## K-2 Specials Free Choice Board









Music

SIC

Carnival of the Animals:
First, watch Ms. Dean introduce the composer.
Then, choose one of the animals below! While you're listening, make a movie in your mind. What's happening? What do you see? Draw a picture of your movie!

Lions, Cuckoo, or Aquarium?

**Building Challenge:** 

Find sticks, stones, leaves, sand, pine cones, etc from your yard or on a walk and create a sculpture out of what you find.

Travel through your living space following these directions 15 at home challenges. going over, under, through and around. How quickly can you get through the whole list?

## Pete the Cat:

Read and sing along to the book. After, read the book one more time, but this time, play the steady beat on something different each time the color changes (for example, when they're white I clap, when they're blue I stomp, when they're red I hit a pot). Have fun!

Dare to be different:

Draw 3 or more shapes using your toes instead of your hands. You can use a pencil, pen, marker, sidewalk chalk, whatever you can hold with your toes. Use your leg and your foot to move what you're writing with around.

Towel Fitness and Fun.

Try these awesome towel challenges. All you need is a towel, and a partner for some of the activities. You will need a partner for activities like tag, tug of war, resistance run, ski pull, partner stand and tossing games but all fitness challenges can be done individually.

Feeling silly? Want to get some wiggles out? Here's some great movement songs!

- 1)Piano and **FORTE** dance
  Dance how the music sounds
- 2) Clap Attack
- 3) Tony Chestnut
- 4) Mario Just Dance

Drawing Challenge: What is your favorite animal? Draw a picture of your animal and include where it lives. Simon Says: Don't let Patty Shukla trick you in this Simon Says song and dance. After you follow along with the video see if you can trick someone in your home with some sneaky moves of your own in a game of Simon Says.

Please fill out <u>THIS FORM</u> to let us know if you have any questions or to show us any pictures of your work!