

2025 Pit Push – Pull Halloween Championship

This is a NON-SANCTIONED Meet

DATE: Saturday, October 25, 2025

VENUE & LOCATION: The Pit Barbell Club, 1531 N. Heidelberg Ave., Evansville, IN 47711

MEET DIRECTOR:

MIKE STAGG
9525 Hillview Dr.
Evansville, In 47720

staggm2@gmail.com
(812) 431-9113 Cell

ELIGIBILITY: Open to any lifters at least 12 years old.

COSTUMES: Costumes are allowed.

ENTRY FEE: \$25 – Lifters may enter Bench Press, Deadlift or both. The entry is the same regardless and each entry will only receive one award.

Make checks payable to Michael Stagg or contact the Pit Barbell Club to arrange payment (812) 422-0617

ENTRY DEADLINE: There is no deadline and lifters may enter the day of the meet subject to meet director discretion. There will be a \$20 additional fee for lifters who register the day of the meet.

RULES: We will follow ADFPF/USAPL lifting rules and weight classes with some minor exceptions. As there is no drug testing, lifts do not count for federation or gym records. However, Pit lifters will have the lifts recorded on the white board in Power Alley.

- You may raise your heels on the bench press
- Bench Press will be touch and go. Hips MUST remain in contact with the bench. Head may come off of bench.
- It is NOT required to wear a singlet
- Accommodations will be made for any lifters who have special needs

SPECTATOR ADMISSION FEE: \$5 (children under 13 will be admitted with no charge) for non-Pit members. Concessions are available on site.

INDIVIDUAL AWARDS:

Top 3 lifters in each weight class + an overall best lifter for male and female based on total. The placing is by overall total (best bench press + best bench press). If a lifter chooses to do ONLY bench or ONLY deadlift, then that lift must still be in the top three to place.

WEIGHT CLASSES:**MEN:**

52.0 (114.5)	56.0 (123.5)	60.0 (132.25)	67.5 (148.75)	75.0 (165.25)	82.5 (181.75)	90.0 (198.25)	100.0 (220.25)
110.0 (242.5)	125.0 (275.5)	145.0 (319.5)	+145.0 (+319.5)				

WOMEN:

44.0 (97.0)	47.5 (104.75)	50.5 (111.25)	53.0 (116.75)	56.0 (122.5)	60.0 (132.25)	63 (138.9)	67.5 (148.75)	75.0 (165.25)
82.5 (181.75)	90.0 (198.25)	100.0 (220)	100+ (+220)					

TIME SCHEDULE:

- ✓ Friday, October 24, 2025 – Weigh in from 4pm to 6pm
- ✓ Saturday, October 25, 2025
 - Weigh IN: 8am -9am
 - 10:30 a.m. -- RULES BRIEFING & LIFTING BEGINS

ENTRY FORM for
2025 Pit Push Pull Championship

COMPLETE, **SIGN** and **MAIL ALL PAGES** of this ENTRY FORM with **CHECK** or **MONEY ORDER** payable to: **Michael Stagg**. You may pay entry fees via debit or credit card by calling the meet director. Mike Stagg (812) 431-9113.

Mail to: **9525 Hillview Dr., Evansville, IN 47720**

E-Mail Address: _____

Please PRINT CLEARLY or TYPE:

(First name) (Middle Initial) (Last name) (Gender)

(Street Address) (City) (State) (Zip Code) (Weight Class in Kilos)

(Home phone including area code) (Cell phone including area code) (Date of Birth) (Age)

CHECK competitions you wish to enter; \$25

POWERLIFTING SELECTION:

___ UNEQUIPPED Bench Press ___ EQUIPPED Bench Press

___ UNEQUIPPED Deadlift ___ EQUIPPED Deadlift

___ UNEQUIPPED Push-Pull ___ EQUIPPED Push-Pull

Entry fee: \$_____. **TOTAL** enclosed, payable to Michael Stagg \$_____.

For additional INFORMATION please contact:

Mike Stagg: 812-431-9113 E-mail—stagg@twc.com

OFFICIAL RELEASE FORM CERTIFICATION:

Release From Liability:

Please read this release very carefully, as when you sign it, you will be giving up important legal rights!

In consideration of the acceptance of my entry form for **2025 Pit Push Pull Championship**, I intend to be legally bound for not only myself but also my heirs, my executors and my administrators. In signing this release from liability, I waive and release anyone connected with this competition, i.e. The Pit Barbell Club, the Meet Directors, the officials, the spotters and loaders or any persons associated with the competition from any and all liability which may arise from this competition.

Additionally, I understand that Powerlifting is an inherently hazardous activity and that participation in this sport exposes me to the risk of injury or death. I further understand that the The Pit Barbell Club, nor the meet director(s) will NOT reimburse me for, nor provide coverage of any medical expenses incurred by me as a result of injuries or sickness that I might sustain, training for, traveling to or from, or participating in the competition acting as bench press lift-off personnel.

I also agree to waive any claim that might arise under state, national or international law for defamation, slander, libel or any other claim for which legal relief is available.

I agree to pay any attorney fees and litigation expenses incurred by any person, real or corporate, which I may sue in effort to challenge this release from liability. I understand that my agreement to pay attorney fees and litigation expenses is the SINE QUA NON for acceptance of my entry in this contest. If any provision of this Release From Liability shall be deemed by a court of competent jurisdiction to be invalid, the reminder of this Release From Liability shall remain in full force and effect. I also certify with my signature that this release/agreement cannot be modified orally.

_____.
(Signature of athlete) Date: _____

(Signature of parent/guardian if athlete is under 18 yrs of age) Date: _____

Athletes may lift off to self in the Bench Press or have the meet personnel do the lift-off or they may have their coach or another lifter help with the Lift-Off. Whoever is providing the lift-off must sign a RELEASE FROM LIABILITY for Competition Workers form AFTER reviewing that release form. Forms available at the Scoring Table.