

"Time goes by pretty fast " Time management in PE classes is quite important. Our sessions should contain much activity and content in a very limited time, and also we must add transfers, toilet, ... The teacher is usually aware of all this but how involve our students in the need to be effective in the management of class time? This may seem unnecessary but when we pretend that our students develop their activity in class with autonomy, we should involve them with this issue.

I use a color code on the face of a clock that has only two watch hands, one for counting minutes and the other for seconds . Each section corresponds to a part of the class: Yellow, transfers and toilet. Red, warming up time, Green, main part, (for my youngest student is "time for playing") and blue for cooling down.

When the students do the warm up independently, the colors help them not to drag on in some activities. The green part helps us to raise the active time and to limit time spent on explanations (if the students don't pay attention "the watch hands don't stop" and we can't do everything we had planned because the "Time flies").

Without becoming an obsession, this little gadget has helped us to make our class time a time well spent instead of wasted time.