LORIO FORENSICS
Psychiatry, Psychology and Social Work Expertise

Johannil Napoleón, PsyD, LPC, ATR

675 Seminole Ave NE, Unit T-03 ⚫ Atlanta, GA 30307
Phone: 800-218-8490 ⚫ Fax: 844-270-0342
E-Mail: Admin@LorioForensics.com

Education

Master of Arts, Arts Therapy, 2013
School of the Art Institute of Chicago

Master of Arts, Clinical Psychology, 2020
Adler University

Doctor of Psychology, Clinical Psychology, 2023
Adler University

Licensure and Certification

Licensed Professional Counselor (LPC) as of 2016

Registered Art Therapist (ATR) as of 2017

Language Proficiency

Native Spanish speaker, fully bilingual

Work Experience

Private Practice Telehealth Bilingual Psychotherapist at Cartwheel Care June 2025 – Present

- Provide weekly telehealth individual and family therapy sessions (long-term and short-term therapy) to children and adolescents in Spanish and English with a range of mental health concerns (e.g., anxiety, depression, emotion dysregulation) related to interpersonal relationships, academic problems, and trauma
- Conduct intakes, mental health assessments, crisis interventions, and submit progress notes

Forensic Psychology Post-Doc at Lorio Forensics May 2025 – Present

- Under the supervision of a Licensed Forensic Psychologist
    - Conduct comprehensive psychological assessments of individuals involved in the criminal justice system, including risk, mental state, and fitness to plead evaluations
    - Contribute to expert opinion and written reports for use in court proceedings, parole hearings, and legal tribunals
    - Collaborate with multidisciplinary teams, including legal professionals, social workers, and clinical teams, to inform case management and treatment planning
    - Contribute to evidence-based recommendations on treatment, rehabilitation, and risk management of individuals with complex mental health and forensic needs

Private Practice Telehealth Psychiatrist at Chicago Human Potential February 2021 – April 2024

- Clinical care including assessment, diagnosis and treatment of children, adolescents and adults
- Facilitated weekly telehealth individual therapy sessions (long-term and short-term therapy) to young adults with a range of mental health concerns (e.g., anxiety, depression, PTSD) related

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to interpersonal relationships, academic problems, and trauma

- Conducted intakes, mental health assessments, crisis interventions, and submitted progress notes

Social Service Clinician at Garfield Park Hospital January 2019 – August 2022

- Conducted mental health assessments to children and adolescents in a marginalized community, 5-17 years old, inpatient psychiatric unit with severe mental health diagnoses and behavioral issues
- Communicated with diverse families concerning their child's treatment and provided family therapy as needed
- Implemented crisis interventions when appropriate

Contract Art Therapist at Broader Urban Involvement & Leadership Development (BUILD) June 2019 - August 2019

- Facilitated group therapy and psychoeducation to African American adolescent girls at Leland Elementary School, in a socioeconomically marginalized Black community
- Developed a weekly curriculum for group therapy sessions and provided art therapy and cognitive behavioral therapy

Bilingual School-Based Mental Health Counselor at Brighton Park Neighborhood Council October 2017 - September 2018

- Facilitated group therapy and psychoeducation to African American adolescent girls at Leland Elementary School, in an underserved Black community

Bilingual Children, Adolescent and Adult Psychotherapist at Pilsen Wellness Center February 2015 - July 2015

- Conducted individual and family assessments and therapy with children, adolescents, and adults from under-resourced communities with severe mental health presentations (e.g., Autism Spectrum Disorder, Post Traumatic Stress Disorder, Bipolar Disorder, and Major Depressive Disorder)
- Provided crisis intervention, advocacy, case management, and initial treatment planning

Contract Bilingual Art Therapist at Mariposa DR Foundation August 2014 - February 2015

- Facilitated weekly individual and group social-emotional support sessions in Spanish to children and adolescent girls and their families in an underserved community
- Planned and led collaborative community art projects

Supervised Clinical Experience

Emory University School of Medicine, Department of Psychiatry and Behavioral Sciences, Children's Healthcare of Atlanta (CHOA) September 2023 - September 2024
Postdoctoral Psychology Resident, Aflac Cancer and Blood Disorders

- Provided psychological support to children, adolescents, and young adults with hematological and oncology diagnoses such as sickle cell disease, leukemia, osteosarcoma, and brain tumors
- Conducted outpatient and inpatient consultation-liaison services which include clinical interviews, brief interventions, and addressing patient and family concerns (e.g., adjustment to diagnosis, coping with the disease, medication adherence issues, behavioral and mood concerns, academic difficulties, end-of-life concerns)
- Collaborated with a multidisciplinary team of physicians, advanced-practice providers, nurses, and care managers to meet patients' physical and psychological needs
- Referred children and their families to psychological and psychiatry services for continuation

of care
- Conducted risk assessments, crisis interventions, and safety planning when necessary.

University of North Carolina Chapel-Hill August 2022 - July 2023
Internship
- Provided weekly individual brief therapy, long-term therapy, and group therapy to young adults in a diverse university setting presenting with various mental health presentations (e.g., anxiety, OCD, trauma, sexual assault, depression, chronic fatigue, grief and loss, emotional dysregulation, interpersonal issues)
- Provided crisis intervention and weekly triage services to patients endorsing behaviors associated with suicidal ideation, psychotic episodes, and self-harming behaviors
- Conducted academic intervention assessments, and intakes to develop individualized treatment plans.

Mount Sinai Hospital, Under the Rainbow: Children's Outpatient Mental Health Services August 2021 - June 2022
Advanced Extern
- Provided weekly individual and family therapy with children, adolescents, and their families at an outpatient clinic in an underserved Latinx and African American community, and with a diverse presentation of mental health concerns (e.g., anxiety disorder, depression, PTSD, and difficulties with attachment)
- Conducted crisis intervention, treatment planning, comprehensive mental health assessments for assigned patients, and submitted progress notes
- Collaborated with parents and attended IEP (Individualized Education Plan) meetings with teachers to provide feedback on patients' socioemotional status and overall functioning

AMITA Health St. Joseph Hospital, Diamond Headache Clinic May 2021 - August 2021
Supplemental Diagnostic Extern
- Administered cognitive and neurological testing to adolescents and adults in an inpatient unit, predominantly presenting with somatic symptom disorder and concerns of chronic headache pain with histories of trauma

- Completed psychological reports which consisted of interpretation of scores, diagnosis, and recommendations then facilitated feedback sessions with patients.
- Led psychoeducational groups on pain management and educated patients on biofeedback to help patients reduce their pain

DePaul University September 2020 - June 2021
Therapy Extern
Primary Supervisor- Rachana Doshi, PsyD, LP

- Directed weekly individual therapy sessions, utilizing a brief model, with adults in a university setting presenting with a range of mental health concerns (e.g., anxiety, depression, PTSD, and eating disorders) related to interpersonal relationships, academic problems, sexual orientation, and trauma histories

University of Chicago Sonia Shankman Orthogenic School August 2019 - July 2020
Diagnostic Extern

- Administered psychological testing and completed psychological reports for children and adolescents in a residential and therapeutic day school setting, presenting with emotional and behavioral issues related to interpersonal concerns, traumatic experiences, and developmental difficulties (e.g., diagnoses: autism spectrum disorder (ASD), PTSD, generalized anxiety, ADHD)

A Long Walk Home August 2012 - May 2013
Art Therapist Intern

- Conducted individual and group therapy sessions with adolescent girls, in an underserved community, impacted by sexual violence and other traumatic experiences
- Facilitated and planned self-care and sex education workshops for adolescent girls
- Assisted in organizing rallies regarding community/city-wide social issues related to gender-based violence and sexual violence

Loretto Hospital January 2012 - July 2012
Art Therapist Intern
Co-led group and individual therapy sessions with adults diagnosed with severe mental illness (e.g.,

schizophrenia and major depressive disorder with psychotic features) and addictions in an adult inpatient psychiatric unit

- Conducted clinical interviews with patients 18 –60 years of age

Academic Appointments

Adjunct Assistant Professor, Department of Psychiatry and Behavioral Sciences, Morehouse School of Medicine September 2024 - present

- Provide supplemental supervision to psychiatry fellows in their child and adolescent psychotherapy rotation.

Adjunct Lecturer, Art Therapy Department, School of The Art Institute of Chicago December 2019 - April 2023

- Instruct, create and implement the course, Introduction to Art Therapy, to undergraduate and graduate level students

Professional Memberships and Organizations

Society of Pediatric Psychology (SPPAC) 2020 - present

Black Art Therapist Network 2020 - present

- Founder

American Psychological Association 2020 - Present

Publications

Napoleón, J., (2024). Sangre Negra: Narratives and reflections on colorism and heritage from a Black/Afro-Dominican Haitian Latina. In R. E. Hall & N. Mishra (Eds.), *The Routledge International Handbook of Colorism* (1st ed., pp. 321–337). Routledge. https://doi.org/10.4324/9781003410676-25

Bluvshtein, M., Wilson, M., Moore, T., **Napoleón, J.**, & Watkins, K. A. (2021). Kenneth B. Clark and his "implications of adlerian theory for understanding of civil right problems and actions": 54 years later. *Journal of Individual Psychology*, *77*(3), 253–275.

Napoleón, J., (2021). Navigating U.S. citizenship and colorism in the D.R.: A Black Latinx art therapist's experience. *Voices: A World Forum For Music Therapy*, *21*(1), 1-15.

Peer Reviewed and Invited Continuing Education Unit Presentations

Napoleón, J. (2024, August). *Creating a successful and sustainable diversity, inclusion, and social Justice committee* [Oral Presentation]. American Psychological Association, Seattle, Washington.

Napoleón, J., Bundy, T. L., Kegler, C. M., Upshaw, N., Effinger, E. K., Marchak, G. J. (2024, September). *Colorism as a barrier to health behaviors among adolescent-aged childhood cancer survivors and their caregivers*. [Poster Presentation]. Pediatric Research Conference 2024 at Georgia Institute of Technology, Atlanta, Georgia.

Napoleón, J., Fitch, K. (2024, April). *Spirituality and religion in chronic pain, cancer, and palliative care*. [Oral Presentation]. Emory University School of Medicine/ Children's Healthcare of Atlanta Diversity Seminar, Virtual Presentation.

Napoleón, J. (2022, October). *Hypnosis and cancer pain in Black/African American Children*. [Poster Presentation]. Society for Clinical & Experimental Hypnosis 2022, Virtual Conference.

Napoleón, J. (2022, April). *Civil rights as psychological necessity*. [Oral Presentation]. 2022 Annual Adler Conference, Switzerland, Europe.

Napoleón, J. (2021, July). *Navigating higher education as a BIPOC student and how to cope*. [Oral Presentation]. DePaul University's Center for Access and Attainment, Chicago, IL.

Napoleón, J. (2021, March). *Colorism and racial trauma*. [Oral Presentation]. DePaul University Counseling Center, Chicago, IL.

Napoleón, J., Sosina, W. (2021, February). *Black psychology*. [Oral Presentation]. Adler University Common Hour, Chicago, IL.

Napoleón, J. (2020, September). *Colorism and its impact on mental health in the Latinx community*. [Oral Presentation]. Adler University Common Hour, Chicago, IL**.**

Napoleón, J. (2020, August). *Wo[mannequin]: African American adolescent female survivors of childhood sexual abuse rediscovering the body*. [Poster Presentation]. American Psychological Association Annual Conference, Virtual Conference.

Napoleón, J., Dimes, T. (2020, March). *Colorism and its impact on mental health in the Latinx community*. [Oral Presentation]. 10th Annual Multifaceted Themes of Diversity Conference, Chicago, IL.

Napoleón, J. (2019, August). *Wo[mannequin]: African American adolescent female survivors of childhood sexual abuse rediscovering the body*. [Oral Presentation]. Association of Black Psychologists Conference, Orlando, FL.

Napoleón, J. (2018, November). *Wo[mannequin]: African American adolescent female survivors of childhood sexual abuse rediscovering the body*. [Oral Presentation]. 9th Annual Multifaceted Themes of Diversity Conference, Chicago, IL.

Napoleón, J. (2018, March). *Living as a Black artist.* [Oral Presentation]. Project Onward, Chicago, IL.

Napoleón, J. (2017, April). *Art: The language of healing.* [Oral Presentation]. University of Illinois at Chicago, Chicago, IL.

Napoleón, J. (2016, September). *Healthy minds/mentes sanas.* [Oral Presentation]. Columbia College Chicago's Parent Conference, Chicago, IL.

Bohanan, V., **Napoleón, J.** (2014, July). *Art therapy in Black*. [Oral Presentation]. American Art Therapy Association Conference: Tribalizing the Future, San Antonio, TX.

Napoleón, J., Tillet, S. (2014, June). *Art and social activism*. [Oral presentation]. Chicago Poetry Foundation, Chicago, IL.

Napoleón, J., Tillet, S. (2014, June). *Art therapy with Black female adolescent survivors of gender-based violence.* [Oral Presentation]. Ovm Step: Institute on Prevention and Response to Sexual Violence & Stalking, and The Use of Technology in Secondary School Conference, Boise, ID.

Select Activities and Community Service

North Carolina Neuroscience Hospital, Pediatric Emergency Department, Level I Pediatric Trauma Center Volunteer, October 2022 - June 2023

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