***Free Therapy!***

Sandy Hook Promise and BetterHelp are bringing you therapy. Through our partnerships, MHS students, parents, caregivers and faculty are eligible to receive 3 months of free therapy.

Get started today!

For students (aged 14-17)

1. Start by visiting teencounseling.com/voucher and entering sandyhook-promise-resiliency
2. You'll then be prompted to answer a few questions about your therapy needs and preferences to help match with the best therapist.
3. Then you can activate your BetterHelp account via email
4. Most new members are matched with their therapist in as little as 48 hours.

For Parents, Caregivers & Faculty:

1. Start by visiting betterhelp.com/voucher and enter sandyhook-promise-resiliency
2. You'll then be prompted to answer a few questions about your therapy needs and preferences to help match with the best therapist.
3. Then you can activate your BetterHelp account via email
4. Most new members are matched with their therapist in as little as 48 hours.

Sandy Hook PROMISE

betterhelp