



At this time we would like to give thanks to the Creator for giving us the game of lacrosse. Lacrosse is medicine to the Haudenosaunee, the people of the longhouse, and we want to thank them for sharing this medicine with the world. We would also like to give thanks to all First Nations, Metis, and Inuit peoples as we all sit in their territories. We say thank you to the Creator for giving us Mother Earth. She then gave us the tree that our sticks are made from. This is the true roots of the medicine we call lacrosse today.

Nia:wen (Mohawk)

Nya:weh (Cayuga)

Thank You

