

2026/2027 JV Indoor Meet #3

Wednesday, January 13th, 2027

Birmingham, AL CrossPlex

Co-hosted by Hoover, Northridge,
Spain Park, Vestavia Hills

Facility & Admission

6 lane hydraulic banked track. Timing will be FAT. Admission will be free for students, \$5 for those 65 & over, \$10 for other adults. AHSAA coach's cards accepted. Coaches w/o cards-\$10. Tickets can be purchased at gofan.co (<https://gofan.co/event/5498750?schoolid=AL1076>) Cash will be accepted also.

Equipment

Starting Blocks for hurdles only and shots will be provided—leave yours at home.(no blocks in 60 dash)

Coaches: The JV meets are not intended for state-qualifying varsity athletes. We realize that due to unique circumstances, sometimes it's necessary to enter your varsity athlete. However, this should be the exception and not the rule. Please honor this request.

Entries & Registration

6A-7A schools are expected to also enter the weekend meets. This is not intended for your entire A team. There is no entry limit. There will be no team score. **Athletes may enter up to 3 events including relays.** Registration will be online at <http://al.milesplit.com> **beginning 01/06/2027.**

Entry Fee

Entry will be \$15 per athlete. There will be a maximum fee of \$750 per school. **Checks should be payable to Hoover HS Indoor Track** and should be brought to the meet (or a copy of the purchase order for the meet fee) . Without such, athletes from the non-paying school will not be able to participate. These fees must be paid before future entry into subsequent meets will be allowed. See contract information at registration site for explanation and greater detail. Schools can write/mail checks to: **Hoover HS Indoor Track, 1000 Buccaneer Drive, Hoover, AL 35242.** If mailed, bring PO for verification: **No "check is in the mail" explanations allowed on race day.**

Entry Deadline

Tuesday, January 12th, 8:00 a.m. CST. No entries will be taken after that time! Performance lists will be posted ASAP after that on AlabamaRunners.

Sanctioning

The meet will be sanctioned by the AHSAA.

Verification of Entry

A Printout of your entries will serve as your verification of entry into the meet.

Clerking / Scratches

There will be no additions at the meet. **Check in will be when called to the clerk. We will not reheat for scratches. Coaches—please be accurate with your entries.**

Awards

There will be no awards at this meet.

Rules

We will use the National Federation rulebook for any rule disputes. Additional AHSAA rules apply.

Scoring **None**

Field Events Each jumper/thrower will have 3 attempts with no finals. In the shot put and horizontal jumps, the first mark will be measured, and then subsequent attempts must meet the standards below to also be measured. The meet director may change this at his discretion.

Minimum Marks	<u>Event</u>	
	Long Jump	All
	Triple Jump	measurement
	Shot Put	made
	PV	6'/8' opening
	High Jump	3'10/4'10

Appeals Any appeal must be given to the referee in writing accompanied with \$25.00 within 30 minutes of infractions. If appeal is upheld, the money will be refunded. Appealable offenses are misapplications of NFHS rules. Judgment calls cannot be appealed.

Contacts Meet Director: Devon Hind (Cell)205-807-9144 Coachdevonhind@gmail.com

Schedule of Event

1:30 start time--Rolling schedule (2026 meet ended at about 9:30)

TRACK EVENTS (Girls compete first in all events)

1600
400
60 Hurdles
60 Dash
800
4 x 200

FIELD EVENTS

2:00 High Jump—boys and girls on separate pits at same time
2:00 Girls Shot put/followed by boys shot put
2:00 Long Jump—boys and girls on separate pits at same time
2:30 Pole Vault—boys and girls on separate pits at same time
 Triple Jump immediately follows long jump

Additional IMPORTANT information:

****Each in-state registering school should be prepared to provide one capable adult volunteer to work one field event for each meet that they participate in. We hope to not have to call upon you for this.**

****Coach's cards will be checked at the gate. Adults who do not have coach's cards will be charged a normal gate fee of \$10.**

****¼ inch pyramid spikes only—athletes must go through a spike check before competing. A set of ¼" spikes will be available for purchase for \$5 per pair of shoes at the spike check-in area.**

****Only athletes/coaches are allowed in the warm-up area.**

****Concessions will be available for purchase.**

****A swimming meet may be taking place at the same time as our track meet. Plan to get here early so you don't get caught in traffic.**

****Parking is now \$10 at The CrossPlex for this event. The City of B'ham collects this parking fee. They will accept credit cards, debit cards, checks and mobile payments such as Apple Pay, Samsung Pay and Google Pay. They will work to accommodate other forms of payment if necessary when possible. Parking in the shopping center lot and walking to The CrossPlex will get your car towed.**

****This is a high school sanctioned event. Only member schools may participate. Track Clubs and unattached athletes are NOT allowed to participate.**

**LOCATION: The CrossPlex is located in Birmingham, Alabama at 2340 Crossplex Blvd, 35208
Take I-20/59 to exit #120. Go south for 1 mile and The CrossPlex is on your left.**

Additional Indoor Track Season 2023-24 points of interest

Doors will open at 1:30 p.m.

Only essential personnel are allowed on the Mondo surface. This would include competing athletes, officials, volunteers and coaches in coaching boxes.

Athletes will be expected to know their heat and lane assignments. Heat sheets will NOT be posted. All of this information is available on-line @ xpresstiming.com or al.milesplit.com.

All results can be found on-line as well. Results will NOT be posted after the competition.

Officials will line up athletes when they are 5-10 minutes away from competition to alleviate large numbers of athletes waiting in the corals for a long period of time. Athletes will get their number prior to this time, so the athlete will need to know what lane they have been assigned so they get the correct number. The official will NOT have time to look up this information for the athlete.

After finishing a dash race, the athlete will immediately exit the Mondo surface in the direction the volunteers direct them to.

After finishing a race on the oval, athletes will remain on the inside of the track near the finish of the dashes. After the next race has started, the athletes will then exit the track near the long jump pit and then immediately exit the Mondo surface without heading back toward the clerking area.

Christy Mixon will oversee suite rental starting October 1st. She can be contacted by emailing her; Christy.Mixon@birminghamal.gov or by calling the Crossplex directly.