

# Lunch Menu *for* January 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 No School Winter break	3 No School Winter Break	4 No School Winter Break	5 No School Winter Break	6 No School Winter Break	7
8	9 Spaghetti w/ meatballs Green beans Garlic stick Mandarin oranges	10 Chicken fajitas Onion & peppers Spanish rice Refried beans Fruit snack	11 Turkey w/ cheese sandwich Plain chips Yogurt Grapes	12 Sloppy joe w/ bun Seasoned fries Mixed veggies Applesauce	13 French toast sticks Sausage links Roasted potatoes Banana	14
15	16 Martin Luther King Day  No School	17 Subway  Turkey sub Chips Cookie	18 Pizza  Cheese or pepperoni	19 Subway  Turkey sub Chips cookie	20 Pizza  Cheese or pepperoni	21
22	23 Cheese ravioli Meatballs Garlick stick Green beans Mandarin oranges	24 Beef taco w/ soft shells Spanish rice Refried beans Pineapple	25 Grilled cheese Chicken soup Tomato soup Crackers Grapes	26 Corndog Seasoned fries Mixed veggies Applesauce	27 Pizza puff Carrots/ranch Yogurt Mixed fruit	28

29	30 Chicken parmesan Buttered noodles Green beans Mandarin oranges	31 Nachos w/ cheese Taco meat Refried beans Fruit snack				
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