

IF YOU MAKE ANY CHANGES AT THIS POINT PLEASE
LET SOMEONE KNOW!!! THANK YOU ALL FOR YOUR
SERVICE -steff

Saturday, July 27

TIME	HOST	TOPIC
10:00am-11:00am	Celia	Equanimity - 20 Minute Guided Equanimity Meditation then sharing on the topic of Equanimity or general check-ins
11:00am-12:00pm	Erich	Inner child show and tell-pics, toys, mementos and memories from your childhood. And probably some other recovery related bullshit.
12:00pm-1:00pm	Steff	Favorite Chris moments on dopey
1:00pm-2:00pm	Terri	Pixie Lighthouse Boundaries & Protection
2:00pm-3:00pm	Bubby	Behaviors to avoid when we recover
3:00pm-4:00pm	Celia	Self Forgiveness - 20 Minute Guided Self Forgiveness Meditation then sharing on the topic of Self Forgiveness or general check-ins
4:00pm-5:00pm	Lizz AN	Two Truths and a Lie
5:00pm-6:00pm	Callie	Arts and Crafts, bring a pencil and paper and whatever other art supplies you've got
6:00pm-7:00pm	Avisa & Margaret	Remembering Hottwheels ❤️💙
7:00pm-8:00pm	Lorne	Come on , Laugh a little!!
8:00pm-9:00pm	Katt	An Hour of Information
9:00pm-10:00pm	Steve	TBD
10:00pm-11:00pm	Dawn	The Dopey Hotwheels Hotseat
11:00pm-12:00am		

IF YOU MAKE ANY CHANGES AT THIS POINT PLEASE
LET SOMEONE KNOW!!! THANK YOU ALL FOR YOUR
SERVICE -steff

Sunday, July 28

TIME	HOST	TOPIC
10:00am-11:00am	Margaret	Last Day / First Day: Getting Started in Recovery
11:00am-12:00pm	Kasandra	Let's remember/honor our lost loved ones. Bring a pic and a memory.
12:00pm-1:00pm	Steff	Hotwheels on Dopey
1:00pm-2:00pm	Steff	Hotwheels on Dopey
2:00pm-3:00pm	Bubby	Tough love corner - forgiving those who hate us because we're addicts
3:00pm-4:00pm	Kratom	Kratom
4:00pm-5:00pm	Dawn	Dopey Mosaic-A ChrisMiss Collage: bring pics, memes, quotes, all things dopey to contribute.
5:00pm-6:00pm	Cuffy	Fat (not phat) tunes
6:00pm-7:00pm	Steff	Dopey chopped and screwed
7:00pm-8:00pm	Lorne & Katt	TBA
8:00pm-9:00pm	Patreon	Dave
9:00pm-10:00pm	Patreon	Dave
10:00pm-11:00pm	Joe	TBA
11:00pm-12:00am		