

Lorne Park Clarkson Wild

LPC U17 Red

2025-2026 Season Overview



Lorne Park Clarkson Mission Statement and Goals

Our Vision

We strive to create a vibrant and inclusive hockey community that enriches the lives of our players and their families. Our goal is to be a trusted, sustainable organization that fosters a love for the game, promotes a strong sense of community, and empowers our volunteers and participants to grow both on and off the ice.

Message from Coach Alfie Barrack, Head Coach of U17 Red Select Team

Hello Team,

I'm Alfie Barrack, and I'm excited to be your Head Coach for the U17 Red Select team. My goal is to help you develop skills that extend beyond the ice—skills that will serve you both in hockey and in life. Together, we will work on improving individual and team skills, fostering a culture of growth, accountability, and respect.

Key Expectations:

- 1. Arrive on Time – Respect for the team and the game starts with being punctual.**
- 2. Accountability – Hold yourselves and each other accountable for your actions and effort, both on and off the ice.**
- 3. Respectful Communication – Communicate with respect, whether with Coaches, Teammates, Referees, or Opponents.**
- 4. Give Your Best Effort – Always try your hardest and push yourself to improve.**
- 5. Enjoy the Sport – Hockey is a game, and it should always be fun. Let's enjoy the experience and the process.**

Together, we'll work to make this a rewarding and fun season, and I'm excited to see how we all grow as players and as a team. Let's get started!

TALENT WINS GAMES BUT TEAMWORK AND INTELLIGENCE WINS CHAMPIONSHIPS

LPCHA Mission & Goals



1. Making Hockey Fun:

We believe hockey should be an enjoyable experience for all players. Our goal is to help each player develop the skills and motivation needed to have a positive and rewarding experience both on and off the ice.

2. Hockey for Everyone:

Hockey is a sport for all, and we are dedicated to eliminating barriers for families new to the game. We aim to create a welcoming, inclusive, and diverse community where everyone feels supported in their hockey journey.

3. Building a Strong Community:

As a volunteer-based organization, we rely on the support of our community. We are committed to forging strong partnerships with other organizations to mobilize the resources necessary to deliver high-quality hockey programs for all participants.

4. Continuous Growth and Improvement:

We are always looking to improve. By fostering a culture of transparency and encouraging feedback, we strive for continuous improvement to ensure our programs meet the highest standards and provide the best possible experience for our players and families.

LPC U17 Red (Select) Goals for 2025-2026

Player Development Focuses

- 1. Edgework** – *This is crucial for improving speed, agility, and balance. We'll work on tight turns, quick starts, and stops to make players more dynamic on the ice.*
- 2. Puck Skills** – *From stickhandling in tight spaces to passing accuracy, puck control will be a major emphasis. Players will work on receiving passes under pressure and handling the puck efficiently in all situations.*
- 3. Shot Strength** – *Players will practice different types of shots (wrist shot, slap shot, snap shot) and learn proper techniques to increase shot power and accuracy.*
- 4. Hockey IQ** – *Beyond physical skills, hockey IQ will be a focus. This means understanding positioning, timing, reading plays, and making decisions quickly under pressure.*
- 5. Player Evaluation** – *I'll be conducting assessments both at the start and during the season to track progress, identify areas for growth, and develop personalized training plans for each player. Regular feedback and drills will ensure consistent improvement.*

Team Development Focuses

- 1. Fundamentals Review** – *While we continue to develop advanced skills, we'll constantly revisit and reinforce basic hockey concepts such as positioning, puck protection, and communication. Mastery of the fundamentals is key to advancing our game.*
- 2. Special Teams:**
 - **Power Play** – *We'll implement a structured power play system, focusing on quick puck movement, player positioning, and creating scoring opportunities.*
 - **Penalty Kill** – *Emphasis on positioning, clearing the puck, and aggressive but controlled pressure to prevent goals.*
 - **Faceoff Strategies** – *Teaching players how to win key faceoffs and how to position themselves effectively in faceoff situations, both offensively and defensively.*
- 3. Breakouts & Transitions** – *Efficient breakouts and smooth transitions between defense and offense will be a focal point. We'll work on making quick, accurate passes and supporting each other as a team.*
- 4. Battle Drills** – *Developing the ability to win puck battles in the corners, along the boards, and in front of the net. This will improve overall competitiveness and physicality.*
- 5. Heads-up Hockey** – *Teaching players to constantly scan the ice, anticipate plays, and make smart decisions with and without the puck. This will be a huge part of improving hockey IQ.*

Overall Team Philosophy

We're aiming for continuous improvement through focused drills and individual accountability. Teamwork, communication, and effort will be at the core of everything we do. Together, we'll work on sharpening our skills and strategies to not only elevate individual performances but also strengthen our collective team play.

Communication Philosophy

Each coach, player, and parent should have a voice in the process. As a coach, my responsibility is to provide each player with a program that not only helps improve their individual skills but also strengthens the team's collective abilities. I am committed to offering clear and effective instructions that will best support that goal.

Encouraging open communication between players is essential for building strong relationships and fostering teamwork both on and off the ice. I believe that developing these 'on ice' connections enhances the overall experience and success of the team.

Furthermore, I maintain an 'open door' policy for players and parents, ensuring that everyone feels comfortable sharing their thoughts, comments, and concerns. Together, we can work to create a positive and collaborative environment where everyone is supported and empowered to succeed.

Schedule & Time Commitment:

I understand that at this age, players may have other commitments such as school or work. I will do my best to accommodate everyone's schedule, ensuring that all players can participate to the fullest extent possible.

Practice Schedule:

- **Weekly Practices:** 1 practice per week.
- **Additional Practice:** Extra practice every other week.(TBD)
- **Dry Land Training:** Schedule to be determined (TBD).

Event Arrival Times:

- **Games:** Players are expected to arrive **45 minutes prior** to the start of the game.
- **Practices:** Players are expected to arrive **15 minutes prior** to the start of practice.

Tournaments:

- Players are expected to participate in a minimum of **2-3 tournaments** throughout the season:
 - **1 Away Tournament**
 - **1-2 Local Tournaments**

Thank you for your commitment and cooperation!

Budget Plan for the 2025/26 Season:

The proposed budget for the upcoming season will be approximately \$700-\$800 per player. This budget will cover various team expenses, including:

- 1. Tournaments:***
 - o Approx. \$1500 per tournament (for both home and away tournaments).***
 - 2. Possible Home/Away Jerseys:***
 - o Costs will be determined based on the jersey options chosen.***
 - 3. Dryland/Development Training:***
 - o Funds allocated for extra training sessions aimed at player development.***
 - 4. Sponsorship:***
 - o Expected sponsorship income: \$1500.***
 - 5. Team Tools:***
 - o Equipment and resources necessary for team activities.***
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Payment Breakdown:

- Player Registration Fees:***
 - o To be paid at the beginning of the season to cover initial costs.***
- Subsequent Fees:***
 - o Additional fees for tournaments, development, and extracurricular events will be determined before the start of the season.***
- Sponsorship & Fundraising:***
 - o The amount of funding from sponsors and fundraising will help reduce the overall player expenses. We will adjust the budget accordingly based on these contributions.***
- Payment Schedule:***
 - o Parents will be required to make a partial payment at the time of registration, which will cover the first tournament and possibly away jersey costs.***
 - o Quarterly payments will be required throughout the season***

Player Expectations:

Team Code of Conduct:

All players are expected to uphold the highest standards of behavior both on and off the field. This includes:

- **Respect:** Players should show respect towards teammates, coaches, officials, parents, and the opposing team at all times.
- **Integrity:** Players are expected to act with honesty and fairness in all situations.
- **Positivity:** A positive attitude is expected, whether during practice, games, or interactions with others.
- **Sportsmanship:** Players will always conduct themselves in a way that reflects well on the team, promoting fair play and mutual respect.

By following these guidelines, we will create a supportive, respectful environment that fosters personal growth and team success.

If you have any additional questions, please feel free to contact me.

Go Wild
Alfie Barrack

