

Cal-MAP: Project ECHO

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GOOD NEWS-YOUR WORST DAY JUST GOT BETTER!!

We have all had patients who present with complicated mental health issues that we feel unequipped to handle. But how do you get a quick psychiatric consultation so you can provide the needed support to your patient? Fortunately, a newly expanded program, Cal-MAP, is available to all California pediatric health care providers for free. Cal-MAP is a pediatric mental health care access program designed to promote pediatric mental health and wellness through resource navigation, and peer-to-peer consultation to pediatric primary care providers. You can get more information and sign up at cal-map.org.



In addition, the Cal-MAP program has a number of educational programs that you can use to improve your comfort level and knowledge about managing frequently occurring mental health issues in children and youth in your practice. Their comprehensive clinical pediatric mental health curriculum offers continuing medical education (CME) and American Board of Pediatrics MOC Part 2 credits, along with clinical resources and guidelines. A new series of webinars and “Project ECHO” tele-mentoring and case-based learning begin in August and are open to pediatricians and an interdisciplinary audience. You can get more information and enroll in trainings at cal-map.org.

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The Project ECHO series includes case-based learning after a brief didactic in which participants actively learn to apply new knowledge and skills to real-life clinical situations. Condition-specific topics covering diagnoses, treatment and management, including medications, are held on second Wednesdays at noon. Topics relevant to school-based health center clinicians and school-based staff are the focal point for Project ECHO sessions on second Wednesdays at 2:30 pm. Clinicians can learn brief, universally applicable therapeutic skills and interventions during the “Universal Therapy Skills Project ECHO” series on fourth Thursdays at noon. Webinars are held on the first, third, and fifth Thursdays starting at noon.

Those completing the core curriculum (anxiety, depression, ADHD, SSRIs, ASD, suicidal ideation) webinar or PCP Project ECHO series can earn a Cal-MAP badge to display on their CV and LinkedIn profile. Finally, for those who cannot attend their live virtual sessions, their webinars are recorded and can be viewed at your convenience; CME and MOC Part 2 credit are still available to those who pass short post-activity quizzes on the CME California platform.



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