

AGOGE NEW IDENTITY TEMPLATE

Ideal Version of Yourself 3-6 Months From Now

Power Phrases (2-3)

- I am a conqueror, every challenge makes me stronger.
- No matter what it takes I will get to where I want
- I'll work and train to be better till the day that I will be in a grave.

Core Values (2-3)

- Stronger
- Winner
- Man worthy of respect

Daily Non-Negotiables (2-3)

- Daily checklist no matter what
- Training 7 days a week
- No consumption of garbage for my brain and stomach

Goals Achieved

- Self-employed
- 3 copywriting clients
- 5-10k Monthly

Rewards Earned

- I bought myself a brand-new AMG Mercedes Benz
- I quit all my jobs
- I paid off my loan

Appearance And How Others Perceive Him

- People think that somehow I got lucky or that I won the lottery.
- They think that I use steroids and drugs to be in such good shape.
- But no matter what it is, they respect me for who I am and express how much they wish to have my life and my body.

Day In The Life

Make it as vivid as possible. What does he FEEL like as he goes through each part of his day? Add images in the vision board style. Use the first person and present tense, i.e. "I walk through the streets..."

-

I wake up in the morning in my penthouse next to a beautiful girl whom I haven't decided if I should keep as a long-term girlfriend or enjoy my life. (Anyway, I don't stress about it)

I do 10 min of stretching in the sunlight and afterward, I jump for a 2 min swim in my pool and do a set of pushups for my blood flow.

My day has started at that point so I get straight to work.

I check my to-do list and start crushing the tasks one by one.

Most of them are the same as the previous days, some emails to answer, my clients sending me the incredible results we achieved, some money in my bank account to check, I see my inbox filled with some chicks(but that is not important in the morning) etc.

After performing these tasks, I get to the gym where my first 10 min have to thank the guys who keep complimenting my physique. (Of course, I got an 8-pack, wide shoulders, huge pecs, and arms, etc).

I get to my office and start doing some, client work to make a better performance than the previous month and perhaps get a partnership with my client after I hit the targets.

The day goes by and I get exhausted and sit back for a moment and think of how far I have

come, of how happy my parents are that they don't have to work anymore and that I can afford their living and meet them whenever I feel like.
It feels just amazing!

I finish my tasks and the next thing to do is get on a nice ride with my AMG or A7 Audi (That's honestly it's where I believe to spend most of my time thinking, which one should I drive today?).

I drive around and think back to 6 months ago when I had 3 jobs, a loan to pay, and no money in my pocket to buy something I liked.

A boss telling me how to run my life when to work, how to work, what to eat, when to travel, what to do, and what not to do.

I thank God for all the challenges he gave me and pray to give me more because I want to go further.

Every girl whom I once dated now talks about how they knew me and waves at me every time they see me on the road driving. And so does also my ex who left me for another man.

And it's funny to see how everyone who once told me I wouldn't make it or that I was not that type of man, now they send me messages and regards saying: "Well done, was obvious that you were always the man".

I get home and network with my fella brothers inside TRW and talk with them about how to escalate.

I can't thank enough also the man who walked with me through this path. Professor Andrew.

After I make sure that I have completed all my do lists, reviewed my wins and losses, created my to-do list for the next day, etc, then I can finally get to spend a little bit of time with my girl. We get to eat a nice dinner and decide where to book a flight for the next day or week to a new place.

Man, life in here feels so great, and being grateful for it, I get to sleep to get some rest and recharge for a better tomorrow full of conquest.

