

APA: PLAGIARISM, IN-TEXT CITATIONS AND REFERENCES

WHY	So that your instructor (and your readers) can differentiate between your analysis and your research. Your instructor will check that: ✓ Each in-text citation has a corresponding Reference ✓ Each Reference has been cited in-text.
WHEN	You do not need citations when it is: ✓ Your opinion or experience. ✓ Common knowledge. You need citations when: ✓ You quote other people's words. ✓ You paraphrase other people's ideas, theories, statistics, etc. <pre> graph TD A[Your own ideas/experience Common knowledge] --> B{YES} A --> C{N} B --> D[No need to cite] C --> E[You copied someone's WORDS] E --> F{YES} E --> G{N} F --> H[Must cite: Use quotation] G --> I[You used someone's IDEAS, THEORIES, STATISTICS, RESEARCH] I --> J{YES} J --> K[Must cite: Paraphrase in your OWN WORDS] </pre>
IN-TEXT CITATIONS	APA uses the Author-Date style Use a mix of: ✓ Paraphrasing ✓ Quotations Page #: Needed for quotations Page #: Optional for paraphrasing Paraphrasing examples: Author's name is part of your sentence: Smith and Brown (2010) found that the sky is not blue. Author's name is followed immediately by the date. NOT: Smith & Brown found that the sky is not blue (2010). NOT: Smith & Brown found that the sky is not blue (Smith & Brown, 2010). Author's name is not part of your sentence (parenthetical citation): The color of the sky is affected by the atmosphere (Smith & Brown, 2010). Direct quotation examples: Author's name is part of your sentence: Smith and Brown (2010) noted that the "color of the sky ... is the result of visible sunlight being scattered by atmospheric particles" (p. 5). Author's name is not part of your sentence (parenthetical citation): Recent research claimed that the "color of the sky ... is the result of visible sunlight being scattered by atmospheric particles" (Smith & Brown, 2010, p. 5). Secondary citations or indirect sources: Lee argued that "the sky is not blue" (as cited in Rum, 2001, p. 6). If you read about Lee's research in a book written by Rum, cite Rum in the References. Cite the source you read. If there is no Author: Use newspaper article title: The sky is not blue ("Natural History", 2010). Use website title: The sky is not blue (Starry Nights, n.d.).

REFERENCES		<i>Italicize</i> the main title (NOT article title) of a book, journal, or newspaper.	
Who.	(When).	What.	Where.
Smith, A. NOT: Smith, Adam Lastname, Initial.	(2010). Use the year only for books & journal articles.	The name of the rose: A semantic study. Do not article & book titles.	<i>The New York Times</i>, A8. Use upper case & italics for journal, magazine & newspaper titles.
	(2010, March 9). Use the full date for newspaper articles & websites.		<i>Journal of Health Research</i>, 9(3), 2-9. Volume number is also in italics
	(n.d.). If date is not available.		https://doi.org/xxxxxx Include DOI if available.
			Wiley. Main name of book publishers, exclude Ltd., Co., but retain Press.
			Websites: url only. No retrieval date needed for stable websites.

References

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<https://doi.org/10.1016/j.jadohealth.2014.04.018>
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- Woodyatt, A. (2019, September 10). *Daytime naps once or twice a week may be linked to a healthy heart, researchers say*. CNN. <https://www.cnn.com/2019/09/10/health/nap-heart-health-wellness-intl-scli/index.html>

APA: Multiple authors

In-text citation	1 author: Use author's lastname The sky is blue (Smith, 2001).
	2 authors: Use both lastnames The sky is blue (Smith & Lee, 2001).
	3 or more authors: Use the first author's last name followed by et al. throughout. The sky is blue (Smith et al., 2001).

APA: Italics, sentence-case & title-case

References	Sentence Case	Capitalize 1 st Letter of Every Word	Italics
Article title	YES		
Journal title		YES	YES
Webpage article title	YES		YES
Book title	YES		YES

APA: Writing tips

Use a variety of signal phrases. Examples:	Some other verbs you should consider using:
Quotations In the words of Carmona (2004), "... " (p. 10). "...", suggested Critser (2003, p. 8). Paraphrase - As Yanovski and Yanovski (2002) noted, ... - Researchers McDuffie et al. (2003) offered a compelling argument for ... Hacker, D. (2009). <i>Rules for writers</i> (6th ed.). Boston, MA: Bedford St. Martin.	acknowledged denied pointed out agreed described reasoned argued emphasized reported asserted established responded claimed illustrated stated compared noted suggested confirmed observed wrote

Block quotations (40 words or more)	Do not use quotation marks. Parenthetical citation is after the period. Period is at the end of the quote, not after the cited page.
Eklund's (2000) review of Previous studies indicated that job satisfaction is lower among occupational therapists in mental health care than in other clinical areas. Working with seriously mentally ill patients might in itself be a burden heavy enough to generate low satisfaction with work. (p. 168)	

APA Sample paper (use as your template):

<https://apastyle.apa.org/style-grammar-guidelines/paper-format/student-paper.docx> or

APA Sample paper (with explanations):

<https://apastyle.apa.org/style-grammar-guidelines/paper-format/student-annotated.pdf>

Quick Reference Guide: <https://apastyle.apa.org/instructional-aids/reference-guide.pdf>

Reference examples: <https://apastyle.apa.org/style-grammar-guidelines/references/examples#webpage>

APA Blog: <https://apastyle.apa.org/blog>

Check out the different topics (Paper Format, In-text Citations, References) in <https://apastyle.apa.org/index>

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