

-Turkey Mini meatloaves

2 lbs ground turkey

1 egg

1 onion chopped

2 celery stalks chopped

3 garlic cloves crushed

1 tsp sage

2 tblsp brown mustard

2 tblsp ketchup

In a little drizzle of oil saute onion and celery till soft. Add garlic for 1 min. Combine with the turkey,egg,sage,mustard.and ketchup.Mix with hands till well combined. Set oven to 350. Spray muffin tins and loosely fill. Cook for 30 min. This made 17 individual portions