

NOVEMBER 2025 BREAKFAST for FCPS

Choose 1 Entrée (Donut & Cereal offered daily) -Choose 1 or 2 Fruit & 100% Fruit juice-Choose 1 Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 NO SCHOOL	4 NO SCHOOL	5 NATIONAL DONUT DAY Assorted Donuts	6 Bacon, Egg & Cheese Croissant Egg & Cheese Croissant	7 Breakfast Bread
10 Sausage Croissant Egg Croissant	11 Uncrustables Honey, Chocolate or Strawberry 	12 Chicken Biscuit Egg Biscuit	13 Berries & Cream Overnight Oatmeal	14 Apple Frudel Cherry Frudel
17 Breakfast Bar	18 Bacon, Egg & Cheese Croissant Egg & Cheese Croissant	19 Cinnamon Roll	20 Egg & Cheese Biscuit	21 Assorted Donuts
24 Sausage Biscuit Egg Biscuit	25 Breakfast Bread	26  Thanksgiving Break No School	27  Thanksgiving Break No School	28  Thanksgiving Break No School

NOVEMBER 2025 LUNCH for FCPS

Choose 1 Entrée (Meat & Grain)-Choose 1 or 2 Vegetables-*Choose 1 Fruit -Choose 1 Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 NO SCHOOL	4 	5 PBJ OR Yogurt Combo OR Hot Dog on a Bun Baked Beans Corn 100% Fruit Juice	6 PBJ OR Yogurt Combo OR Pizza Greek Salad Baby Carrots w/dip 100% Fruit Juice	7 PBJ OR Yogurt Combo OR Chicken Filet Sandwich French Fries Broccoli Salad
10 PBJ OR Yogurt Combo OR Pull-Aparts Corn Caesar Salad 100% Fruit Juice	11 PBJ OR Yogurt Combo OR Chicken Potsticker w/ teriyaki sauce Vegetable Egg Roll Broccoli	12 PBJ OR Yogurt Combo OR Hamburger/Cheeseburger / Bacon Cheeseburger Baked Beans Red Pepper Strips w/dip 100% Fruit Juice	13 PBJ OR Yogurt Combo OR Popcorn Chicken Mashed Potatoes Grape Tomatoes	14 BREAKFAST AT LUNCH PBJ Uncrustable OR Yogurt Combo OR Sausage Links & French Toast Tater Tots Veggie Juice
17 PBJ OR Yogurt Combo OR Chicken Filet Sandwich French Fries Baby Carrots w/dip 100% Fruit Juice	18 PBJ OR Yogurt Combo OR Pizza Winter Squash Tossed Salad	19 PBJ OR Yogurt Combo OR Chicken Alfredo Broccoli Sweet Potatoes w/Marshmallows	20 PBJ OR Yogurt Combo OR Corn Dog or Corn Dog Nuggets Baked Beans Sliced Cucumbers w/ dip	21 PBJ OR Yogurt Combo OR Hamburger/Cheeseburger/ Bacon Cheeseburger French Fries Green Beans 100% Fruit Juice
24 PBJ OR Yogurt Combo OR Popcorn Chicken Mashed Potatoes Green Beans Cookie	25 PBJ OR Yogurt Combo OR Taco Salad w/ Doritos Salsa Fiesta Beans Corn 100% Fruit Juice	26 	27 	28 

* 100% Juice or Juice cups are not served to PreK students during breakfast *At least 80% of grains offered weekly are whole grain rich

*Pizza served daily at FMS

*Chicken Sandwiches & Assorted Deli Sandwiches served daily at FCHS *FCHS may choose 1 or 2 fruits

USDA is an equal opportunity provider, employer, and lender. **Menu is subject to change without notice based on availability of items.**