

## Family/Individual/Group Counseling Services

<p><b>Step by Step Counseling</b>  <a href="https://stepbystepcounselingllc.com/">https://stepbystepcounselingllc.com/</a>                  2081 Collier Corporate Parkway                  St. Charles, MO 63303                  (636) 736-0778</p>	<p><b>Ellie Mental Health</b>  <a href="https://elliementalhealth.com/locations/st-charles-mo/">https://elliementalhealth.com/locations/st-charles-mo/</a>                  400 N. Fifth St., Suite 201                  St. Charles, MO 63301                  (636) 238-2615</p>
<p><b>Seed of Hope Counseling, LLC</b>                  Courtney Rydstrom, MA, LPC, PRT  <a href="https://www.seedofhopecounseling.com/">https://www.seedofhopecounseling.com/</a>                  1360 S. 5th St., Suite 270                  St. Charles, MO 63301                  (314) 322-3229</p>	<p><b>Alexandra Kohnen, LPC</b>  <a href="https://www.psychologytoday.com/us/therapists/alexandra-kohnen-saint-charles-mo/1561245">https://www.psychologytoday.com/us/therapists/alexandra-kohnen-saint-charles-mo/1561245</a>                  2536 South Old Highway 94                  St. Charles, MO 63303                  (636) 698-7337</p>
<p><b>Kelly Bristol Counseling</b>  <a href="https://www.kellybristol.com/">https://www.kellybristol.com/</a>                  1060 Country Club Rd., Suite 101                  St. Charles, MO 63303                  (314) 266-8859</p>	<p><b>Wellspring Counseling Centers, LLC</b>  <a href="https://www.wellspringcenters.com/">https://www.wellspringcenters.com/</a>                  2085 Bluestone Dr. #201 and 2001                  Exchange Dr., Suite 102                  St. Charles, MO 63303                  (636) 344-0278</p>
<p><b>Dr. Peter Feuerstein, PsyD</b>                  2451 Executive Dr., Suite 203                  St. Charles, MO 63303                  (636) 447-1744</p>	<p><b>Psychology Today - Find a Therapist</b>                  Search engine allows you to filter therapists by: city, zip code, name, gender, specialties, insurance, ages served, ethnicity, and more.  <a href="https://www.psychologytoday.com/us/therapists/">https://www.psychologytoday.com/us/therapists/</a></p>

**Additional Resources:**

[Community Council Searchable Research Directory](#)

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