

DIY - Girlification injections

Alright! So here's stuff for DIY E: Spend £100 a year on hrt instead of like £1k AND get bigger tits for less money

This will be UK based but a lot of it will transfer over to other places.

also I'm obviously not a doctor, you've seen my Bsky etc etc confirm stuff yourself if uncertain

Useful websites

Better, more detailed info

<https://diyhrt.info/transfem/intro/>

<https://pghrt.diy/>

(The tldr of this is "just fucking do injections ,also, try creatine!" but its good).

Aggregator:

<https://valerie.vg/>

Is a great source for transfem hrt sites,

In terms of sites I have experience with:

-I typically use astrovials, but it sells out often due to demand and can take a while to restock.

-Otokonoko pharmacies, the worlds worst branded website, is also legit and good and despite everything does great work (Source, my friends tits)

Symphony labs- can be a bit slow but good

The other websites will also be legit, this aggregator is vetted and good. Trans DIY community are the fucking troops

NOTE: there are often shortages of both injections and patches, my recommendation is get gel in meantime which thankfully you don't need crypto to do. Pills do also work if all of them are out so you can get those and wait for the good stuff to restock

I currently use <https://www.inhousepharmacy.vu/> for progesterone. It has good supplies of finasteride, non injected estrogen etc.

Meds (estrogen, prog etc)

The estrogen I use is enanthate, you can valerate but you have to inject more often and iirc there's more risk of mood swing stuff because of how the hormones go through your body, ymmv etc . I do it as monotherapy and this works pretty well.

If you can't tolerate needles, patches and gel are good and you can also get them from the sites linked above. Bonus of not needing to use crypto.

If you have issues with hair loss 5mg of finasteride combined with estrogen is v good ime.

Progesterone does have effects on tit growth (it's important for shape stuff) and also makes you a whore. It's a hentai drug. It rules. Be sure to only use it once you've been on e for a lil or it can inhibit growth, do it after like, a year? Certainly at least wait till your tits have budded, shove it up your ass btw. Doing it orally is way, way less effective it turns into a different thing.

You can also take it orally as a good sleep aid, I do.

Important: do bioidentical progesterone, progestins *suck* and also have bad side effects.

Blood tests!

<https://diyhrt.info/resources/bloodtests/>

If you are in the UK I recommend sapphic bison or randox

Needle info

Needle gage depends on thickness of injection, if doing castor oil, do like, 21 gage, other oils will be fine with 25 gage.

Here is a list of stuff to get

- 1ml syringes
- If doing not castor oil needles around 25 gauge and 16mm length
- alcohol wipes
- spot plasters
- Sharps bin

make sure needles and syringes are matching either luer slip or lok
(this is just how they attach together)

the websites actual products will not always be the same but some links to the ones that I use
syringes:

<https://www.medisupplies.co.uk/Syringes-Needles/Syringes/Terumo-3Part-Luer-Slip-Syringes>

product code: PMC0593

needles:

<https://www.medisupplies.co.uk/Syringes-Needles/Sterile-Needles/BD-Microfine-Needles>

product code: PMC0737

MediSupplies is good in the UK, there'll be good alternatives outside of it (let me know and I'll add them). In the UK you can sometimes get free needles from your pharmacist, but thankfully they're quite cheap either way.

Crypto

Oh god the future of currency etc etc

This guide is just going to be personal experience there's other options etc

I use <https://www.okx.com/en-gb> to get crypto

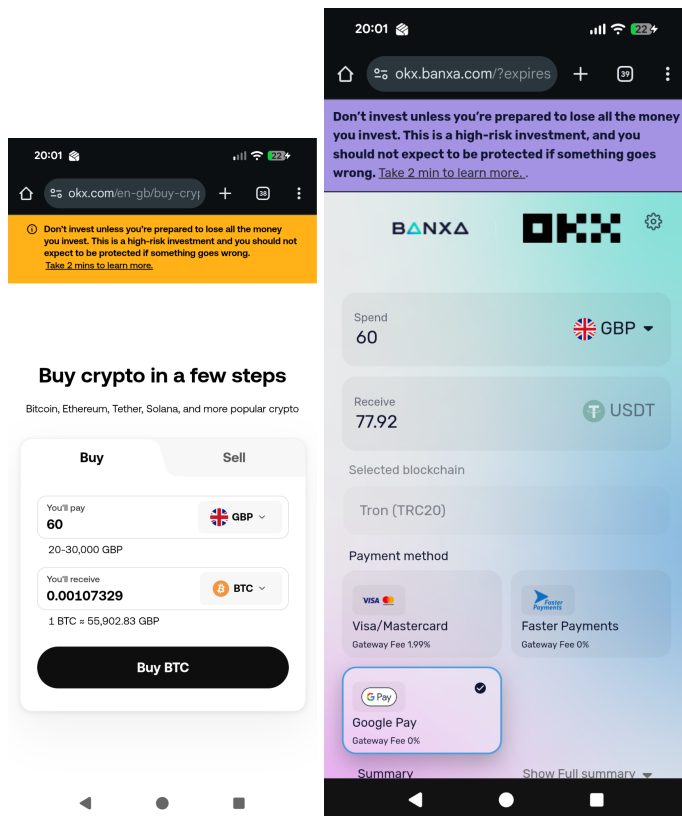
I use bitcoin, I have been advised that sucks and I should use litecoin, see what the diy sites have available. Because I have cursed myself to use bitcoin this guide will use that, substitute in the currency as needed.

Buy crypto on okx via Banxa. You will have two separate day long wait periods. First when you use OKX, and the second when you start to buy stuff on Banxa. As far as I can tell this will be the case on any crypto site on account of the law. It will also make you do a quiz that's basically just saying you understand that it's not an investment .

(Thing that's tripped up everyone I know who's used it)

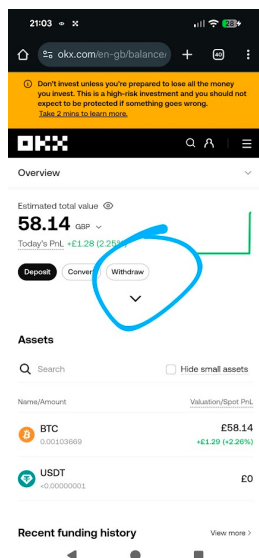
I think the quiz doesn't let you answer that you're only investing 0% of your earnings , you have to say you're investing 1% of your earnings for it to accept you're not lying, it's stupid.

You will also have to verify that you are who you are via passports/face recognition software.

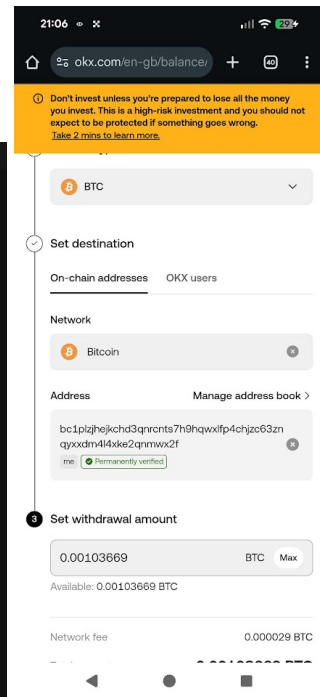
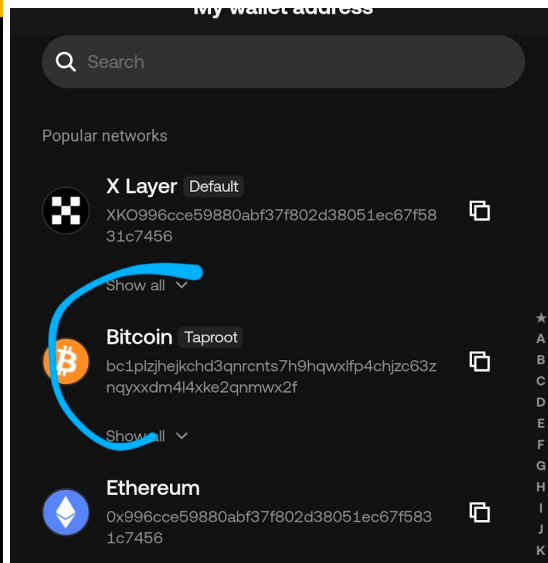
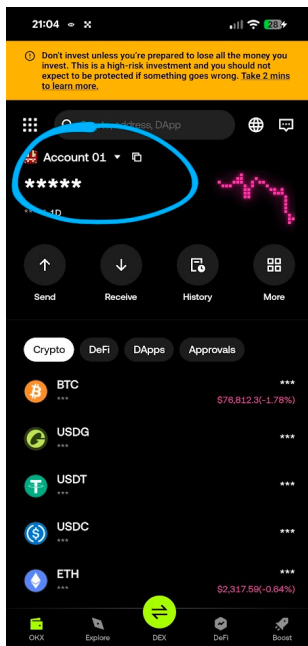


Select google pay or faster payments to avoid having 2% of your money taken for no reason.

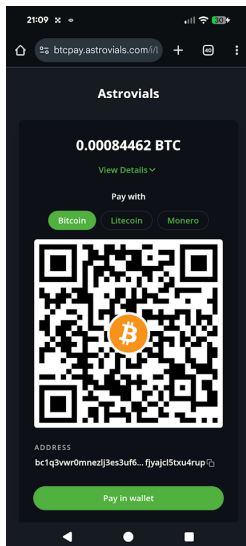
Then, once the bitcoin has figured out its way to your OKX account (which takes like 30 minutes because it's a really good currency) you withdraw it to your crypto wallet.



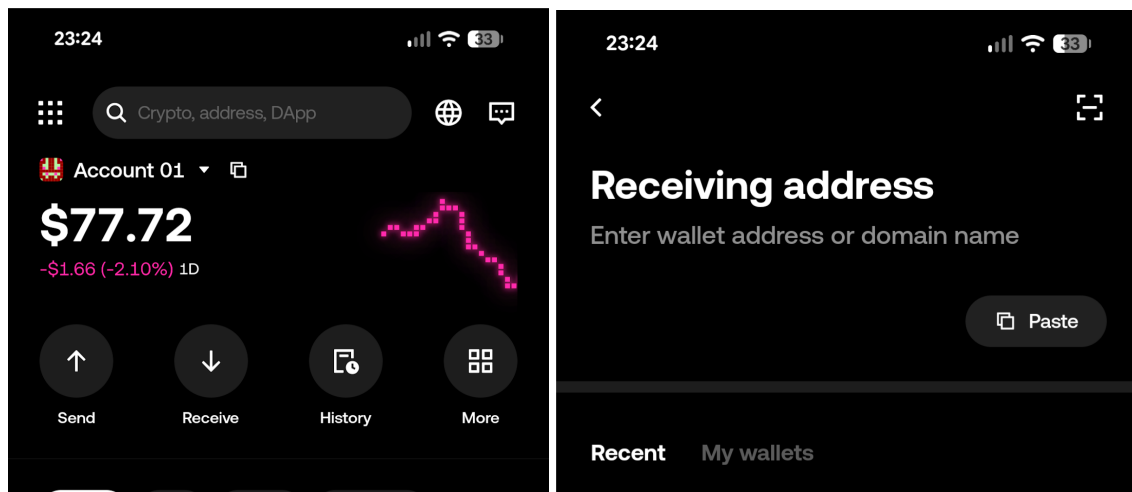
I use OKX wallet for this , you copy the address from the app, put it into the withdraw section with the matching network. And then wait for bitcoin to actually transfer into the account again.



At this point you're nearly free, and can pay by going to send money, and copying the address that they give you on the site you're using



Go to send on the wallet and paste address



Let me know if there's any unclearness in this or anything you'd improve upon. I'm mostly just writing this for crypto and a quick guide but obv if I can make it more useful that's good.

(if you didn't reach this from my account and want to contact uhh, huge nsfw and hard kink warning lol)

<https://bsky.app/profile/sillydollthing.bsky.social>