



IRA Donation Instructions

You will need to contact your personal IRA plan administrator for instructions on how to make a charitable distribution.

It is possible to donate part of your IRA distribution by making an **IRA qualified charitable distribution (QCD)**, also known as an IRA charitable rollover. You can distribute up to \$100,000 directly from a Traditional IRA to qualified charities each year, tax-free. QCDs count toward your RMD and won't be included in your taxable income—potentially reducing your taxes and ensuring that the entirety of your gift reaches Common Ground Meditation Center.

You can also name Common Ground Meditation as the beneficiary of your IRA, 401(k), or other qualified retirement plan.