

- “28 Days To A Client” -

The Real War Mode Day Plan + Report.

	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
1.  / 	1 	morning sequence(120 push-ups, breakfast, power-up call)
2.  / 	2 	breathing exercises
3.  / 	1 	Kaal Raam 1/3 Cold email sequence finished
4.  / 	1 	
5.  / 	1 	chores(laundry, mopping)
6.  / 	2 	Boxing or working out
7.  / 	1 	100 grams of protein
8.  / 	1 	Work
9.  / 	2 	find 3 new prospects
10.  / 	2 	
11.  / 	2 	
12.  / 	2 	
13.  / 	2 	
14.  / 	3 	
15.  / 	3 	
16.  / 	3 	
17.  / 	3 	
18.  / 	3 	
19.  / 	3 	
20.  / 	3 	

Day Number:

Date:

Start Of The Day - Time:

	 3 Things That I Am Excited To Have In The Future? 
1.	
2.	
3.	

Hour-By-Hour **Tracking:**

[Track+Measure=Improve]

 Task:	 Task = Set The Task That I Intend To Complete This Hour?
 Intention:	 Intention = What Is My Plan Of Action To Complete This Task For This Hour?
 Reflection:	 Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

My War Mode Words:

1. I Am Acting With No Limits To My Abilities!

2. I Am Being All That I Can Be, Every Hour And Every Day!

3. Every Word I Am Saying And Thought I Am Thinking Is Positive!

4. I Am Being Enthusiastic About Completing Each Task!

5. I Am The Best Copywriter In The World!

**(Delete Any Boxes Below That Are Before
The Time That You Start Your Day In Your
Own Copy)**

\$ 1 am: Task \$	
🔔 Intention 🔔	
✍️ Reflection ✍️	

\$ 2 am: Task \$	
🔔 Intention 🔔	
✍️ Reflection ✍️	

\$ 3 am: Task \$	
🔔 Intention 🔔	
✍️ Reflection ✍️	

\$ 4 am: Task \$	
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 Intention 	
 Reflection 	

 5 am: Task 	
 Intention 	
 Reflection 	

 6 am: Task 	
 Intention 	
 Reflection 	

 7 am: Task 	Kaal Raam First cold email sequence
 Intention 	
 Reflection 	

 8 am: Task 	
 Intention 	
 Reflection 	

 9 am: Task 	
 Intention 	
 Reflection 	

 10 am: Task 	
 Intention 	
 Reflection 	

 11 am: Task 	
 Intention 	
 Reflection 	

 12 am: Task 	
 Intention 	
 Reflection 	

 1 pm: Task 	
 Intention 	
 Reflection 	

 2 pm: Task 	
 Intention 	
 Reflection 	

 3 pm: Task 	
 Intention 	
 Reflection 	

 4 pm: Task 	
 Intention 	
 Reflection 	

 5 pm: Task 	
 Intention 	

 Reflection 	
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 6 pm: Task 	
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 Intention 	
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 Reflection 	
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 7 pm: Task 	
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 Intention 	
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 Reflection 	
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 8 pm: Task 	
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 Intention 	
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 Reflection 	
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 9 pm: Task 	
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 Intention 	
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 Reflection 	
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 10 pm: Task 	
 Intention 	
 Reflection 	

 11 pm: Task 	
 Intention 	
 Reflection 	

 12 pm: Task 	
 Intention 	
 Reflection 	



End-Of-The-Day Report:



 What Did I Learn Today? 

NEW What Do I Plan To Do Differently Tomorrow? NEW

NEW What Do I Plan To Do The Same Tomorrow? NEW

📱 Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With? ✉️

📝✎ What Tasks Were Left Undone? 📝✎

Brain Dump: