

SL: New study revealed: Lose 48 pounds per year by eating fried foods and desserts.

That's right...

The people in this study followed a simple cookbook filled with recipes like french fries, chicken tenders, and cheesecakes.

And those "unhealthy" foods were the only kind of food this group of people ate for a full year... and the average person lost 48 pounds that year.

These people laughed when they thought about how everyone else was eating bland rice, plain chicken, and broccoli to lose weight...

[Click here to discover this very cookbook filled with 70 recipes of fried foods and desserts that burn 48 pounds of fat from your belly each year.](#)