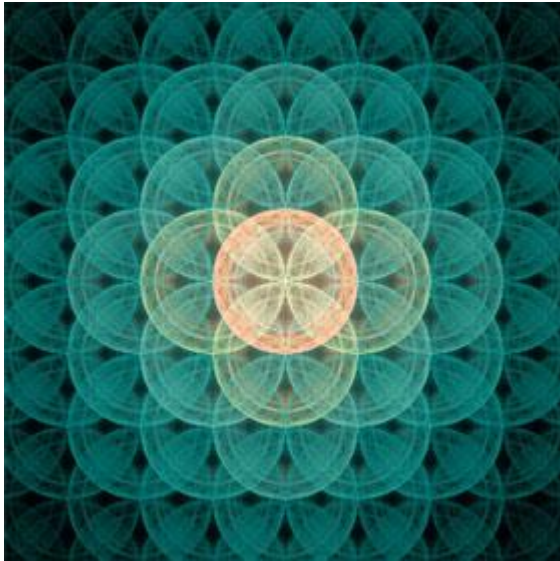
Audio Dialogues With Miranda Macpherson and Andrew Harvey



Thomas is joined by Andrew Harvey and Miranda Macpherson in two stimulating one-on-one conversations with contemporary spiritual teachers as they share their wisdom about how to use meditation to bring yourself out of your current modern state while at the same time grounding deeply and integrating ancient practices into your modern lifestyle. What works in a modern time? What allows us to distinguish the traps and pitfalls of our habitual modern lives? Listen as Thomas discusses with these two luminaries their experience with these challenging questions.

Transparence

Ebook by Thomas Huebl



In this illuminating ebook, Thomas guides you through many insights and practices to teach you about the nature of consciousness, perception and the transparent bodies. He also beautifully outlines how to use the power of practice groups as a tool to see yourself and others with greater clarity.

Integration & Mentoring Series

5 Pre-Recorded Sessions With Thomas' Senior Students



As an added bonus, you'll receive a series of pre-recorded mentoring sessions facilitated by some of Thomas' most advanced students. While there can be a tendency to focus just on the singular spiritual teacher, this aspect of engagement with other advanced practitioners is particularly helpful in integrating and embodying shifts, clarifying distinctions, and helping you work through places of challenge on your path with more support. These senior student-led mentoring calls will give you the opportunity to explore Thomas' teachings and their impact more deeply.

