

Snow Canyon Invitational Trip - Herriman Track & Field

Friday – 3/6/26:

5:15 am – Depart from Herriman High School on Bus
7:30 – Bathroom Stop
10:00 – Arrive at Snow Canyon High School
11:00 - First events begin
*12:00 pm – Lunch at location with various options
8:00 pm - Leave Meet
*8:15 pm - Dinner at location with various options
9:30 pm - Hotel Check-in at TBD
10:30 - Showered, in bed, lights out

Saturday – 3/7/26:

6:00 am – Wake-up call and breakfast in lobby
7:00 – Depart for Snow Canyon High School
7:45 - Arrive at Snow Canyon High School
*12:00 pm – Lunch at location with various options
3:00 – Leave for Herriman High School
*5:30 - Bathroom and Dinner Stop
8:30 - Arrive at Herriman High School for pick-up

Hotel Info:

SpringHill Suites
1477 South Old Highway 91
Cedar City, UT 84720

Meet Venue:

Snow Canyon HS Stadium
1385 Lava Flow Drive - St. George, UT 84770

Contact Info:

Head Coach - Doug Soles
951-326-6992
doug.soles@jordandistrict.org

2026 Trip Breakdown:

The Snow Canyon Invite is a key national class invite in Utah that allows us to qualify many of our athletes to the Utah State Meet in faster races, at lower elevation, with better weather. Be prepared to be focused and compete for qualifying marks.

What to Pack

1. Uniform, Team T-Shirt, Team Warm-ups
2. Socks & Underclothes
3. Sweats, Jeans, Warm-up Wear
4. Workout outfits
5. Shorts & T-shirts
6. Sweatshirts, Jackets
7. Pajamas
8. Shoes – Training and Racing
9. About \$30+ of spending money if possible (T-shirt, Souvenirs, etc.)
10. Toothbrush, Toothpaste, Hairbrush, Hairspray, deodorant, etc.
11. iPad, iPhone, chargers & headphones
12. It will be between 50-75 Degrees while we are there. Bring appropriate clothing.