

Hook  
Story  
Offer

To: Person

Subject: **At That Moment I Knew Something Had To Change...**

Body:

This was The Moment that could either Make me or Break me.

I was Always the Skinny, Weak Man for Years.

I can even Remember getting Pushed around in my Middle School years, Everybody was quick to Single me out, Call me names, Everything.

But I had never Acknowledged it enough, Until this Moment.

While Enjoying my Beach Vacation, Somebody started to Kick sand into my Face

After Confronting Him, The Dominant Man said "I'd Smash your face, Only you're so Skinny you would Blow Away."

Then that was the Moment I Realized I had Two Options.

I could have Accepted the Man's Threat, and Went back to Minding my Own Business,

Or I could Accept that Man's Threat, and Go home and Do Something about It.

The Choice was Mine to Make.

So I Took and Utilized Charles Atlas' Outlined Course Materials, and The next time I saw that Bully, I sent him Home with a Nose Bleed.

And I have Charles Atlas to Thank for Making a Man out of "Mac"

Discover The Same Secrets I Learned From Charles Atlas From His FREE Book.