

Solon High School

Post-Secondary Action Steps #NextSteps

Information for Seniors



SHS School Counseling Department

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Mrs. Rooney, Counseling Secretary 349-7304 **jenniferrooney@solonboe.org**

<https://sites.google.com/solonschools.net/shsschoolcounseling/home>

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SHS College/Career Planning “TO DO LIST” for SENIORS

1. Register/retake the ACT and/or SAT if you would like to try to raise scores:

- Register early – sites will fill quickly.
- **SEND YOUR TEST SCORES** to colleges from the testing companies. Use your ACT and/or SAT online accounts to complete this process.
- **There is no special testing for the SAT at Solon High School. Additionally, Solon High School does not offer ACT special testing in December or June.**

*****TEST DATES FOR 2026-2027 School Year*****

ACT: www.actstudent.org		SAT: www.collegeboard.org	
<u>Test Date</u>	<u>Register By</u>	<u>Test Date</u>	<u>Register By</u>
September 19*	August 14	August 22*+	August 7
October 17*	September 11	September 12*+	August 28
December 12+	November 6	October 3+	September 18
February 27+	January 22	November 7+	October 23
April 10*	March 5	December 5+	November 20
June 12+	May 7	March 6+	February 19
July 10+	June 4	May 1*+	April 16
		June 5*+	May 21

*Tests offered at SHS

+No Special Testing at SHS

2. Submit required forms to SHS School Counseling Office or to Recommending Teachers:

- Submit the TRANSCRIPT RELEASE FORM to Mrs. Rooney electronically (<https://sites.google.com/solonschools.net/shsschoolcounseling/transcripts>).
- Update your SchoolLinks “Profile/Resumé.”
- Ask teacher(s) if they can write a recommendation letter either verbally or via email.
- **If the teacher accepts, you must submit an electronic request via SchoolLinks.**

2. Apply to colleges or other post-secondary choices:

- Counselors will meet with all seniors in groups in early September to review the college application process, then meet individually with each student to provide specific advisement for future planning.
- If you have not yet determined the list of colleges to which you will apply, use the “School Search” feature in SchoolLinks.
- Instructions for creating a parent/guardian account can be found here: <https://sites.google.com/solonschools.net/shsschoolcounseling/college/schoollinks>.
- Use SchoolLinks to find information on **college representative, trade union, and military visits to SHS.** Use SchoolLinks to register to attend presentations in the fall of your senior year. In-person visits will run during the school day for the 2026-2027 school year.
- **Make time to visit college campuses.** Go to the college websites to register for virtual tours and/or in-person tours and info sessions.
- **Update/use your account on SchoolLinks** to keep track of your college application process.
- The ASVAB CEP (Career Exploration Program) is an optional career assessment that will be offered on October 16th. Scores are not reported to the military and can be used to help align academic strengths with related careers.

3. Explore Financial Aid Resources:

- Complete the FAFSA as soon as it opens (October 1st).
- Parents/seniors may make an appointment to meet with our Financial Aid Advisor from *College Now Greater Cleveland* through the School Counseling website (<https://sites.google.com/solonschools.net/shsschoolcounseling/financial-aid-scholarships/college-now-financial-aid>).
- Apply for local scholarships. Information will be posted on our website and mailed to all seniors at the end of January. Be sure to adhere to the deadlines for all scholarship applications.
- Use the School Counseling webpage for more financial aid resources.
- Make an appointment with the financial aid offices at the colleges you are considering.

4. Continue to strive for your academic best:

- College admissions use a holistic review which considers GPA, rigor of curriculum, ACT/SAT scores, contributions to the community, and extracurricular activities.
- Be sure to earn solid grades in the senior year and take a core course load. Colleges will request mid-year and final grades for senior year which could change admissions decisions.

Solon High School Seniors **Applying to College!**

1. Apply to the college/university.
2. Log in to your SchoolLinks account and follow the attached process.
3. Submit test scores (if required) by logging in to your www.actstudent.org and/or www.collegeboard.org accounts.

REMEMBER:

- Register with the NCAA Eligibility Center (if applicable) – <https://web3.ncaa.org/ecwr3/>
- Always allow two weeks for processing of materials before a deadline.

DEADLINES 2026-2027

The SHS Counseling Office requires that all processing requests be submitted to the office *two weeks before the college application/scholarship deadline!*

College Application Deadline:

OCTOBER 15

NOVEMBER 1

DECEMBER 1

JANUARY 1 – MID-JANUARY



SHS Processing Request Deadline:

OCTOBER 1

OCTOBER 15

NOVEMBER 11

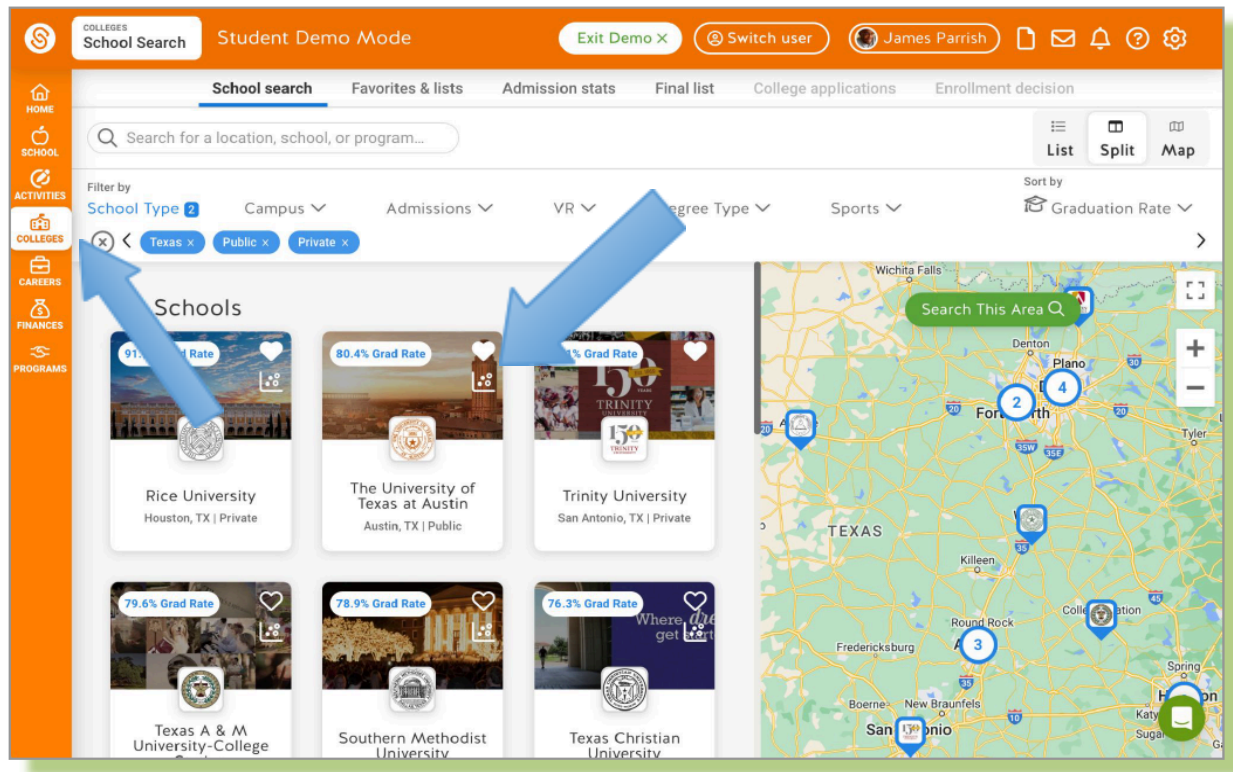
DECEMBER 8

Please remember that the School Counseling Office is closed during Thanksgiving Break and Winter Break. We want to ensure that we have the appropriate time to spend on each request for processing, writing

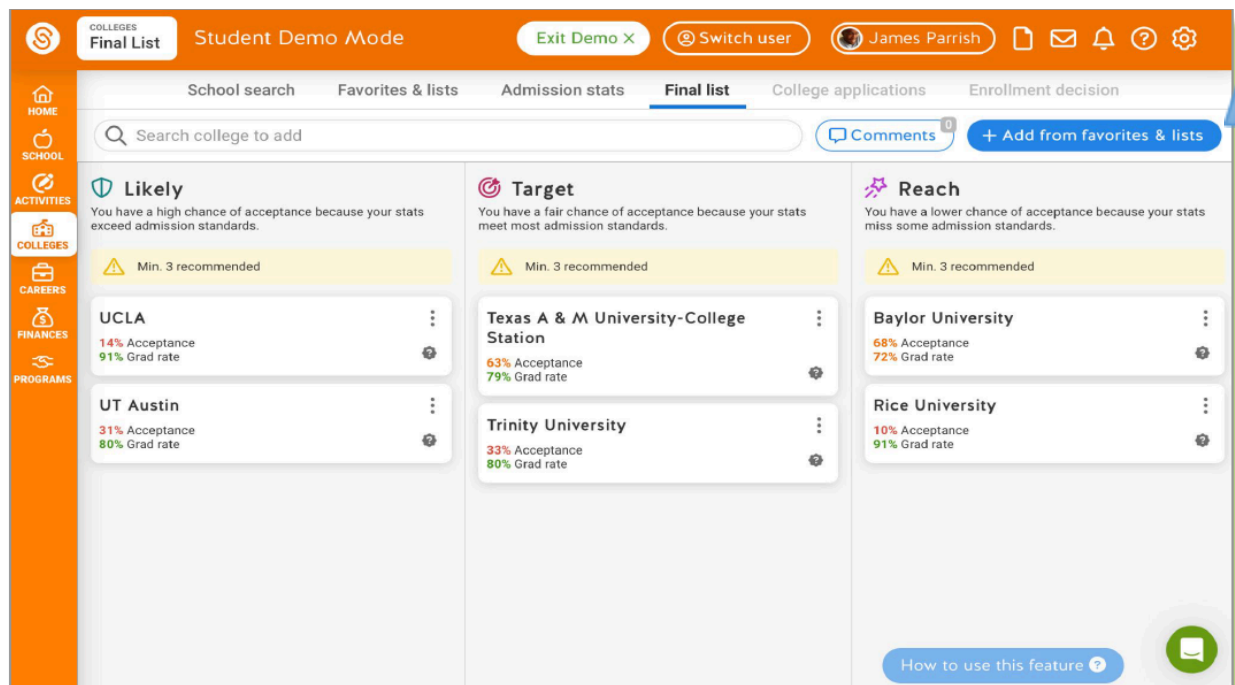
recommendation letters, and completing forms. Please check with your counselor if you have any questions.

SHS Seniors: Managing the College Application Process with SchoolLinks

1. Log in to your SchoolLinks Account and on the home screen, click on *Colleges > School Search*. On the School Search screen, you can search directly by location, school, or program. Use the filter option to further narrow or expand the search results. Click the school card to open the School Profile. Click on the heart to add the school to your “Favorites & lists.”



2. Once you have your list of “Favorites & lists,” use the “Final List” feature to add them from your “Favorites & Lists.” The “Final list” should reflect all the colleges/universities that you are applying to this fall.



3. Once you have your “Final List” completed, click on the “College applications” tab at the top of the screen. You will be prompted to complete a 3-step setup process.

- a. Personal Details – Complete this information accurately.

PERSONAL DETAILS | FEE WAIVER ELIGIBILITY | FERPA WAIVER

Personal information
Use the same information you are using in your college application forms.

Birthdate
07/12/23

Home address
Use the same home address you are using in your college application forms. This is needed for some documents your counselor needs to send to colleges.

Street Address
3500 Rockmont Drive

Apt, suite, etc (optional)

City
Denver

State
CO

Zip/postal code
80202

When you add or update your address here, SchoolLinks will update the address for your account.

Next →

- b. Fee Waiver Eligibility – Check the appropriate box ONLY if you qualify for a fee waiver. If not, click on the box titled “None of the above apply.”

PERSONAL DETAILS | **FEE WAIVER ELIGIBILITY** | FERPA WAIVER

Do you qualify for an application fee waiver?
The cost of applying to colleges can add up! Some colleges waive application fees for students who demonstrate financial need.
To see if you qualify, check off any boxes that apply to you.

☐ Student has received or is eligible to receive an ACT or SAT testing fee waiver.

☐ Student is enrolled in or eligible to participate in the Federal Free or Reduced Price Lunch program (FRPL).

☐ Student's annual family income falls within the income Eligibility Guidelines set by the USDA Food and Nutrition Service.

☐ Student is enrolled in a federal, state or local program that aids students from low-income families (e.g., TRIO programs such as Upward Bound).

☐ Student's family receives public assistance.

☐ Student lives in federally subsidized public housing, a foster home, or is homeless.

☐ Student is a ward of the state or an orphan.

OR

☐ None of the above apply.

- c. FERPA Waiver – You MUST complete the FERPA waiver. This gives your School Counselor permission to send your transcript and other school forms to colleges. Solon High School teachers WILL NOT write a letter of recommendation for you if you do not waive your right to view the recommendation letter. You will be prompted to do this after checking the box.

PERSONAL DETAILS | **FEE WAIVER ELIGIBILITY** | **FERPA WAIVER**

How does FERPA relate to your college application?

- FERPA gives you the right to review letters of recommendation if you are enrolled in college that saves the recommendations, OR you are 18 or older.

To waive or not to waive?

- Waiving your right lets colleges know that you don't intend to read your recommendations, which helps reassure colleges that the letters are candid and truthful.
- If you choose not to waive your right, some recommenders may decline to write a letter for you, and some colleges may disregard letters submitted on your behalf.

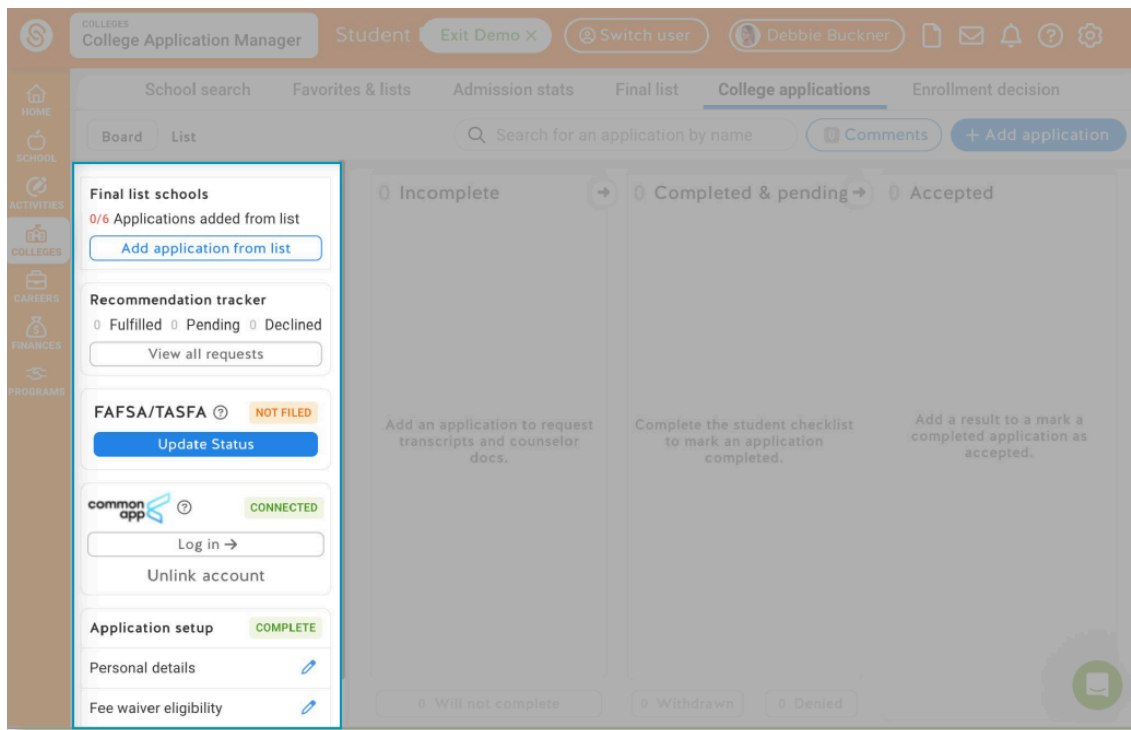
Still unsure how to respond?

- That is OK. Many students are. Before you move on, take a moment to discuss your decision with your counselor, another school official, or your parent/legal guardian. You can also read our [FERPA Help Article](#)

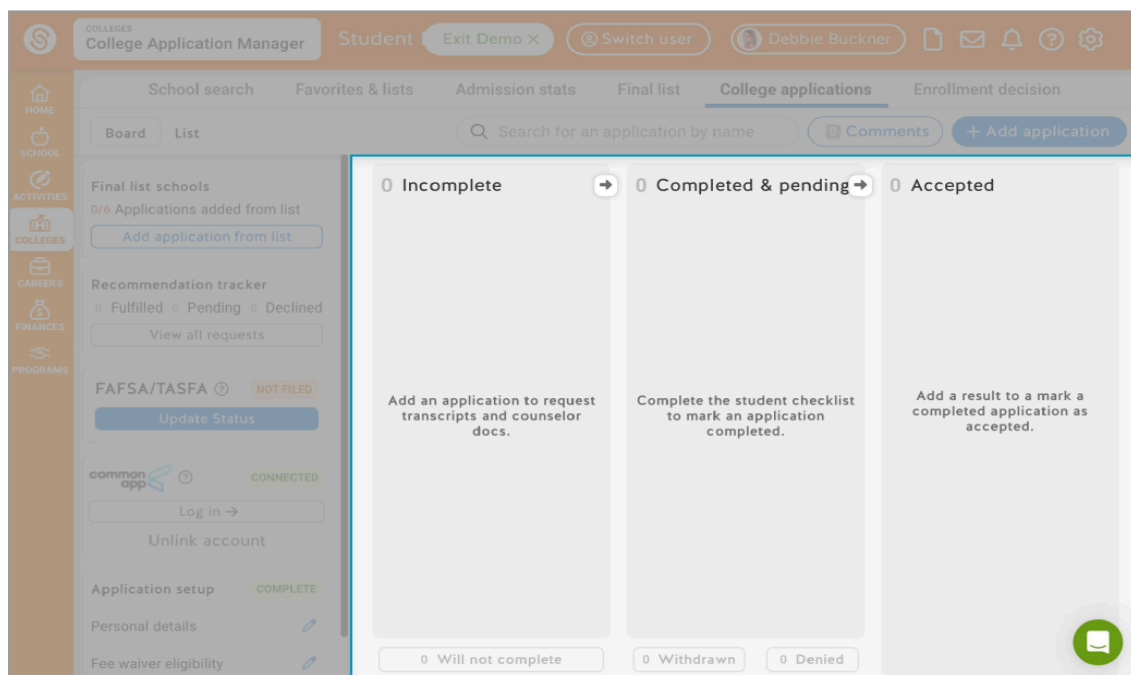
☐ I have fully read and understood the FERPA Release Authorization explanation above. I give permission for my school to release materials, including my transcript, to the colleges to which I am applying.

← Back | Finish application setup

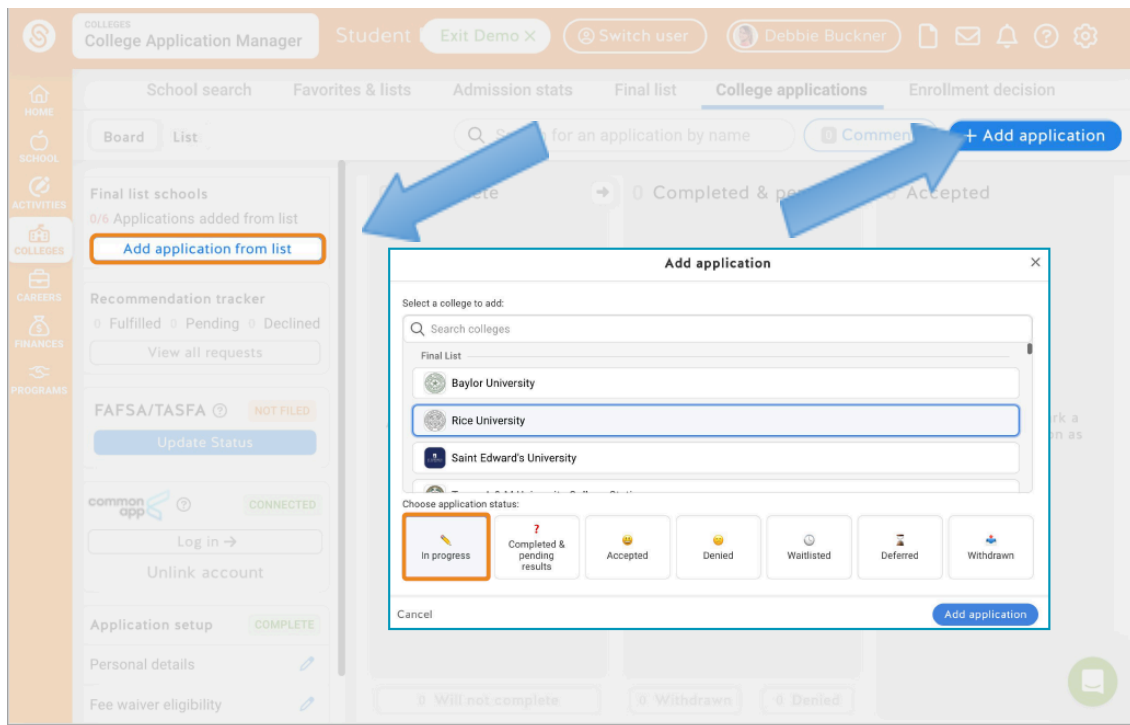
4. After completing the 3-step setup process, you will be directed to your College Applications Dashboard. This is where you can add Final List schools, use the Recommendation tracker, see the progress of your FAFSA once filed, and connect to the Common App. If you are using the Common App to submit your applications, you must link your Common App account to your SchoolLinks account by clicking on the “Link Common App Account” button. You will be prompted with a series of instructions to follow.



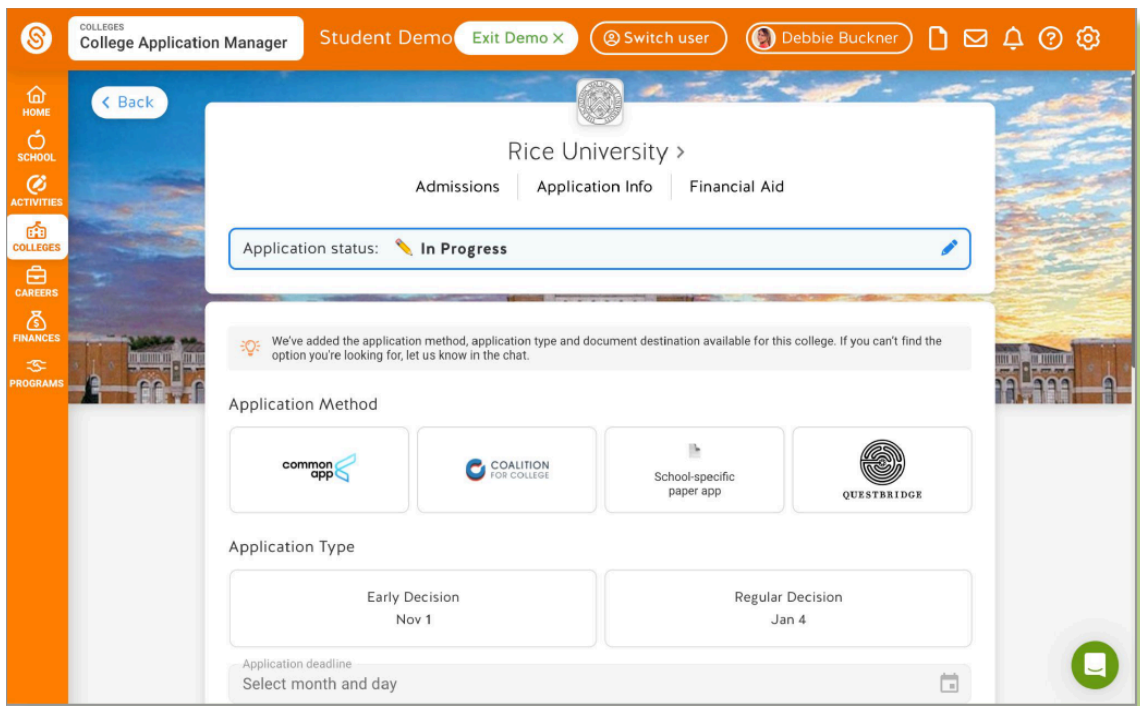
5. On the College application dashboard, you will also see a tracker for “Incomplete,” “Completed & Pending,” and “Accepted.” Once you have linked your Common App account with your SchoolLinks account, any colleges that you had listed in Common App will automatically populate in the “Incomplete” column.



6. Click on “Add applications from list” to add colleges from your “Final list.” If you want to add a college that is not on your “Final list,” click on the “+ Add application” button. Select the appropriate application status.



7. Upon adding an application, you will be prompted to select the application method, application type, and student requirements. Click “Save Application” when finished.



8. After saving, you will be prompted to manage the application. This page will list the items to be completed by you, show you the required number of teacher recommendations, and the required documents to be uploaded by your school counselor. **IMPORTANT – You must update your checklist for each college as you progress with your application(s).**

COLLEGES College Application Manager Student Demo Mode Exit Demo X Switch user Debbie Buckner

HOME SCHOOL ACTIVITIES COLLEGES CAREERS FINANCES PROGRAMS

Back

Rice University >

Admissions Application Info Financial Aid

Application status: In Progress Comments

Method	Type	Deadline	Destination
Coalition	Regular Decision	Jan 04	In Network

Submit your application forms and any required essays.

Test Scores Submit required test scores to this school through ACT or College Board.

FAFSA Submission Complete your FAFSA and set up this school to receive your application on the School Selection Page.

New Student Requirement

2 Required

Instructions from college: The two teacher recommendations serve to highlight the applicant's academic strengths and contributions in the classroom. Both of these recommendations should be from teachers of core academic subjects, and ideally one recommendation would relate to the applicant's intended area of study. Though not a requirement, we would prefer letters come from teachers who have taught the student for a full course.

Transcript Added 07/12/2023 as preset

Counselor Recommendation (General) Added 07/12/2023 as preset

Request Counselor Document

+ Add Recommender Required

9. To request a letter of recommendation, click on “+ Add Recommender.” Search for the teacher that you have asked to write you a recommendation. Be sure to follow the instructions from the college, if any, which will be listed on this page. After selecting the teacher, click “Submit Request.” Teachers are alerted via email about the request. **REMEMBER, IF REQUIRED, SELECT NO MORE THAN TWO SOLON TEACHERS TO WRITE LETTERS OF RECOMMENDATION.**

TEACHER RECOMMENDATIONS

Remember to update your student profile and communicate with your teachers before adding them as a recommender on SchoolLinks.

2 Required

Instructions from college: The two teacher recommendations serve to highlight the applicant's academic strengths and contributions in the classroom. Both of these recommendations should be from teachers of core academic subjects, and ideally one recommendation would relate to the applicant's intended area of study. Though not a requirement, we would prefer letters come from teachers who have taught the student for a full course.

+ Add Recommender Required

SELECT TEACHER ADD DETAILS

Select the type of recommendation:

☒ General (Most common)
Not specific to a college and can be assigned to any application

☐ College-specific
Customized for this college and can only be assigned to this application

Assign a teacher to complete a teacher evaluation for Rice University.
They will receive an invitation to fulfill your request on SchoolLinks.

Counselor recommendations are automatically requested if required by the college. View the status of counselor recommendations under "Counselor Documents" on the application detail page.

Search teachers

Adrian Rothfeld staff.uptight_fire@demo121.org

Albert Amsden staff.hideous_soup@demo121.org

10. In the Recommendation tracker section of your College applications page, you can track the progress of your

COLLEGES College Application Manager Student Demo Mode Exit Demo X Switch user Debbie Buckner

School search Favorites & lists Admission stats Final list College applications Enrollment decision

Board List

Search for an application by name Comments + Add application

Final list schools

4 Applications added from list

Add application from list

1 Incomplete 0 Completed & pending 2 Accepted

Recommendation Letters & Evaluations

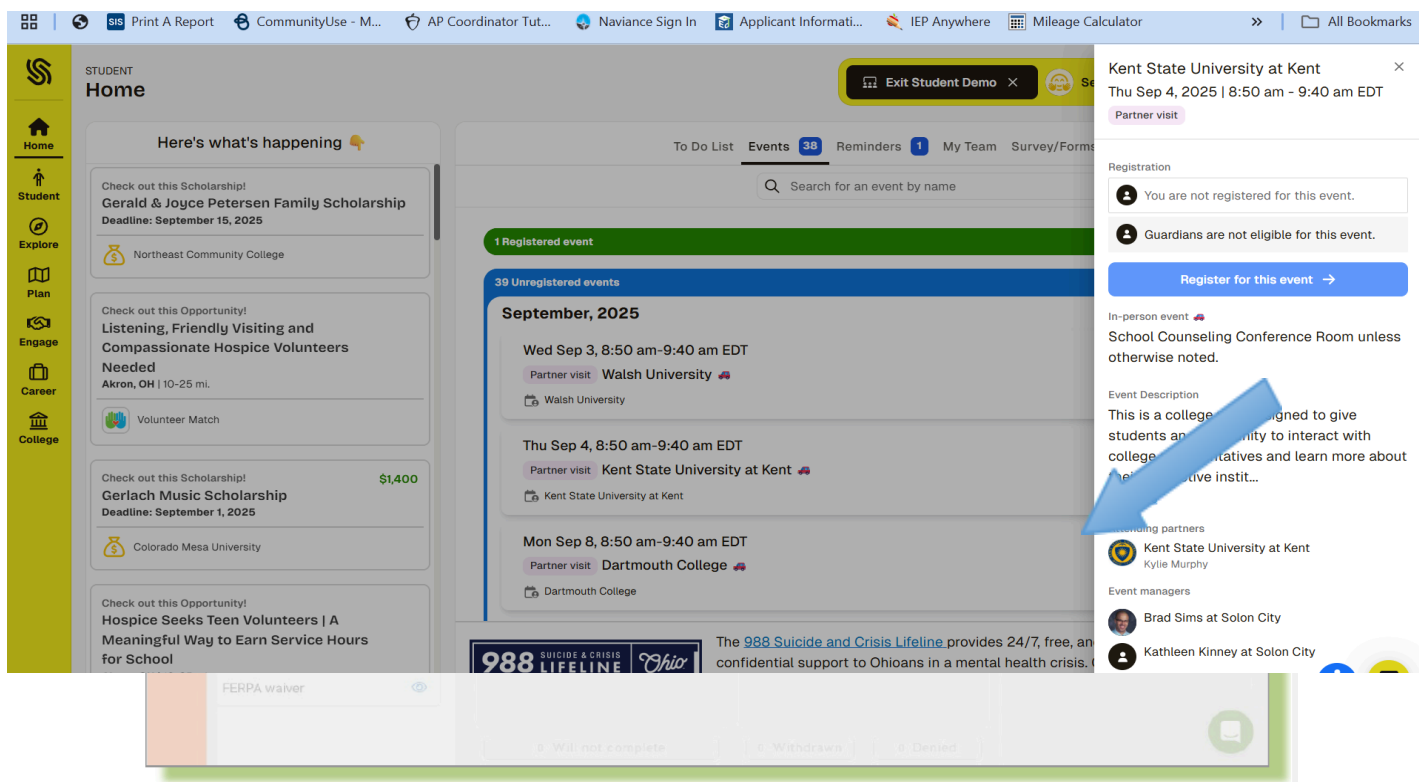
recommendation(s) as fulfilled, pending, and declined. You will not be able to see your letter(s) of recommendation.

11. After adding your colleges and completing the previous steps, you will see a condensed view of all your applications and their status by clicking on “List.”

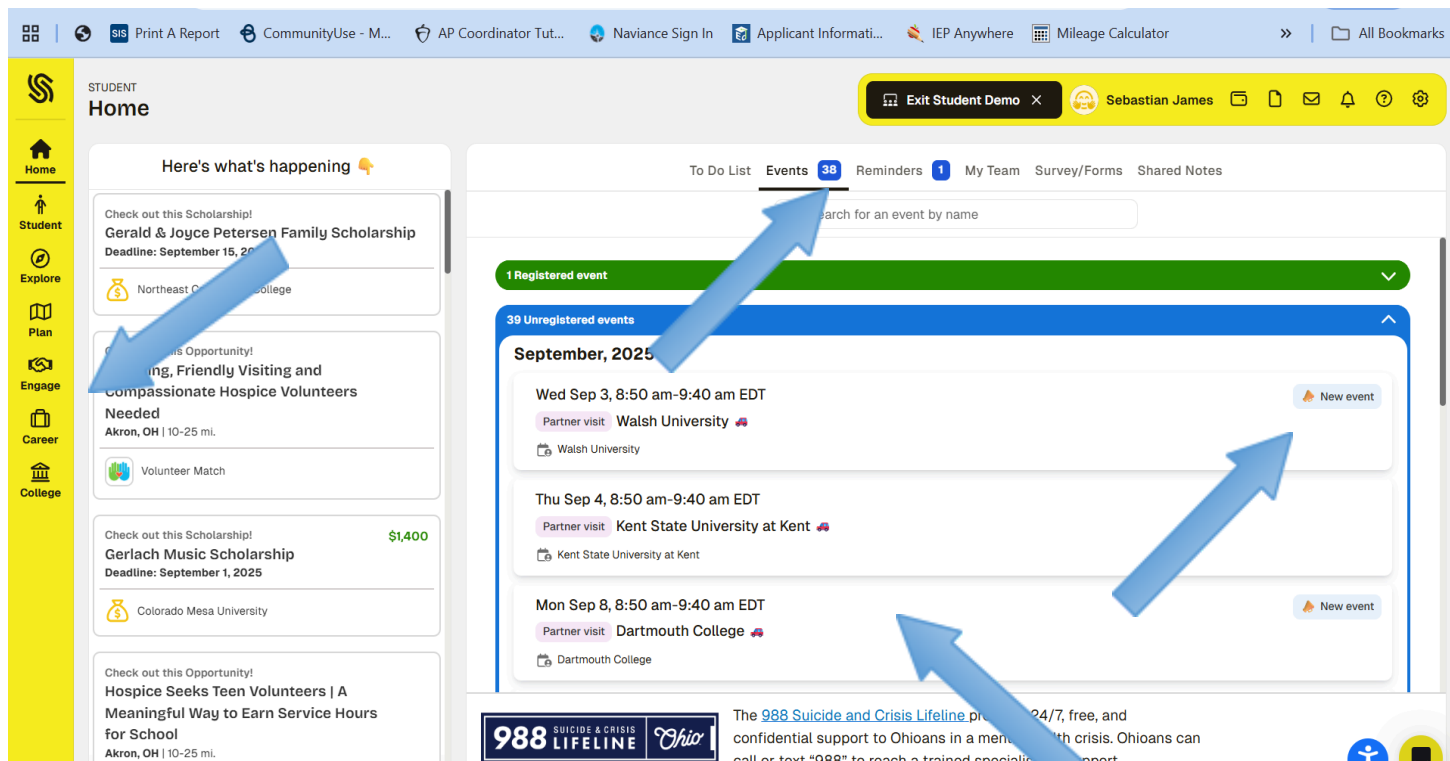
The screenshot displays the 'College Application Manager' interface. The top navigation bar includes 'COLLEGES', 'College Application Manager', 'Student Demo M', 'Exit Demo X', 'Switch user', and a user profile for 'Debbie Buckner'. The left sidebar contains icons for HOME, SCHOOL, ACTIVITIES, COLLEGES, CAREERS, FINANCES, and PROGRAMS. The main content area is titled 'College applications' and features a search bar, a 'Comments' button, and a '+ Add application' button. A red circle highlights the 'List' tab in the top navigation bar. Below the search bar, there are sections for 'Final list schools' (2/4 Applications added from list), 'Recommendation tracker' (0 Fulfilled, 1 Pending, 0 Declined), 'FAFSA/TASFA' (NOT FILED), 'common app' (CONNECTED), and 'Application setup' (COMPLETE). The main table lists applications for Lehigh University, Baylor University, Rice University, and West Chester University of P. The table columns are School, Student Ch..., Teacher R..., Counselor ..., Due ..., and Status. The status for Lehigh University is 'Enrolling', for Baylor University is 'Accepted', for Rice University is 'In progress', and for West Chester University of P. is 'Denied'. A 'Go to' button is visible in the bottom right corner.

School	Student Ch...	Teacher R...	Counselor ...	Due ...	Status
Lehigh University	✓ ✓ ✓		⌚ ⌚ ⌚ ⌚	01/01/24	Enrolling
Baylor University	✓		⌚	02/01/24	Accepted
Rice University	✓ ✓ ✓	⌚	⌚ ⌚	01/04/24	In progress
West Chester University of P.					Denied

12. You must report your college admission decision(s) in SchoolLinks once you have received your admission decision from a college. To report the result, go to the College Application section and in the “Completed & pending list, click on the three dots and select “Add result.” Repeat this important step for each college that you applied to.



REGISTERING FOR COLLEGE REP VISITS AT SHS: Select Engage on the Dashboard, then click the “Events” tab at the top.



Click on the college visit and then click on “Register for this event.”

Follow all of the directions on this screen (pictured below) and bring the signed permission slip to the College Visit. Hand this printed page to the School Counselor who is attending the college visit. **YOU MUST BRING THE SIGNED PERMISSION SLIP TO THE COLLEGE VISIT.**

PERMISSION SLIP: BRING THE SIGNED COPY TO THE COLLEGE VISIT (MANDATORY).
Follow the directions listed below in order. You are responsible for the work missed due to attending the rep visit.

1. Type your name in the box below and click on the checkbox.
2. Print the page and write in the event details.
3. Click the button titled "Submit Answers."
4. Ask your classroom teacher to sign the printed permission slip so they can accurately record your attendance. If missing Commons or Study Hall, have the monitor sign your permission slip or you will be marked absent.

Willie Villani

☐ By providing my signature here _____ (teacher/SH monitor signature), I give permission for the student named above to attend the college visit with _____ (name of institution), on ____/____/2024, during _____ period.

← Previous

Submit Answers →

College Essay Advising at SHS

From Ms. Blashka: seblashka@yahoo.com and Mrs. Chiu: chiubacca@gmail.com

Solon High School's college essay advisors are available to help you with your main college essays, supplemental essays, and scholarship essays. Appointments will take place in the Wellness/Media Center from **August 24 through October 30**.

Meet with us to:

- Brainstorm a great topic (you don't need to have an essay already written!)
- Map out the structure of your essay
- Reflect on what you want colleges to learn about you
- Get feedback on the content and message of your essay
- Make your essay free of errors in grammar and punctuation

Know the rules:

1. Sign up in advance for no more than one appointment per week.
2. Have no more than three upcoming appointments on the schedule at one time.
3. Schedule in-person appointments only during your free periods. If no open times fit your schedule, you may select any appointment and write "Google Docs review" in the comments box. Then share your document with the advisor for your time slot (email addresses are below) the day before your appointment. We will leave feedback for you in the document. Brainstorming needs to be done in person.
4. You can also claim same-day appointments; these are not included in the count of your one appointment per week or three on the schedule at one time. For example, if you check the website after midnight on Oct. 2, you can book any spot still open on Oct. 2. Please write "same-day sign-up" in the comments box.
5. If you can't attend your appointment, delete your sign-up or email the advisors at least 24 hours in advance so someone else can use the spot. One no-show results in a warning. **No-showing for two appointments means losing the privilege of using the essay advising service.**

How to sign up:

Create an account at signupgenius.com. Once you have an account, click on the links on the School Counseling webpage to sign up for appointments.

See you soon!

SOLON HIGH SCHOOL DETAILS

The Common Application has partnered with our school to gather information you'll need to complete your Common Application.

HIGH SCHOOL INFORMATION

High School Name	Solon High School
High School Address	33600 Inwood Road Solon, OH 44139
CEEB Code	364-700
Graduation Date	May 26, 2027
Graduating Class Size	396

SCHOOL COUNSELOR

Ariel Watts (A-C) arielwatts@solonboe.org 440-349-6242	Gigi Meyer (D-Ho) jordanmeyer@solonboe.org 440-349-6243	Ann Trocchio (Hp-Mc) anntrocchio@solonboe.org 440-349-7407
Kathleen Kinney (Md-See) kathleenkinney@solonboe.org 440-349-7307	Bradley Sims (Sef-Z) bradsims@solonboe.org 440-349-6241	

INFORMATION

EDUCATION SECTION

IN THE "GRADES" SUB-SECTION	
Class Rank Reporting	None
GPA Scale	4
GPA Weighting	Weighted
IN THE "CURRENT OR MOST RECENT YEAR COURSES" SUB-SECTION	
Course Scheduling System	Semester
Course subject	Select the appropriate subject
Course name	Enter the course name from the transcript
Course level	Select the appropriate rigor level: "College Prep," "Advanced Placement (AP)," "Dual Enrollment" – (for CCP coursework), or "Honors."
Course schedule	Selection the duration of the course: "Full Year," "First Semester," or "Second Semester."

2026-2027 TEST DATES

ACT	SAT
September 19	August 22
October 17	September 12
December 12	October 3
February 27	November 7
April 10	December 5
June 12	March 6
July 10	May 1 June 5

COURSES & GRADES SECTION (IF REQUIRED): If required to enter grades from your transcript, please choose the grading scale of "A-F," the schedule option for "Yearly," and use the example below. All grades that were earned for High School credit while at Middle School, should be listed in the "Other Courses" sub-section.

Transcript #1 - Solon High School

School Name: Solon High School School Year: 2021-22 Grading Scale: A-F Schedule: Yearly

Subject	Course Name	Course Level	Grades	Credits	
Algebra	Algebra 1	Regular/Standard	A	1	☐ N/A
Physical Education/...	Sports & Activities	Regular/Standard	B	0.25	☐ N/A
Physical Education/...	Health	Regular/Standard	A	0.5	☐ N/A
Biology	Biology Honors	Honors	A	1	☐ N/A



Visit the School Counseling website at:

<https://sites.google.com/solonschools.net/shsschoolcounseling/financial-aid-scholarships/college-now-financial-aid> in order to set up a free appointment with **College Now** in the SHS School Counseling Office to discuss grants, scholarships, loans, work-study, and general financial aid planning for your student for college.

College Now Greater Cleveland

Tower City Center, Level Three

50 Public Square, Suite 1800

Cleveland, OH 44113

www.collegenowgc.org

info@collegenowgc.org

Financial Aid Tips:

- Check the updated listing of local scholarship opportunities for seniors, which is posted on the last day of January at <https://sites.google.com/solonschools.net/shsschoolcounseling/financial-aid-scholarships/local-scholarship-applications>.
- Review the financial aid section of the School Counseling website under “website resources” for national scholarships and other financial aid websites.

- Contact the colleges' financial aid offices for more information regarding financial aid options at the specific colleges on your list.

Entering the World of Work

Learning Target: Students will know how to utilize resources for researching and preparing for work opportunities and understand how to compare a monthly budget to a targeted income.

1. Entrance Slip: Please answer the following questions:

- a. What is your work or training plan for after high school? List 3-5 ideas.

- b. What type of work environment do you prefer? (Ex. Office, outdoors, retail, etc.)

- c. What are three things you need to do to get ready to apply for work?

2. Go online to <https://ohiomeansjobs.ohio.gov/>

- Click on *For Students – 9th – 12th Grades, Self-Exploration – Figure Out What's Next*. There will be several boxes on the following screen. Click on the box titled *Launch*, then click on *Find a Career I Like*.
- Take the quick survey of 30 questions to help determine which careers you might be interested in.
- Choose a career from the list of results and fill in the chart below with information about three career paths.

CAREER TITLE:	Description of Career	Median Salary in Ohio	Education/Training Needed
(Example) Construction: Structural Iron & Steel Workers	Raise, place, and unite iron or steel girders, columns, and other structural members to form completed structures or structural frameworks.	\$62,780 \$30 per hour	High School Diploma or equivalent
1.			
2.			
3.			

3. To learn more information about budgeting your finances, click on the following at Ohio Means Jobs: *For Students – 9th – 12th Grades – Self Exploration – Finances 101* and then *Launch*. This game will teach you about the following:

- Earning a wage and paying bills
- What it costs to run a household
- How earnings affect buying decisions
- Adult responsibilities
- Strategies to manage deb

4. Exit Slip:

- Which of the three jobs you researched above seems like the best fit for you?

- How will you prepare for the training you need for your choice of career?

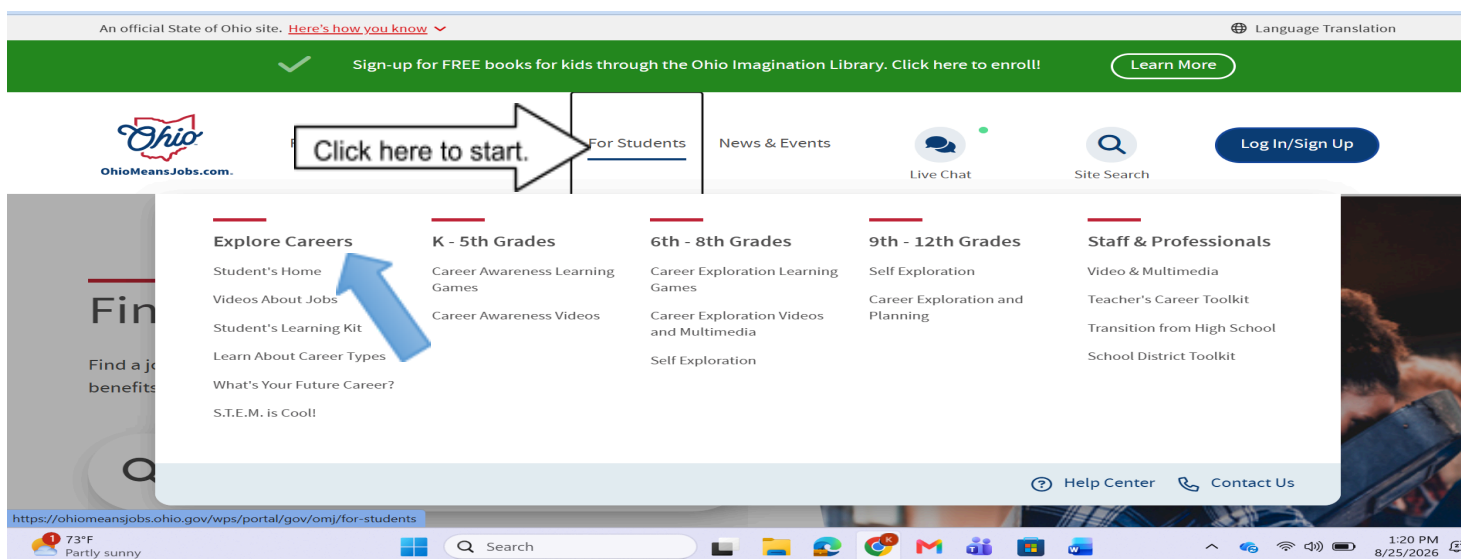
- How will your projected budget affect your decision about your career?

Ohio Means Jobs (<https://ohiomeansjobs.ohio.gov/>)

OhioMeansJobs.com is Ohio's premier online career and employment center. OhioMeansJobs.com lists tens of thousands of openings, in addition to many other features. These include career guidance tools, a resume builder and rater, a budget calculator, skill and interest assessments, online tutorials, free college entrance practice tests, and a special section for K-12 students.

Individuals also can use OhioMeansJobs.com to:

- Take free skill and interest assessments.
- Create or improve a resume.
- Learn about in-demand careers, what they pay, and how to get trained for them.
- Use online tutorials to improve their math, business, and computer skills.
- Practice interviewing.
- Find out about apprenticeships, internships, and scholarships.
- Take college entrance practice tests.
- Use a budget calculator to estimate a desired future salary.
- Learn about local career fairs, workshops, and networking events.





Sign-up for FREE books for kids through the Ohio Imagination Library. Click here to enroll!

[Learn More](#)[For Job Seekers](#)[For Employers](#)[For Students](#)[News & Events](#)

Site Search

[Log In/Sign Up](#)

2026 Graduate: Your OhioMeansJobs K-12 Account Has Moved to OhioMeansJobs.com.

[Learn More](#)[OMJ \(OhioMeansJobs\)](#) / [For Students](#) / [Explore Careers](#) / [Student's Home](#)

Create a Profile

A free student account on OhioMeansJobs.com is the first step to planning your future. Use the 'Get Started' button to create an account. You can access your account information from any "For Students" page. Just click the "My Profile" button found in the top right corner of the screen.



Search

1:33 PM
8/25/2026[jobseeker.ohioMeansJobs.monster.com/login.aspx?redirect=https%3a%2f%2fjobseeker.ohioMeansJobs.mo...](#)[Custom Screens](#) [Naviance Sign-in](#) [SameGoal IEP Anyw...](#) [Solon Login](#) [School Counseling...](#) [Authorization Form](#) [My Profile - Zoom](#) [NaviGate Prepared@](#)

Username

Password

[Forgot Password?](#)[Sign In](#)New to OhioMeansJobs? [Register Here](#)

Click on "Register Here" and follow the directions on the following screen.

[ohioMeansJobs.ohio.gov/home](#)[Custom Screens](#) [Naviance Sign-in](#) [SameGoal IEP Anyw...](#) [Solon Login](#) [School Counseling...](#) [Authorization Form](#) [My Profile - Zoom](#) [NaviGate Prepared@](#)An official State of Ohio site. [Here's how you know](#) ✓

Language Translation

[For Job Seekers](#)[For Employers](#)[For Students](#)[News & Events](#)[My Profile](#)

After creating an account, select "For Students" and then "9th - 12th Grades."

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Plan For Your Future

Explore career information based on your personal strengths and interests. Use the "Start Now" button to take the Guided Tour.

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Click on "Start Now."



Cleveland Building and Construction Trades Unions (www.cbctc.org)

Boilermakers Local 744

Phone: 216.241.2085

Fax: 216.241.6027

Address: 1435 East 13th Street, Cleveland, OH 44114

www.boilermakers744.org

Bricklayers & Allied Craftworkers Local 5

Phone: 216.447.9965

Fax: 216.447.9971

Address: 6200 Rockside Woods Blvd. North, Independence, OH 44131

www.bricklayerslocal5ohio.com

Carpenters Locals 373 & Carpenters Local 435

Phone: 216.391.2828

Fax: 216.391.1029

Address: 2554 East 22nd Street Cleveland, OH 44115

www.cmwcarpenters.com/local/373 or

www.cmwcarpenters.com/local/435

Cement Masons Local 404

Phone: 216.771.3929

Fax: 216.771.1572

Address: 1417 East 25th Street, Cleveland, OH 44114

www.cementmasons404.com

Electrical Workers Local 38

Phone: 216.621.3090

Fax: 216.696.0660

Address: 1590 East 23rd Street, Cleveland, OH 44114

www.ibew38.org

Elevator Constructors Local 17

Phone: 216.431.8088

Fax: 216.431.6610

Address: 3250 Euclid Avenue, Cleveland, OH 44115

www.iuecllocal17.org

Glaziers Local 181

Phone: 440.239.4575 (EXT. 117)

Fax: 440.234.6527

Address: 8257 Dow Circle, Cleveland, OH 44136

Heat & Frost Insulators Local 3

Phone: 216.621.3522

Fax: 216.621.1568

Address: 1617 East 30th Street, Cleveland, OH 44114

Iron Workers Local 17

Phone: 216.771.5558

Fax: 216.771.8242

Address: 1544 East 23rd Street, Cleveland, OH 44114

www.ironworkers17.org

Laborers Local 310

Phone: 216.881.5901

Fax: 216.881.5928

Address: 3250 Euclid Avenue, Cleveland, OH 44115

www.local310.com

Laborers Local 860

Phone: 216.432.1022

Fax: 216.432.1025

Address: 3334 Prospect Avenue, Cleveland, OH 44115

Millwright Pile Drive Local 1090

Phone: 330.768.7138

Fax: 330.773.6384

Address: 7225 Sunset Strip Ave. NW, N. Canton, OH 44720

www.cmwcarpenters.com/local/1090

Pipefitters Local 120

Phone: 216.447.3408

Fax: 216.524.2385

Address: 6305 Halle Drive, Valley View, OH 44125

www.pipefitters120.org

Plumbers Local 55

Phone: 216.459.0099

Fax: 216.459.0085

Address: 980 Keynote Circle, Brooklyn Heights, OH 44131

www.plumbers55.com

Roofers & Waterproofers Local 44

Phone: 216.781.4844
Fax: 216.781.7663
Address: 1651 East 24th Street, Cleveland, OH 44114
www.rooferslocal44.org

Sheet Metal Workers Local 33
Phone: 216.267.1645
Fax: 216.267.1110
Address: 12515 Corporate Drive, Parma, OH 44130
www.smwlu33.org

Sign, Display & Allied Trades Local 639
Phone: 440.239.4575
Fax: 440.234.6527
Address: 8257 Dow Circle, Strongsville, OH 44136

Teamsters Local 407
Phone: 216.688.0833
Fax: 216.361.9568
Address: 3320 Superior Avenue, Cleveland, OH 44114
www.lu407.com

Teamsters Local 436
Phone: 216.328.1833
Fax: 216.328.1513
Address: 6051 Carey Drive, Valley View, OH 44125
www.teamsters436.org

Theatrical Stage Employees Local 27
Phone: 216.621.9537
Fax: 216.621.3518
Address: 1422 Euclid Avenue, Suite 1604, Cleveland, OH 44115
<https://www.iatse27.com/>

Tile Layers Local 36
Phone: (440) 799-4246
Fax: (440) 799-4277
Address: 980 Keynote Circle Brooklyn Heights, OH 44131

NAME _____

DATE _____

Exploring Military Opportunities

Learning Target: Students will know how to utilize resources for researching and preparing to enter the military and understand the factors in making a decision about his or her choices for the future.

PART A: Entrance Slip

1. What is your work or training plan for after high school? List 3-5 ideas

2. What type of work environment do you prefer? (Ex. Office, outdoors, retail, etc.)

3. What are three things you need to consider when thinking of joining the military?

PART B: Go to <https://www.usa.gov/us-military>

1. Read through the descriptions of Air Force/Space Force, Army, Coast Guard, Marines, Navy.
2. Based on what you read, which branch do you think is the right fit for you?

CIRCLE ONE: AIR FORCE/SPACE FORCE ARMY COAST GUARD MARINES NAVY

- Why are you most interested in that branch of the military? Give three reasons:

1. _____

2. _____

3. _____

PART C: Go to the website of the branch in which you are interested.

U.S. Military Branch	Recruiting Website
Army	www.goarmy.com
Marine Corps	www.marines.com
Navy	www.navy.com
Air Force / Space Force	www.airforce.com
Coast Guard	www.gocoastguard.com

- Use information from the website to research three careers available in the branch of the military that interests you.
- Remember, you can always search for a career that you found in SchoolLinks on these military websites.

Choose three military careers and write out two phrases to describe each career:

1. CAREER: _____

2. CAREER: _____

3. CAREER: _____

PART D: Exit Slip

Write down three steps you will take to pursue your interest in the military including contact information for the recruiter in your preferred branch.

Enlistment

How the Enlistment Process Works

Joining the Military is not as simple as signing on the dotted line. First, candidates must meet all of the Service requirements, which are typically assessed at the Military Entrance Processing Station (MEPS). There's a MEPS in every state where candidates for all Service branches come to enlist. The process usually takes about two days.

At a MEPS, recruits may do the following:

- Take the Armed Services Vocational Aptitude Battery (ASVAB) test
- Receive physical and medical examinations
- Meet with a counselor and select a career path
- Take the Oath of Enlistment (swearing in)

After finishing at the MEPS, recruits follow one of two paths:

- **Direct Ship:** Report to Basic Training shortly after finishing MEPS requirements.
- **Delayed Entry Program (DEP):** Commit to Basic Training at a time in the future, generally within one year. For example, a recruit goes through MEPS the summer after junior year in high school, and then commits to Basic Training after senior year.

GOOD TO KNOW: Departure Dates

The time period between being sworn in and entering Basic Training could be as short as a few days or as long as 12 months. It varies based on job assignment and branch.

Basic Training

How to Prepare for Basic Training

These tips can help recruits prepare and make Basic Training easier to handle.



Incorporate cardio workouts, weight training, situps and pushups into daily routines. Jogging, bike riding and exercise classes can also help improve cardiovascular fitness.



Get personal matters in order prior to leaving, including who will handle day-to-day issues such as paying bills, minding mail and dealing with bank accounts.



Increase discipline and get accustomed to a regular schedule. Every aspect of initial training is regimented, and there is no activity that does not have a specific amount of time allocated — from getting up in the morning to going to bed at night.



Take some time to learn about military culture. Military life is different from civilian life. For example, in the Services, people use a lot of acronyms, salute higher-ranking members and get promoted via a rank structure. Read books and websites about the Military or talk to someone who is serving or has served recently.

Consider a Gap Year?

www.nextstepu.com

Not sure what's after high school for you? That's OK. Sometimes students need a break between high school and college.

That break, though, formally called a gap year can be a great way to jump-start the rest of your future.

Some students take the year off to work, travel and participate in local and global initiatives.

Is a gap year for you? There are a few signs that you're a prime candidate for a gap year:

- ☐ You don't know what you want to do in life.
- ☐ You think you may have financial problems once you start college.
- ☐ You feel burnt out.
- ☐ You're not sure you really want to go to a particular college, or if you should go to college at all.

Gap year options

- **Travel.** Choose from a structured program or backpack through Europe. Either way, getting out of your comfort zone and experiencing a new part of the world is a great use of a year off.
- **Work.** Maybe you know what you want to do and there is an opportunity to get real hands-on experience for a year. Becoming an apprentice or taking on a job to prepare you for your career can be a great option.
- **Find yourself.** The time off is a great escape from school. But it's much more than that; it's a chance to figure out what's important to you, where you see yourself in five years, what you never want to do and how to get to your goals!

Benefits of the gap

- The experience can help you decide on a major or help you realize your career aspirations!
- If you already know what you want to do, a gap year can help you get real-world experience.
- After 12 years of school, a gap year can be a nice break from school and help alleviate burnout, which will mean you are more energized when you decide to enroll in college.

Finding gap year info

If you're considering or planning a gap year, the admissions counselor at the college you hope to attend can help you with information on deferring entrance.

Accredited Gap Year Association Programs

(www.gapyearassociation.org)

Gap Year Program	Website
Adventure Treks	www.adventuretreks.com
Amigos	www.amigosinternational.org
ARCC Gap Year	www.adventurescrosscountry.com/gap
Broad Futures	www.broadfutures.org
Carpe Diem Education	www.carpediemeducation.org
CIEE Global Navigator	www.ciee.org/go-abroad/high-school-study-abroad/gap-year
Dynamy	www.dynamy.org
EF Gap Year	www.efgapyear.com
Gap at Glen Brook	www.gapatglenbrook.org
Global Citizen Year	www.globalcitizenyear.org
High Mountain Institute	www.hminet.org/hmi-gap
Irish Gap Year	www.irishgapyear.com
NOLS	www.nols.edu/en/gap-year
Omprakash	www.omprakash.org
Outward Bound	www.outwardbound.org
Pacific Discovery	www.pacificdiscovery.org
Seamster	www.seamster.com
The Leap	www.theleap.co.uk
Where There Be Dragons	www.wheretherebedragons.com