

J. L. Mann High School Weekly Lesson Plans 2025-2026

Teacher's Name: **Jameena "Chrissy" Anderson**

Course: **Health Science 2 Honors**

Dates: **September 15-19, 2025**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
STANDARDS	STANDARDS	STANDARDS	STANDARDS	STANDARDS
Standard 8.1	Standard 8.1	Standard 8.1	Standard 8.1	Standard 8.1
LEARNING TARGET	LEARNING TARGET	LEARNING TARGET	LEARNING TARGET	LEARNING TARGET
I can effectively perform high-quality CPR and use an automated external defibrillator (AED) in accordance with the latest BLS guidelines to improve patient outcomes during cardiac emergencies.	I can effectively perform high-quality CPR and use an automated external defibrillator (AED) in accordance with the latest BLS guidelines to improve patient outcomes during cardiac emergencies.	I can effectively perform high-quality CPR and use an automated external defibrillator (AED) in accordance with the latest BLS guidelines to improve patient outcomes during cardiac emergencies.	I can effectively perform high-quality CPR and use an automated external defibrillator (AED) in accordance with the latest BLS guidelines to improve patient outcomes during cardiac emergencies.	I can effectively perform high-quality CPR and use an automated external defibrillator (AED) in accordance with the latest BLS guidelines to improve patient outcomes during cardiac emergencies.
ACTIVATING STRATEGY	ACTIVATING STRATEGY	ACTIVATING STRATEGY	ACTIVATING STRATEGY	ACTIVATING STRATEGY
Turn in your Week 5 Digital Notebook on Google Classroom! The dates I'm looking for are September 8-12 .	1. What are the four things you need to do when assessing the scene? 2. When should you activate the emergency response system for an unresponsive adult not breathing normally?	1. What compression-to-ventilation ratio is recommended for two-rescuer CPR on a child? 2. What modification is made to hand placement for child CPR compared to adult CPR?	1. What is the target compression rate per minute during CPR? 2. What special considerations apply when using an AED on a child or infant?	Study for Exam (20 minutes)
LESSON ACTIVITIES	LESSON ACTIVITIES	LESSON ACTIVITIES	LESSON ACTIVITIES	LESSON ACTIVITIES
1. BLS Certification Walkthrough - Videos, Skills Checkoff, Remediation, and Test 2. 1 Person Rescuer Adult BLS (30 minutes)	1. 2-Rescuer Adult BLS (9 minutes) 2. Special Considerations (10 minutes) 3. High-Performance Teams (26 minutes) 4. Child BLS (10 minutes)	1. Infant BLS (20 minutes) 2. Relief of Choking Infant (7 minutes) 3. Checkoff Sign-ups 4. Practice all BLS (Adult and Infant)	1. Practice for Checkoffs 2. BLS Exam Review 3. CPR Google Forms	1. BLS Certification Exam 2. Practice for Checkoffs

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3. AED and Bag-Mask Device (20 minutes) 4. CPR Google Forms (Adult BLS)	5. CPR Google Forms (Special Considerations, Team Dynamics)	5. CPR Google Forms (Child BLS, Infant BLS)		
CLOSURE	CLOSURE	CLOSURE	CLOSURE	CLOSURE
1. What should you do if the AED advises “no shock indicated”? 2. How deep (in inches) should chest compressions be on an adult during CPR?	1. If a patient has a pulse but has no respirations, what should you do? 2. Describe how to open the airway for rescue breaths in CPR.	1. For infant CPR, what is the recommended depth of chest compressions? 2. When performing infant CPR, what two finger techniques are used for chest compressions?	1. During two-person CPR, how often should rescuers switch roles? 2. Why is effective communication important during two-rescuer CPR? Provide one example.	1. Do you and your partner feel confident in your CPR/AED skills? 2. What should you practice before the checkoff?
Important Due Dates: 1. Week 5 Digital Notebook (start of class)	Important Due Dates: NOTHING DUE TODAY	Important Due Dates: NOTHING DUE TODAY	Important Due Dates: 1. CPR Google Forms (end of class)	Important Due Dates: 1. BLS Certification Exam

How are you utilizing UDL learning guidelines and strategies within your weekly lessons? Check the boxes or highlight :)

REPRESENTATION options for presenting content	ENGAGEMENT options for engaging student interest	EXPRESSION options for students to demonstrate learning	CULTURAL CONSIDERATIONS	ASSESSMENTS
☐ Artifacts ☒ Pictures ☐ Graphic Organizers ☒ Video Clips ☐ Audio Recordings ☒ Lab ☒ Lecture ☐ Other:	☐ Cooperative Work ☒ Partner Work ☒ Manipulatives ☐ Movement ☐ Debates ☒ Role Plays or Simulations ☐ Other:	☒ Written Response ☒ Illustrated Response ☒ Oral Response ☐ Model Creation ☐ Construction ☐ Other:	☐ Nature of content & ethnicity and/or culture of students ☐ Other:	☒ Class Work ☒ Journals ☒ Group Discussion ☒ Individual Participation ☐ Quiz / Test ☐ Project ☐ Conference ☐ Essay ☐ Other:

*All adjustments to the teacher’s lesson plans will be communicated to the students.