

# Main and collateral channels dredging

## instrument

**Acidipine.DDS**

**bioelectric.health  
apparatus**

**make**

**to**

**use**

**say**

Please read the instructions and the notes on the instrument carefully before using

it

# Foreword

With the improvement of modern people's consciousness of self-protection and the development of science and technology, more and more people pay more and more attention to health, cherish their lives, be alert to the harm caused by the toxic and side-effects of various drugs, and strive to seek some non-toxic and side-effects. Non-polluting, quick-acting non-drug therapy, or natural therapy, is used for disease and health care. Massage therapy, sports therapy, acupuncture therapy and other physiotherapy have enriched the treasure house of Chinese medicine.

On the basis of many treatments and health-care treatments, a new technology of health care and treatment for patients through the use of electrical energy has emerged as the times require, which is called bioelectric meridian-controlled therapy. After more than ten years of research and popularization, it has been recognized by medical authorities and the general public for its remarkable curative effect and convenient and practical use. Many knowledgeable people want to join the chain and devote themselves to this promising career. A growing number of people are required to learn about physical control electrotherapy and seek to use this law to treat diseases. In a short period of years, there have been several provinces, municipalities and autonomous regions throughout the country that have carried out study training, health care and treatment work. . It shows that the physical control electrotherapy is scientific, reasonable, safe and practical, which adapts to the development direction of the society.

In line with the theory of traditional Chinese medicine: the meridians and collaterals have good characteristics in the human body, and it has now been proved by scientific research that physical control electrotherapy is the use of this characteristic of the meridians and collaterals. Electric therapists use electric current to guide and open the channels and collaterals, so that the human body can reach a "pass without pain." For a healthier purpose.

Complex electrophysiological theory: electrical stimulation can cause organic changes in body fluid, endocrine, muscle and nervous system, which is

beneficial to the improvement of immunity and overall quality.

The human body itself has the bioelectricity, and there is a metal element and a large amount of water, and the protein, the inorganic salt, the body fluid and the like are combined with each other, so that the human body is provided with a conductive foundation.

When the body's bioelectric energy is low, cell activity weakens and immunity lowers. Body-controlled electrotherapy is a supplement of electrical energy to the human body, so that the cell function is restored to vitality.

Numerous examples have proved that this method not only can be used for beauty care, health care, weight loss, but also can assist in the treatment of common diseases and difficult diseases. It has the advantages of remarkable curative effect, no side effects, convenience and practicality, low cost and easy to master and so on. It is the further development of acupuncture and moxibustion in traditional Chinese medicine, and it is one of the best methods to get rid of the toxic and side effects of drugs.

# chapter 1

## Introduction to therapy

Biological electrophysiochemical meridian therapy is a new method of regulating human meridian based on traditional Chinese medicine and electrophysiological theory.

### I. what is bioelectric meridian therapy

What is body-controlled electricity: every living body, all its life activities, will survive with the accumulation of positive and negative charges in the body and the movement of the generated charges. This electricity is called bioelectricity, and the current generated by it is called biological current. The bioelectricity of the human body itself has EEG, ECG, myoelectric, gastric, intestinal, meridian and so on. In addition, the human body contains water, various metal ions and other conductive bodies, so that the human body becomes a complex biological conductor, these are the basis of the human body to conduct electricity, with the ability to control and regulate the flow of electricity. This body-controlled output of the current is called body-controlled current.

What is an electrical pointer: controlled by an electrotherapy technician, adjusted current, output from a finger or a palm. The finger is equivalent to a charged electric needle, and is pressed on one or several points of the patient's body by one or several fingers, and the electric energy is transmitted to the patient through the channels and collaterals or acupuncture points.

What is meridian: is the human body runs qi and blood, the communication inside and outside, the network whole body system. If the function of meridian operation is affected by internal and external factors, the operation of qi and blood will be blocked, and many symptoms are pain. Chinese medicine often mentioned "pain is not pain, pass is not pain:" refers to the meridians and collaterals.

What is bioelectric meridian-controlled meridian therapy: electrical therapists will output electricity

from a special "bioelectric body-controlled electro-therapeutic apparatus", after their own body is converted, the electrical energy will be transmitted to the patient by various means of transformation, guided by a large current, and the meridians and collaterals will be opened instantly. To speed up the flow of blood. Patients in a short period of time bioelectricity to be replenished, immunity is regulated, and timely discharge of waste, toxins, and so on. In order to improve the body anti-virus, bacteria and evil air invasion, enhance immunity, human function gradually restored to health, truly become a strong physique and beautiful face of the healthy people.

## II. Characteristics of bioelectric meridian therapy:

(1) Advanced diagnosis with unique advantages:

Body-controlled high-energy bio-electrotherapy can achieve early diagnosis of the disease, releasing chemicals such as acetylcholine and its similar peptides, potassium ions, when the body's pathological changes occur at the site of tissue damage. Hydrogen ions and some acid metabolites. With the change of magnetic field and electric current, the electro-therapists and patients have different feelings and reactions in the disease area. The experienced electro-therapists can easily diagnose the area of the lesion, and the modern medical diagnosis can not be compared with it.

(2) ideal non-invasive treatment:

Body-controlled high-energy bio-electrotherapy is an ideal, damage-free treatment of a new type of therapy. From the point of view of conductive substances, the conductivity used is less than 1MA/CM, and there is no ability to destroy human tissues. These organic particle flows can improve cell kinetic state and metabolism of humoral circulating substances when they act on the human body, and have achieved regulation. Promote, restore or compensate a variety of physiological functions, resulting in the effect of fitness treatment.

(3) desirable all-round treatment:

The composition of particle flow excited by high energy bio-electrotherapy field is complex, and various receptors are selectively absorbed, thus achieving the following therapeutic effects:

- 1、 promote the circulation of hemolymph, improve the malnourishment of tissues and organs, and regulate the metabolism of substances;
- 2、 Regulating neuroendocrine function;
- 3、 Affect the activity of various enzymes;
- 4、 Change the permeability of biofilm, blood, skin, mucous membrane and other tissues, promote the function of monocyte phagocyte;
- 5、 Change the permeability of biofilm, blood, skin, mucous membrane and other tissues, promote the function of monocyte phagocyte;
- 6、 Enhance the adaptability of the body;
- 7、 Promote tissue regeneration and self-healing.

(4) The difference between the magical speed of electrotherapy and drug therapy:

The body-controlled high-bioelectric therapy uses the energy emitted by the electric field and contains the bioelectric information. The speed of the movement is the speed of electric, and can directly act on the part of the lesion, and the physical and chemical reaction can be rapidly generated in the cell. And the metabolic function is enhanced, the pathological structure is changed, the intermediate link is not provided, and the purpose of rapid treatment is achieved.

(1) Changes in PH values: keeping the concentration of extracellular hydrogen ions in the normal range (PH=7.35-7.45) is a necessary condition for human survival. Under the action of high bioelectric current, it is easy to make the body's PH worthy of change. To create a good internal environment for the rehabilitation of the body.

(2) Tissue repair capabilities:

Because the current of electric particles is the same as the speed of light, there is a light-resurrection enzyme in the body that, under the action of light particles, quickly binds to deoxyribonucleic acid and uses energy to turn on the cyclobutyryl of the dimer to

restore it. Finally, the light resurrection enzyme is freed from DNA molecules, so that the repair is completed, so that the tissue of the damaged site can be repaired quickly.

(3) Physiological effects:

In a nutshell: (1) Enhance repair function; (2) improve nutritional function; (3) Enhance repair function; (4) Enhance compensatory function; (5) Enhance defense function; (6) Enhance adaptive function.

(5) Extremely low cost of treatment:

The imperfection of the current medical system is a heavy burden on the society, enterprises and individuals. The high medical expenses cause everyone to cry endlessly, pollution of the environment, imbalance of ecological balance, limitation of living conditions, and weak consciousness of human health. As a result of the sharp increase in morbidity, the advent of high-energy bio-electrotherapy with physical control filled the shortcomings of the medical and health care industry, and integrated health care, diagnostic and therapeutic effects, body conditioning, and emphasis on strengthening the health care industry. The obvious curative effect makes the body-controlled high bio-electrotherapy have the broad development prospect.

(6) Green environment protection, safe operation

The electric energy consumed by high energy bio-electrotherapy in the course of physiotherapy does not produce waste gas or pollute the environment. The customer has no pain in physiotherapy and avoids the pain of injection and the side-effects caused by taking medicine injection. 3. The electric energy consumed by high-energy bio-electrotherapy during physiotherapy does not produce waste gas or pollution to the environment. The World Health Organization calls it "Green Therapy," which maximizes the pain of patients and is also known as "Happiness Therapy."

### III. Effects of body-controlled electrotherapy on human systems

(1) nervous system:

High-energy bioelectric energy reduces the excitability of the cerebral cortex and strengthens its inhibition process. It has obvious effect on adjusting the disturbance of vegetative nerve. It can improve the pain threshold. Under the action of high energy biological current, it can repair the nerve cell potential, reduce the resistance, maintain the time, keep the current of the nervous system unobstructed and the transmission of the nerve signal smoothly, so it can promote the rehabilitation of the related tissue pain.

(2) Blood circulation system:

High energy bioelectricity has biphasic effect on blood pressure. The patients with low blood pressure can increase it, and those with high blood pressure can make it lower through the regulation of the central nervous system. It can enhance the circulation function of the brain and strengthen the contractile force of the heart after treatment.

After treatment, the number of red blood cells, white blood cells and lymphocytes can be slightly increased; it can stimulate the hematopoiesis function of anemia patients; it can improve the coagulation function and slow down the erythrocyte sedimentation rate. It can effectively increase the concentration of calcium ion in serum.

(3) Urinary system:

High energy bioelectricity can activate renal function, regulate bio-electric balance, destroy pathogenic bacteria, mycoplasma, chlamydia microbial environment, promote cell protein production, lose biological

activity, melt blockage, increase urine volume and excretion of metabolite. It has significant effects on various types of inflammation: nephritis, prostatitis, and so on.

(4) Metabolic system:

High energy bio-electrotherapy can promote the relative balance of intracellular and extracellular electric ions, eliminate free radicals, improve microcirculation, and make the blood reach a new state of relativization. In addition, it can increase metabolism, promote digestion and absorption, improve appetite and so on through cell activation.

(5) Respiratory system:

It is helpful to strengthen the cilium movement of trachea mucosa epithelium, improve the secretion function of alveoli, ventilation and ventilation function of alveoli. Promote redox effect and improve respiratory function.

(6) Bone, Muscle System:

It can promote the growth of osteoblasts, facilitate the healing of fracture, regulate the calcium channel in muscle membrane, inhibit the excessive intake of calcium ions by muscle cells, relieve muscle spasm, and effectively treat neck, shoulder, waist and leg pain.

(7) Endocrine system:

Act on each cell, maintain the cell's own function, maintain the balance inside and outside the cell, regulate blood pressure to return to normal, act on the intracellular gland, restore the active information conduction system, promote the energy release, promote the metabolism, To reduce and expel all kinds of metabolic organisms.

#### **IV. Indications of bioelectrophysiologic meridian therapy**

All indications of acupuncture, massage, physiotherapy, etc., can be treated with body-controlled electrotherapy, including:

- 1 、 Health care: whole body, local.
- 2 、 Beauty: acne, wrinkle, beauty, body, breast droop.
- 3 、 Weight loss: whole body, abdomen, face, leg.
- 4 、 Head and face: headache, head weight, dizziness, facial paralysis, facial spasm, trigeminal neuralgia, eye disease, childhood pseudomyopia, rhinitis, tinnitus.
- 5 、 Chest, respiratory system: cough, cold, fever, pneumonia, pharyngitis.
- 6 、 Hand, foot, waist: cervical spine pain, shoulder pain, low back pain, leg pain, rheumatic arthritis, rheumatoid arthritis, bursitis, perisoulder inflammation, hand, foot paralysis, sciatica, sprain of foot and hand, cold back, Cold legs, thromboangitis obliterans, phlebitis.
- 7 、 Abdomen, digestive system: acute gastroenteritis, gastric and duodenal ulcer, chronic gastritis, chronic enteritis, dysentery, spleen-stomach incompatibility, cholecystitis, constipation, hemorrhoids.
- 8 、 Kidney, urinary diseases: cystitis, urethritis, glomerulonephritis, prostatic hypertrophy, frequency of urination, impotence.
- 9 、 Nervous system: insomnia, neurasthenia.
- 10 、 Gynaecology: postpartum wind, irregular menstruation, appendicitis, ovarian cyst, breast hyperplasia.
- 11 、 Other: cerebral thrombosis sequelae, herpes zoster, stones, lumps, scars and other common and difficult diseases.

## **V. contraindications in bioelectric meridian therapy**

1. During various fractures;
2. Various emergency and infectious diseases;
3. Patients with severe heart disease, with severe renal failure; metal objects (such as bypass, stent, cardiac pacemaker) are installed in the body
4. There is a tendency of bleeding;
5. Severe skin lesions, such as groundbreaking wounds, pustules, acute suppurative inflammation, and infectious skin diseases;
6. The pregnancy of women;
- 8, alcohol overdose;
- 9, severe mental illness;
- 10, no drinking cold water, no washing hands and bathing within an hour after acupoint electrotherapy.

# **Chapter 2**

## **Brief introduction of instrument**

### **I. principles of instruments**

This instrument combines the ancient traditional Chinese medicine culture with the modern physiology creatively, with the meridian science as the mechanism, stimulates the meridian with the electric energy, makes the body qi and blood unobstructed, the muscle body immunity function enhances, achieves the goal of preventing and treating the disease.

### **II. Technical indicators**

Ambient temperature: -5 °C - 50 °C

Relative humidity: 20% / 90% (non-condensing)

Ac input: 220V + 10%, 50Hz

### **III. Instrument fittings**

Host: 1

Treatment electrode with heating: 4 tablets

Self-therapeutic electrode tablets: 2

Body control tape heating output lines: 2

Self-healing accessory output line: 1

External power supply: 1 set

Manual: 1 copy

### **IV. Simple troubleshooting**

- 1、if the instrument LED is not lit: please first check if the power supply is normal, the power cord is connected well; the power switch is on; the fuse is fuse broken.
- 2、If the instrument has no output: please see if the positive and negative parts are properly plugged; whether the output mode is correct; whether the output intensity is adjusted; whether the time is adjusted;
- 3、One group has output, and the other group has no output: it is used to check whether the lead of the two groups is electrified or not, and whether the electrode plate is in good condition. Or reinsert the two sets of lines once.
- 4、One group has output, the other group is weak: check which group of output weak signals is working properly. First, the DC voltage of the power amplifier is measured, then the relevant components are checked, and the damaged metamaterials are replaced.
- 5、The masseuse feels the electric current is strong, but the patient does not feel or feel very weak: the

masseuse uses the device for the first time, does not have the electric endurance training before, the body meridian does not have the conduction, causes the electric current in the body not to be able to pass through the finger better in the body.

#### V. methods of use

When using this instrument, according to the patient's physique and disease condition, can use the body-controlled potential electrotherapy directly, the operator uses the hand slowly to control the current intensity, directly in the part which needs physiotherapy to massage the guest with the hand..

We generally recommend one month as a course of treatment (10 times), that is, once a day for 30 to 90 minutes per day (longer in the pre-treatment phase and shorter in the later recovery phase). The first 6 times were the treatment stage and the last 4 times were the recovery stage.

The definition of treatment phase and recovery stage is based on the improvement of the patient's own feeling and condition..

Moderate current is the best for first-time users.

## Operation introduction

When the instrument is used, the operator needs special training and training, and can carry out beauty treatment, health care and treatment to the guest and the patient.

There are three intermediate outputs in the instrument, one positive and one negative.



One set of patches is connected to one of the output outlets of the instrument (which has the function of micro-electric massage, usually fixed to the operator), and the other group of patches is connected to the other outlet of the instrument, and the other group of patches is attached to the other outlet of the instrument, which has the function of micro-electric massage and is usually fixed to the operator. This group of patches is with micro-electric massage, the general effect on the guests. The output here can heat the electrode patch when the heating button is pressed.

Positive and negative outputs are part of the use of body-controlled potentioelectric therapy for both the operator and the patient, with emphasis on the use of therapeutic and health care.

The other is the outlet of the positive and negative poles, the output current is weak, the main function is to directly stick the two electrode patches to the pain site directly to treat the pain.



## operating process

When using this instrument, according to the patient's physique and disease condition, can use the body-controlled potential electrotherapy directly, the operator uses the hand slowly to control the current intensity, directly in the part which needs physiotherapy to massage the guest with the hand.

We generally recommend that one month be one course of treatment (10 times), i.e.,3 days for 1 time, and the time for daily use is 30-90 minutes (the time at the early stage of treatment is long, and the period of post-recovery is short. ) The first 6 times were the treatment stage and the fourth time was the recovery phase.

The definition between the treatment phase and the recovery phase is based on the improvement of the patient's own feeling and condition.

4、Moderate current is the best for first-time users.

### operating steps

Plug in the power cord and press the start switch. At this time the panel time is displayed for 30 minutes, by the time add and decrease key set the working time. Working hours can be set at any time in 1 / 99 minutes. As shown below

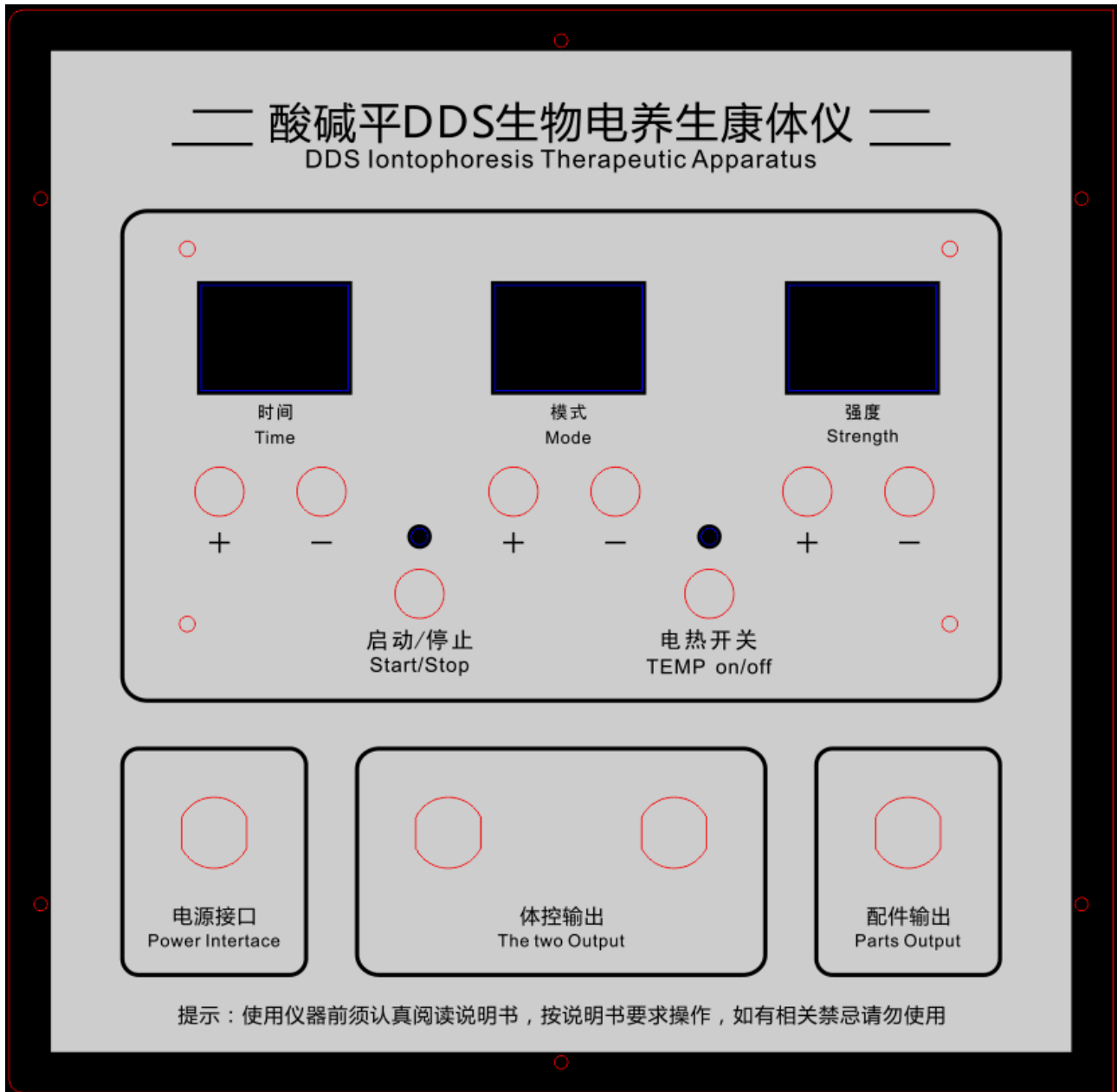


Figure 1 (panel schematic)



**Figure 2 (fitting diagram)**

**Strength adjustment key.** Power on the default strength of 1, according to the intensity adjustment key set the intensity output. When helping the customer to do the course of treatment, slowly up, adjust to the customer acceptable intensity. Output strength at 1 / 99 arbitrary adjustment

**Mode:** the instrument has 10 fixed treatment modes. The treatment mode can be set according to the customer's requirement.

Wrap the output I fitting patch with a wet towel and place it on an object insulated from the earth. The beautician gently stepped on the wet towel that wrapped the patch with his feet during the course of the treatment.

Wrap the output II patch with a wet towel and tie it to the customer

Press the start key, and the instrument begins to output.

The beautician gently touches the part where the customer needs to be treated, and adjusts the output intensity and mode according to the customer's ability to bear and the need for treatment.

If you feel uncomfortable, please suspend the use of this instrument. Beginners must operate under the care of a mentor. At the same time, the current intensity of the instrument can be adjusted by the intensity, and the operation is also related to the strength of the beautician or physiotherapist.

**(1)Electricity-resistant training method:**

Electrical endurance training is one of the key techniques to learn the bioelectric meridian therapy. If a person does not have a certain amount of electricity, he cannot work. Electricity-resistant training is an effective way to improve electricity endurance, and electricity-proof training is the most difficult, requiring students to overcome fear, pain, numbness, fatigue and other incomforts, to practice hard to make their own electricity tolerance to a certain extent, and it is necessary for students to overcome fear, pain, numbness, fatigue and other incomforts. In order to lay a solid foundation for future work, scholars must keep safety first in mind at the beginning of practice or treatment, practice therapy only after determining the safety of the practice environment, and develop good electrocution habits. Remember not to hold the power poles at the same time with both hands, because once you hold them, The hand will contract strongly under the strong electric stimulation, the tighter it is, the bigger it is (when the body is tight, its resistance will drop sharply and the power supply will be strong), and when the current exceeds the maximum tolerable amount of the human being, there will be life danger when the human being cannot get rid of the electric current. Insulation, plastic slippers, or other insulating materials, when all is ready, the practitioner breathes at high speed, relaxes the mood, puts his hands first, then his feet, feeling that he can adapt to the current himself, and then gradually move towards the middle. The heavier the foot, the greater the electric quantity. The greater the foot area, the greater the power.

the electrode piece with one foot on one line and the electrode piece with one hand holding the other.

2、 a electrode piece with one foot on one line and one with two hands on the other.

3、 one foot step on a wire electrode piece, the other line electrode plate placed on the face, head, waist, abdomen and other parts of the experiment feeling.

4、 one foot stepped on one line of electrode piece, the other foot stepped on the other line electrode piece, this is foot and foot. (can not practice)

5、 A piece of electrode with one foot on one line, one hand or two in contact with the other, placed on the table.

6、 The electrode piece with two feet on one line and the electrode piece with one hand holding the other.

7、 An electrode sheet with two feet on one line, and two electrode sheets holding the other line.

Why do we practice or treat electrode chips that use our feet to step on the line?

The purpose is to use the foot to control the size of the electric current, because the human foot cutin

is thicker, relatively large, the heel of the pain sensory nerve is also less, so the foot can also withstand the strongest stimulation. Since the nerve reflex of the foot to the electricity is usually characterized by the movement of the heel, once the current increases, when the therapeutic or practitioner cannot bear it, that is, when the current exceeds the maximum capacity of the human body, The gastrocnemius and visual tendons of the heel are spasmodic by strong electrical stimulation, and the heel reflexes automatically depart from the opening. But the hand is not, the hand will only grasp the electricity more and more, unless you reach the maximum electricity capacity, or you will be charged On the other hand, the foot to step on the electricity, the current flow from the foot into or out of the foot, so the impact on the heart less.

## (2)Practice of massage method

### Practice of pointing

Pointing method is a point method commonly used in body-controlled electrotherapy, which usually uses three fingers, two fingers or one finger. Because its contact area is relatively large, it is the main treatment to the disease, so it is necessary to practice hard to master this method. Without good resistance to electricity, there is no penetration effect in the treatment.

Put your hands on the insulated wooden table, step on them slowly with your heel, and gradually increase the strength. You can start with three fingers (food, middle, ring finger), followed by two fingers (food, middle), one finger belly practice, and the left and right fingers alternately. At first practice this method will have the finger hair wood, stiff, numb, the feeling of slight pain, can adapt in a few days. the practice of the palm-and-law method

Hand-rubbing is also a commonly used technique in body-controlled electrotherapy, which is often used in the waist and back, chest and abdomen. Practice this method also like practice instruction method, put the palm on an electrode piece, step on the electrode piece with the foot, the pressure does not float lightly, heavy but not tight, can adapt in a few days.

Body position selection principle: the doctor is easy to operate, easy to take points, the patient is comfortable and safe.

1、Double sitting position: doctor, the patient takes the sitting posture, the treatment tablet each steps on one pair. This method is most commonly used, but also the most convenient, often used.

2、the supine position: the patient is supine on the treatment bed, the way that the treatment sheet can be grasped with both hands, the manner in which the treatment sheet can be applied by the knees, or a vacancy which is attached to the feet (such as high blood pressure in the Yongquan point) or a specific vacancy mode, The doctor is still using his foot in the treatment of a piece of treatment or by sitting or on the side of a variety of techniques. It can be used for the treatment of stomach, head and lower limbs. For example, when we face cosmetic or breast therapy, the patient can be fixed to the Guanyuan point.

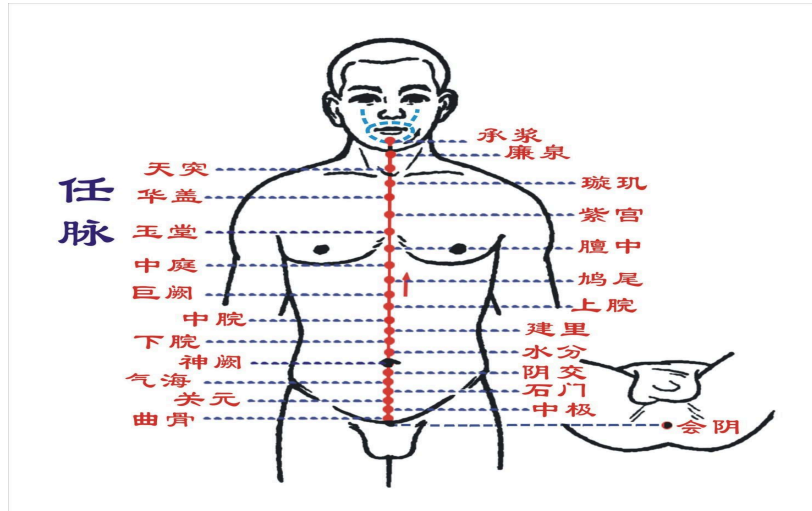
3、Prone position: the patient lies on his or her back on the treatment bed, touching one end of the patch with a hand grip or binding fixation, while the doctor still uses the foot method to perform the spell. This method is often used in the treatment of low back and lower limb diseases. For example, the lumbar disc protruding can allow the patient to place the power source next to the lumbar spine lesion, or allow the patient to fix the electrode at the lesion.

4、The third-party intervention method: This method is used for children, namely, the parents of the child contact one end of the power supply, and then the child is connected with the child, so that the fear of the child is eliminated, the doctor is applied to the side, and the method is used for the treatment of infantile diarrhea and myopia.

5、Self-healing: a method of self-healing in which doctors step on their feet with electrode patches (or electrode slippers) at one end of the power supply, connect electrode slices at the other end, place them in the meridians where they are to be treated, and self-regulate the acupoints.

# chapter 3

## Human figure



### [中医] Ren channel

One of the eight veins of the odd meridian of the

human body. The word "Ren" has the meaning of being held and nurtured. Any body of Yin Meridian, connected with all Yin Meridian, all fine blood, Jin liquid is Ren Maisuo, so it is called the sea of Yin veins. Renmai can pregnancy-nourish fetus, with the woman menstruation, belt, fetus, labor is closely related. Any vein rises in the cell, gives out perineum, passes through the yin caruncle, ascends along the abdomen and the chest midline, passes through the throat, reaches the lower lip, encircles the mouth lip, goes up to the gingival crossing point, meets with the supervisory vein, and the upward branch goes down to both eyes. Branches from the center of the cell through the ridges, upward along the back. The acupoints of this meridian include perineum, curved bone, middle pole, Guan Yuan, Shi Men, Qi Hai, Yin Jiao, Shen que. Water, Xiawan, Jianli, Zhongwan, Shangwan, Juque, Hatowei, atrium, Shanzhong, Yutang, Zigong, Huaguei, Xuan, Tiansudden, Lianquan, Chengjiu a total of 24 points.

[医]circulation of Qi-blood in meridians

In the small abdomen of the driver, the perineum of the lower part of the driver is moved upward to the pubic hair part, along the abdominal part, upwards passes through the acupuncture point and the like to reach the throat part of the pharynx, and the upper part of the lower part of the screwdriver reaches the throat part of the pharynx, and then the upper part of the opening and the mouth lip passes through the face and enters the eyes of the eye.

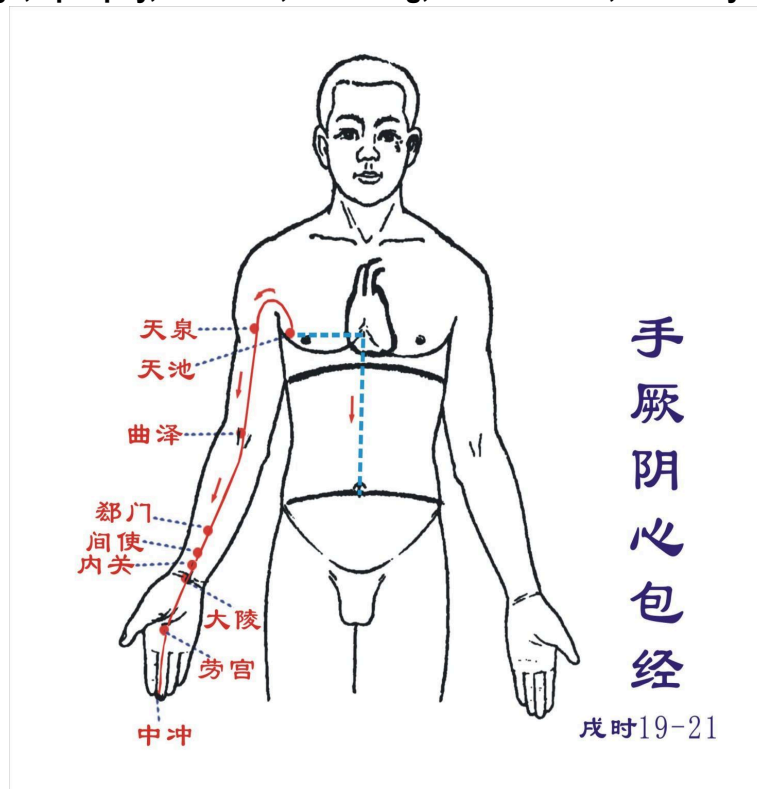
### governor meridian

One of the eight veins of the odd meridian of the

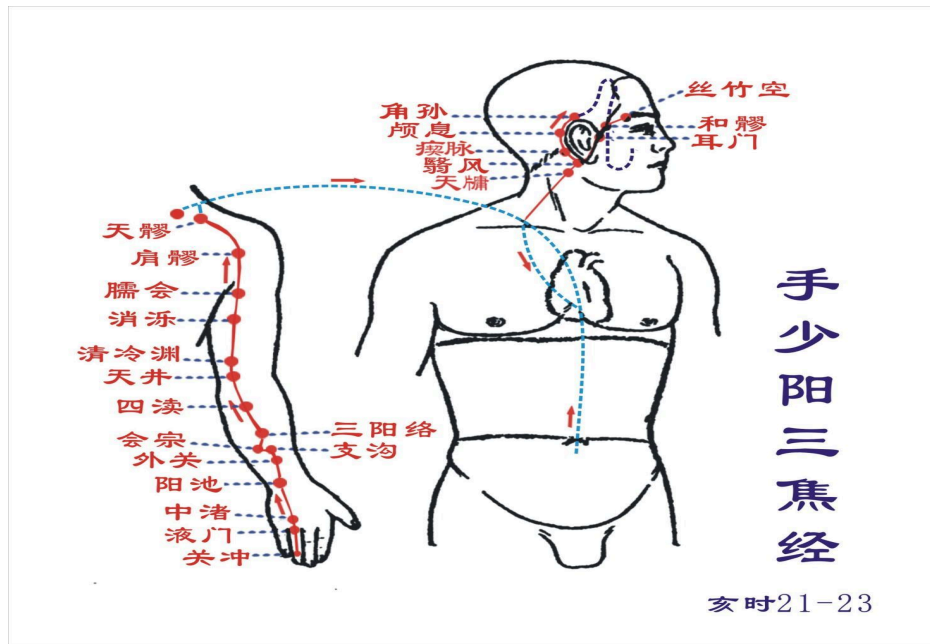
human body. Governor of the Governor of the Yang meridian, six meridians meet with the Dazhui, Dazhui has the role of regulating the Yang meridian Qi and blood, so it is called the "sea of Yang veins." Primary reproductive function, especially male reproductive function. The vein rises in the cell, below the perineum, then in the middle of the back of the waist, up the spine, through the nape to Fengfu point, into the brain, back up to the head, along the head midline, through the head, forehead, nose, upper lip, to the lip strap (see photo). The acupoints of this meridian have long strength, waist-Yu, waist-yang pass, life gate, suspension pivot, ridge, center, muscle contraction, reach Yang, Lingtai, Shendao, body pillar, Tao, Dazhui, hoarse, mute Door, Fengfu, brain, Qiang, back, Baihui, front top, fontanel, star, Shenting, Su Liao, aqueduct, cedar, gingival Jiaotong a total of 28 points.

Its route, starting in the small abdomen, from the perineum to the back, in the middle of the spine, up to the wind, into the brain, upper head, lower forehead, center along the forehead,

below the nasal column and the upper teeth. It is connected with Renmai, Chong Mai, Sun bladder Meridian of foot, kidney meridian of foot Shaofu, heart, kidney and brain. The main manifestations of the meridian are spinal rigidity, angular arch distension, severe head pain, strong items, vertigo, epilepsy, anuresis, drowning, hemorrhoids, infertility and so on.



**pericardium meridian** One of the twelve meridians of the human body. This is in the chest, out of the pericardium, through the diaphragm, to the upper, middle and lower three focal points. The branch branches from the chest, reaching the two ribs, and up to the underarm at a 3-inch arm under the armpit. In the inner side of the upper arm, enter the elbow, and the two ribs of the descending forearm (the flexor tendon and the long tendon of the palm side) enter the palm, reach the end of the palm in the middle finger, and the other branch is separated from the palm, and the side end of the ring finger is connected with the three-focal point of the hand shaoyang The disease is mainly characterized in that the heart is hot, the elbow arm is difficult to stretch, the armpit is swollen, the chest and the hypochondrium are swollen, the pain, the upset, the face is red, the eyes are yellow, and the smile is changeable, and the like. . Pulse acupoints are Tianchi, Tianquan, Quze, Ximen, intermission, Neiguan, Daling, Laogong, Zhongchong, a total of 9 points, left and right 18 points.



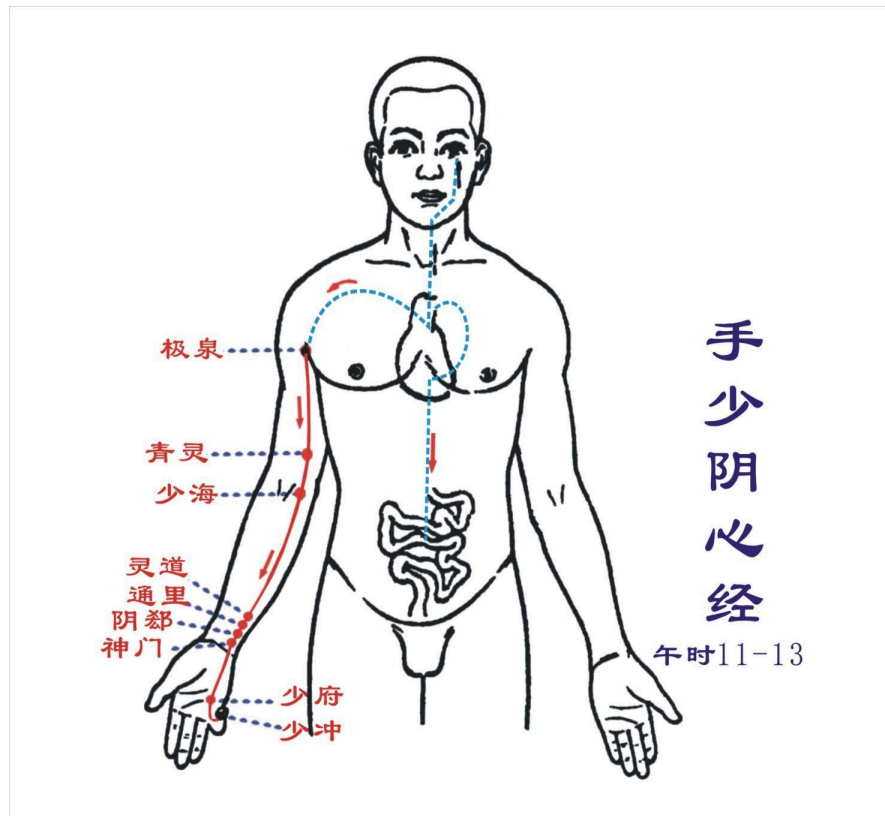
**triple energizer meridian** One of the twelve meridians. Which passes from the back of the upper arm to the shoulder, meets the supervision pulse at the hole of the big vertebra, and then moves forward into the supraclavicular fossa, and is distributed between the two milk. The pulse gas is distributed to the pericardium and through the diaphragm,

The system belongs to the upper, middle and lower three-jiao. The branch is disposed from between the two milk, and is shallow out of the supraclavicular fossa. After the neck to the ear, the upper angle of the ear is upward, and then the flexion is downward to the lower part of the cheek and the orbit. And the other branch enters the ear from the back of the ear, and goes to the front of the ear, and the cheek part and the front bar branch are crossed to reach the external eye angle. The pulse gas is thus connected with the foot of the foot. The major manifestations of this disease are deafness, tinnitus, swelling and pain of the throat, pain in the external eye, sweat, cheek, ear, shoulder, elbow, and the pain in the meridian of the arm.

Triple focus, pericardium, ear, eye, lung, diaphragm

This meridian acupoint: Guanchong liquid gate, Zhongzhu Yangchi Waiguan branch gouge will be three Yangluo four Dudu Tianjing clear cold abyss away gravel, will shoulder Liao Tianyou Yifeng pulse skull information angle sun Ermen Ear and Liao silk bamboo empty

The main points of this meridian are head, eye, ear, cheek, throat, chest and fever, as well as other diseases passing through the meridian. Visceral diseases: epigastric pain, abdominal distension, vomiting, belching, eating, jaundice, adverse urination, upset heart, heartache, insomnia. Meridian disease: strong tongue, swelling in thigh and knee



**heart meridian** One of the twelve meridians. From the heart, after coming out, the meridian belongs to the heart system (the tissue around the heart), reaching down through the diaphragm to contact the small intestine.

Its branches are attached to the eye by clamping the esophagus upward from the heart system; its straight line from the heart to the upper lung, downward oblique out of the armpit, along the medial back of the upper limb, to the elbow, along the medial back of the forearm, to the back of the palm of the hand into the back of the metacarpal, along the radius of the little finger to its end. The pulse is thus connected to the small intestine meridian of the hand sun. The dysmenorrhea is characterized by dry pharynx, heartache, thirst, yellowish, chest and flank pain, and cold, pain and hot palmar pain in the anterior medial part of the upper limb. The meridian point is at the point of the Qingling, Qingling, the Qingling, the Yin and the Shenmen, the less than the capital.

#### 1. Jiquan

Upper arm abduction, axillary median, axillary artery pulsation

Function: broad chest and calming spirit

[main treatment] 1 heartache, chest tightness, palpitation, shortness of breath, sad and sad, dry vomit, yellowish; 2 shoulder and arm pain, rib pain, brachial plexus injury. 3 scrofula, axillae; 4 acupuncture and anaesthesia of upper limb

#### 2. [穴位] Qingling (H2)

[position] medial arm, on the line between Chiquan point and Shaohai point, 3 inches on the elbow transverse stria, ulnar margin of biceps brachii muscle; lifting arm, on the line between Shaohai and polar spring, 3 inch in less sea, in ulnar groove of biceps brachii muscle

[function] blood-regulating and pain-relieving

[treatment] 1 headache, cold, yellow; 2 hypochondriac pain, shoulder and arm pain.

#### 3. [穴位] Shaohai (H3)

The midpoint between the medial end of the elbow stria and the medial supracondylar line of the humerus; flexing the elbow, taking a point in the recess of the lateral head of the elbow striated ulna.

Function: calming the mind and calming the mind

[main treatment] 1 heartache, hysteria, aphonia, amnesia, madness and laughter, epilepsy; 2 elbow and arm contracture, arm hemp and hand tremor, head pain, dizziness, armpit and flank pain; 3 scrofula (scrofula).

#### 4. [穴位] Lingdao (H 4)

The radial edge of the flexor Carpi ulnaris tendon, 1.5 inches above the transverse carpal stria

**Broad chest surgery**

[main treatment] 1 heartache, fear of laughter; 2 aphonia, dry nausea; 3 elbow and arm contracture, cramps.

5. [穴位] Tongli (H 5)

The radial edge of the flexor Carpi ulnaris tendon 1 inch above the transverse carpal stria

[function] Ning Zhian Shen, Yiyin Qingxin

Heartache, palpitations, and palpitations; strong tongues, fear of fear, sudden aphonia, redness of the face, excessive bleeding of women, collapse and leakage. Vacuity annoyance, night sweating; 3 wrist and arm pain.

6. Yin gap

The radial edge of the flexor Carpi ulnaris tendon, 0.5 inches above the transverse carpal stria

Function: it is better to cool the heart and cool the blood

[main treatment] 1 heartache, palpitation; 2 bone steaming night sweat; 3 blood vomiting, bleeding, aphasia.

7. [穴位] Shenmen (H 7)

[location] at the ulnar end of the transverse carpal striae, the radial notch of the flexor tendon of the ulnar carpal, and the radial margin of the carpal bean bone, that is, the radial border of the ulnar carpal flexor tendon attached to the radial side of the carpal bone, on the transverse striae of the posterior metacarpal.

[function] strengthening the heart and dispelling evil spirits, tranquilizing the mind and soothing the spirit

[main treatment] 1 heart and mental diseases such as heartache, annoyance, palpitations, trance, forgetfulness, insomnia, dementia, weeping, epilepsy, etc.; hemoptysis, emetic blood, yellowish hypochondriac pain, aphonia, wheezing and breathing; 2 hypertension; 3 chest and flank pain.

8. young mansion

[positioning] between the metacarpal surface of the hand, between the 4th and 5th metacarpal bones, between the little finger and the end of the ring finger when holding the fist; 4, 5 at the back of the metacarpophalangeal joint, between the dorsal metacarpal end and the ring finger end

[function] Clearing the heart and calming the mind

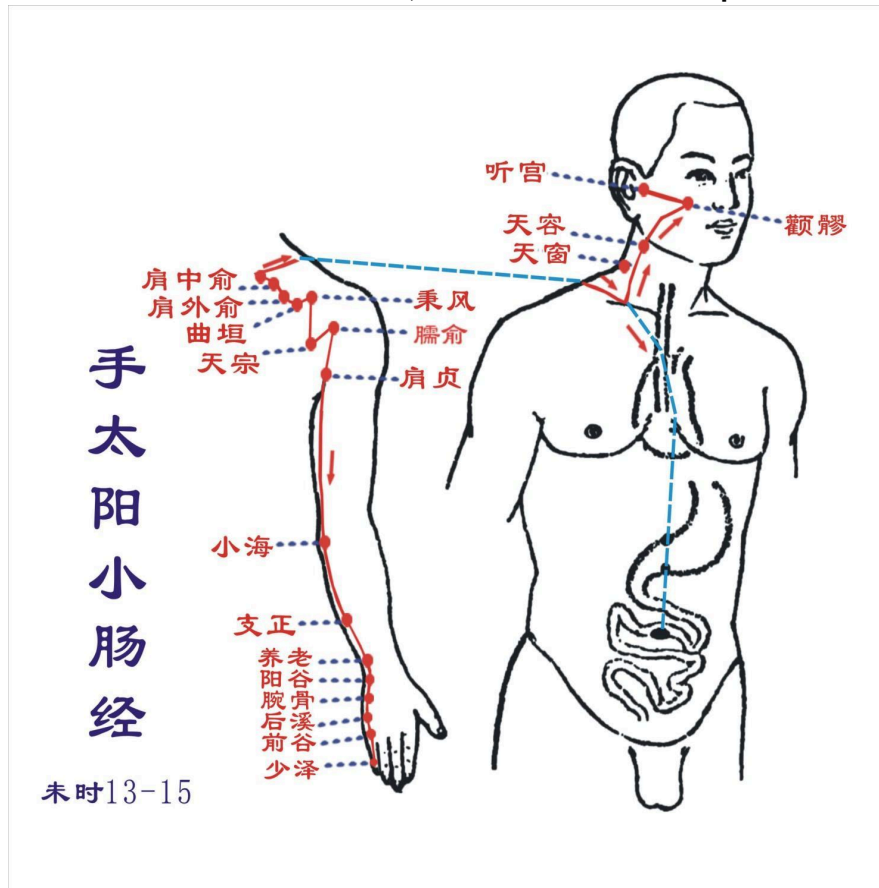
[main treatment] 1 palpitation, heartache, annoyance, chest pain, good laughter, fear of fear; 2 Yin itching, Yin Ting, Yin pain; 3 adverse urination, selection; 4 finger contracture, restraint contracture.

9. [穴位] Shaochong (H9)

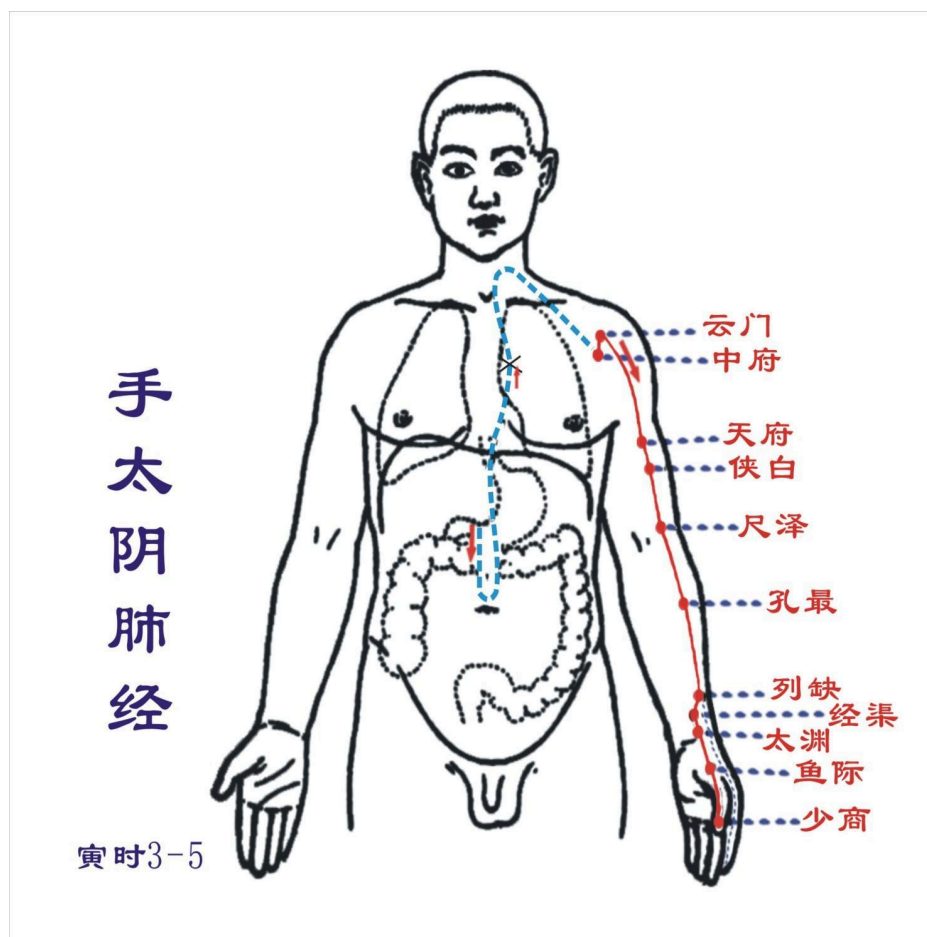
[positioning] 0.1 inch near the nail horn of the small finger; in the radius of the small finger, the root of the nail horn is removed, and about 0.1 inch of the claw nail finger is removed.

Clear the heat and extinguish the wind, Ningshen wakes up the brain

[main treatment] 1 palpitation, heartache, madness; 2 febrile, coma. 3 chest hypochondriac pain, chest full breath acute, hand contracture arm pain.



**small intestine meridian** one of the twelve meridians The meridian starts from the lateral end of the small finger of the hand, ascends along the lateral edge of the palm and ulna, the stem process of the ulnar bone, straight above the ulnar side of the posterior forearm, upward between the olecranon of the ulna and the medial supracondyle of the humerus, and travels along the posterior medial side of the upper arm to the back of the shoulder joint and surrounds the scapula, At Dazhui point (posterior cervical vertebra protruding), it meets with the supervisory vein. Go further into the supraclavicular fossa, into the body cavity, contact the heart, down the esophagus, through the diaphragm muscle, to the stomach, into the small intestine. It branches from the supraclavicular fossa to the outer corner of the eye along the upper cheek of the neck and back into the ear. Another vein comes out of the cheek, under the orbit, to the inner corner of the root of the nose, then oblique to the cheekbone. Pulse qi is thus associated with The feet of the sun meet the bladder meridians. The main manifestations of this meridian are pharynx pain, lower jaw swelling, deafness, yellowish and shoulder, upper limb posterior medial meridian pulse pain and so on. The meridian acupoints are Shaoze, Qiangu, Houxi, wrist bone, Yanggu, old-age, Zhizheng, Xiaohai, shoulder Zhen, Yushu, Tianzong, Bingfeng, qu Yuan, shoulder Weishu, shoulder Zhongshu, skylight, Tianrong, zygomatic Liao, listening palace, a total of 19 points, left and right 38 points.



**lung meridian** One of the twelve meridians. the upper mouth of the stomach is connected with the large intestine, passes through the diaphragmatic muscle, enters the lung, runs out of the chest wall from the lung (the trachea and the throat), moves to the armpit, and is arranged outside the upper arm, To the elbow, follow the lower side of the forearm to an inch (where the artery beats the artery), and then to the side end of the thumb at the outer edge of the big fish. The vein branches from above the stem of the back of the wrist, and through the back of the back of the hand to the side end of the index finger And the pulse gas is thus connected with the hand-yangming coliform. The disease is mainly characterized by chest fullness, cough, asthma, supraclavicular fossa pain, full heart and chest, and frequent micturition. Back, upper limb front and outside cold, numbness and soreness. This meridian acupoint: Zhongfu Yunmen Tianfu chivalrous Baiulu Ze Kong most lack channel Taiyuan fish bottom few Shang Ben meridian acupoints mainly cure cough, asthma, hemoptysis, throat pain and other lung diseases, as well as other diseases in the meridian along the line of the meridian and pulse.

Main symptoms:  
Zang-fu disease: cough and asthma, breathing, annoyance, lung distension



## The Large Intestine Channel of Hand-Yangming

One of the twelve meridians. It rises from the radial end of the forefinger and ascends along the radius of the index finger. Between the first and second metacarpal bones, it enters the two tendons (long pollicis, extensor brevis tendon), enters the lateral elbow along the radius of the forearm, and ascends along the anterolateral side of the upper arm, From the shoulder to the back, intersect the supervisory veins at Dazhui point, then go down into the supraclavicular fossa, contact the lungs, and enter the large intestine through the diaphragm muscle.

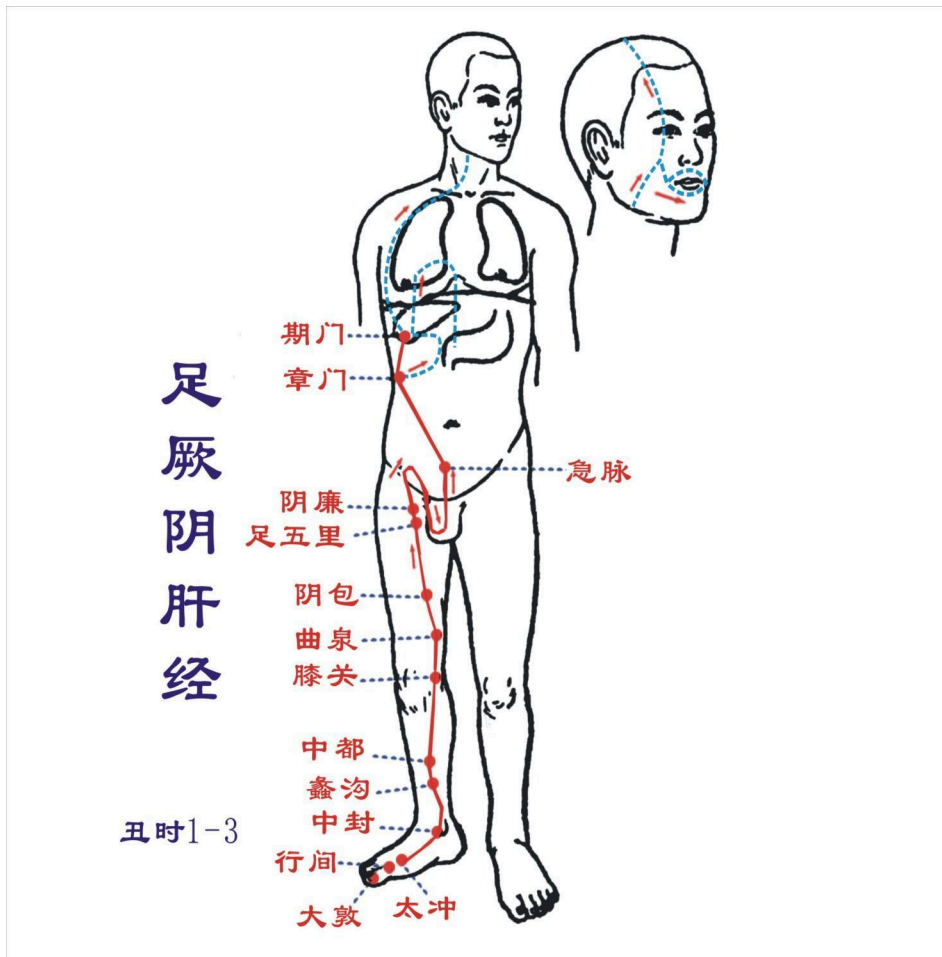
Its branches from the supraclavicular fossa to the neck, through the cheek, into the lower alveolar, back along both sides of the lip, in the middle of the left and right crossing, upper nostrils on both sides. The pulse qi is connected with the foot Yang Ming stomach Meridian. The main symptoms are toothache, neck swelling, yellowing, dry mouth, nosebleed, shoulder and arm pain, heat swelling of forefinger and meridian.本经腧穴:

Shangyang two rooms three Hegu Yangxi Yi Lian hand three li qu chi elbow Liao hand five li arms and shoulders giant bone Tianding Futukou he Liao Yingxiang

The main treatment of facial diseases, fever, skin diseases, gastroenteropathy, and other diseases of the meridian and other parts of the line.

Main symptoms:

Meridian disease: toothache, neck swelling, yellowing, dry mouth, allergic bleeding, throat arthralgia, anterior shoulder pain, finger pain, no need. Full, the amount of urine owed. Meridian disease: full chest, lack of pelvic pain, syncope in the forearm, heat in the palm

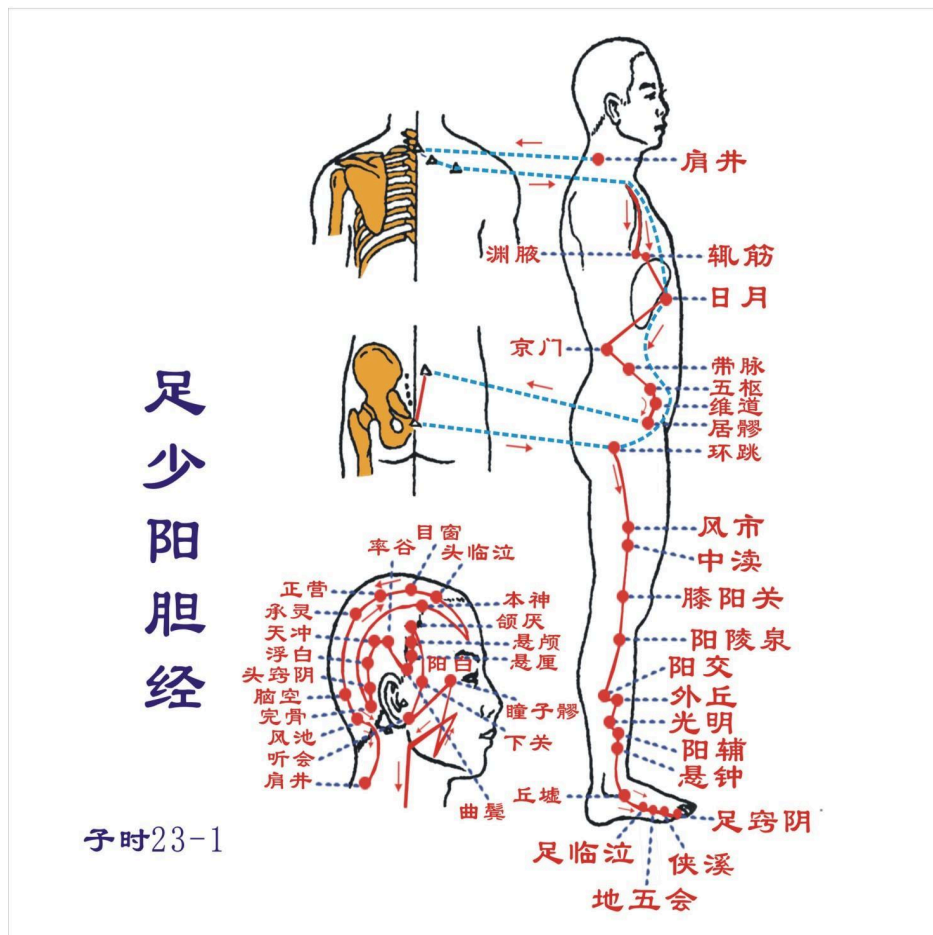


## Liver Channel of Foot-Jueyin

One of the twelve meridians of the human body. The liver channel is abbreviated as liver meridian. Along the back of the foot up to one inch in front of the medial malleolus (middle seal point), up along the inner edge of the tibia, 8 inches above the medial malleolus, after handing over the foot Taiyin spleen Meridian, up over the medial part of the knee, along the back of the foot at the back of the toenail nail and one inch before the medial malleolus. Enter into the pubic hair along the medial middle line of the thigh, to the small abdomen, to both sides of the stomach, belonging to the liver, foot syncope Yin liver through the meridian line of the collaterals, upward through the diaphragm, distributed in the rib, along the back of the throat, upward into the nasopharynx, The up-link eye is out of the forehead, and the upward and the supervisor will be at the top of the head. A branch of the meridian is separated from the eye, descending in the cheek and surrounding the mouth. And. A branch is separated from the liver, passes through the diaphragm, injects the lungs upward, and hands the Taiyin lung meridian. The acupoints of the meridians of ZJYYINGANG acupoints are: Daton, line, Taichong, Zhongfeng, Li Gou, Zhongdu, knee pass, qu Quan, Yincuo, Wu Li, Yin Lian, acute vein, Zhang Men, Qi Men 14 points, left and right 28 points.

This acupoint mainly treats liver and gallbladder, gynaecology, anterior Yin disease and other diseases along the meridian.

Main symptoms: chest full, vomiting, catharsis, dryness, urination, obliteration, etc. Meridian disease: low back pain, hernia, less abdominal swelling, etc.



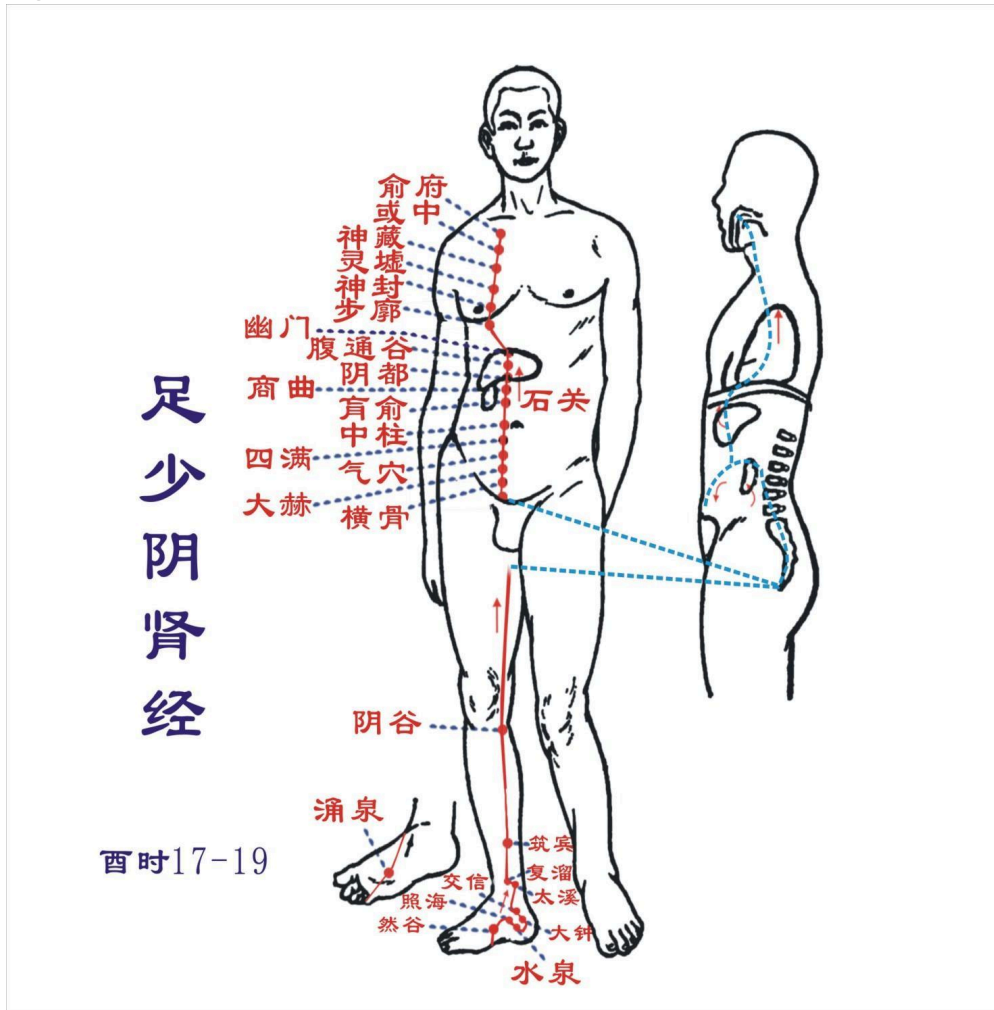
**Gall Bladder Channel of Foot-Shaoyang** One of the twelve meridians of the human body. It starts from the lateral eye canthus (pupillary point), up to the head angle (jaw anorexia point), down to the back of the ear (finish bone point), back to the forehead to the top of the eyebrow (Yangbai point), then backward to Fengchi point, down to the shoulder along the neck, and then back to the top of the eyebrow (Yangbai point), down to the shoulder along the neck. Rendezvous around in the Dazhui point, forward into the lack of basin. A branch of this meridian enters the ear from behind the ear, out of the ear, to the rear of the lateral canthus. The other branch was separated from the lateral canthus, down to Daying point, the same hand and few yang meridians distributed in the buccal part of the branch of the same vein, to the orbital, downward through the mandibular angle down to the neck, and the anterior vein meets in the back of the basin, through the diaphragm, collaterals liver, belonging to the bile, along the edge of the shallow air street, line hair, lateral to the ring jump point. The straight downward meridians from the missing basin to the axils, along the chest side, through the quarter rib, down to the circumferential jumping point at the junction with the anterior vein, then downward along the outer thigh, the outer edge of the knee joint, in front of the fibula, straight down to the lower end of the fibula, before the superficial lateral malleolus, Walk along the dorsum of the foot out of the lateral end of the fourth toe (Acupoint of the foot orifice).

The other branch of the channel branches from the back of the foot (the sobbing point), the lateral end of the large toe of the foot is advanced, the back passes through the claw and is distributed at the rear cluster of the large toe of the foot, and is delivered to the yin and the liver of the foot.

The acupoints of this meridian are: pupil, hearing meeting, upper pass, jaw boredom, suspension skull, suspension, groin, rate valley, Tianchong, floating white, head orifice yin, complete bone, Ben Shen, Yang Bai, head facing weeping, eyepiece, Zhengying, Chengling, brain sky, wind pool, shoulder well, deep fluid, Frequent tendons, Sun and Moon, Jingmen, with veins, five armature, Weidao, Guqian, Ring Jump, Wind City, Zhongdu, knee Yangguan, Yanglingquan, Yangjiao, Outer Hills, Light, Yang Auxiliary, hanging clock, Qiu Hui, foot weeping,

Earth Wuhui, chivalrous Creek, foot Qiaoyin, a total of 44 points, Left and right 88 holes.

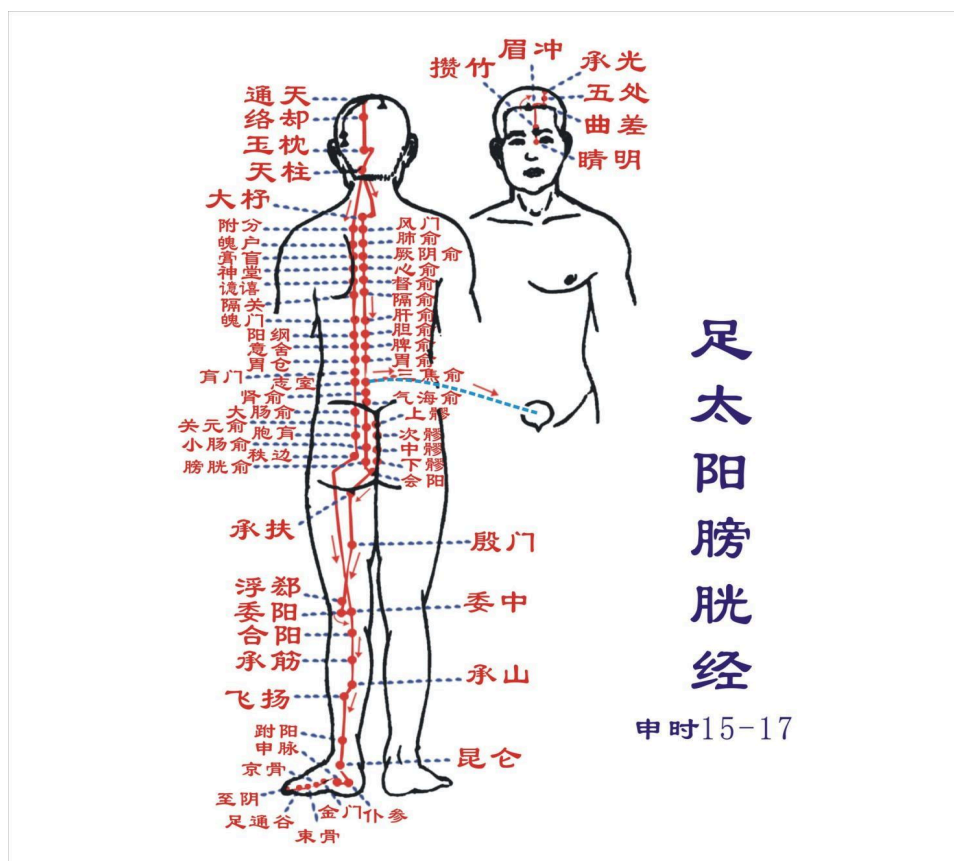
This meridian points mainly treat lateral head, eye, ear, pharynx and larynx disease, mental illness, fever and other diseases in the meridian line. Main symptoms: bitter mouth, dizziness, malaria, etc. Meridian disease: external canthus pain, pelvic abscess swelling, subaxillary swelling, chest, flank, femoral and lower limb lateral pain, foot lateral fever and so on.



## Kidney Channel of Foot-Shaoyin

One of the twelve meridians of the human body. Referred to as the kidney meridian, arising from the foot below the small toe, the oblique foot (spring), out of the scaphoid trochanter, behind the medial malleolus, into the heel, and then upward on the inside of the leg belly, out of the inside of the popliteal fossa between the semitendinosus tendon and semimembranous muscle, the upper thigh through the medial posterior edge, Leads to the spine, belongs to the kidney, contacts the bladder, also out of the front (middle pole, belongs to the Ren vein), opens 0.5 inches along the midline of the abdomen, 2 inches beside the midline of the chest, reaches the subclavian edge (Yu Fu)

The vein of the kidney going straight: through the liver and the diaphragm, into the lungs, along the throat, on both sides of the tongue. Pulmonary branch: from the lung, contact the heart, flow into the chest, and connect with the pericardium of the hand. There are: Yongquan, Rigu, Taixi, Dazhong, Water Spring, Sea-to-sea, Fueling, Communication, Zhubin, Yin-Gu, Henggu, Dah, Air-cavity, Four-Sea, Middle-note, Shuyu, Shangsong, Shiguan, Yin, Tonggu, Pyloric, Step Gallery, Shenfeng, Lingang, Shenzang, and Yu-zhong, Yu House, 27 points, left and right, 54 "Acupoint. It is mainly used for the treatment of gynecological, anterior and female, kidney, lung, and throat." such as menoxenia, Seminiferous, dysuria, edema, constipation, diarrhoea, and lesions in the meridian line.

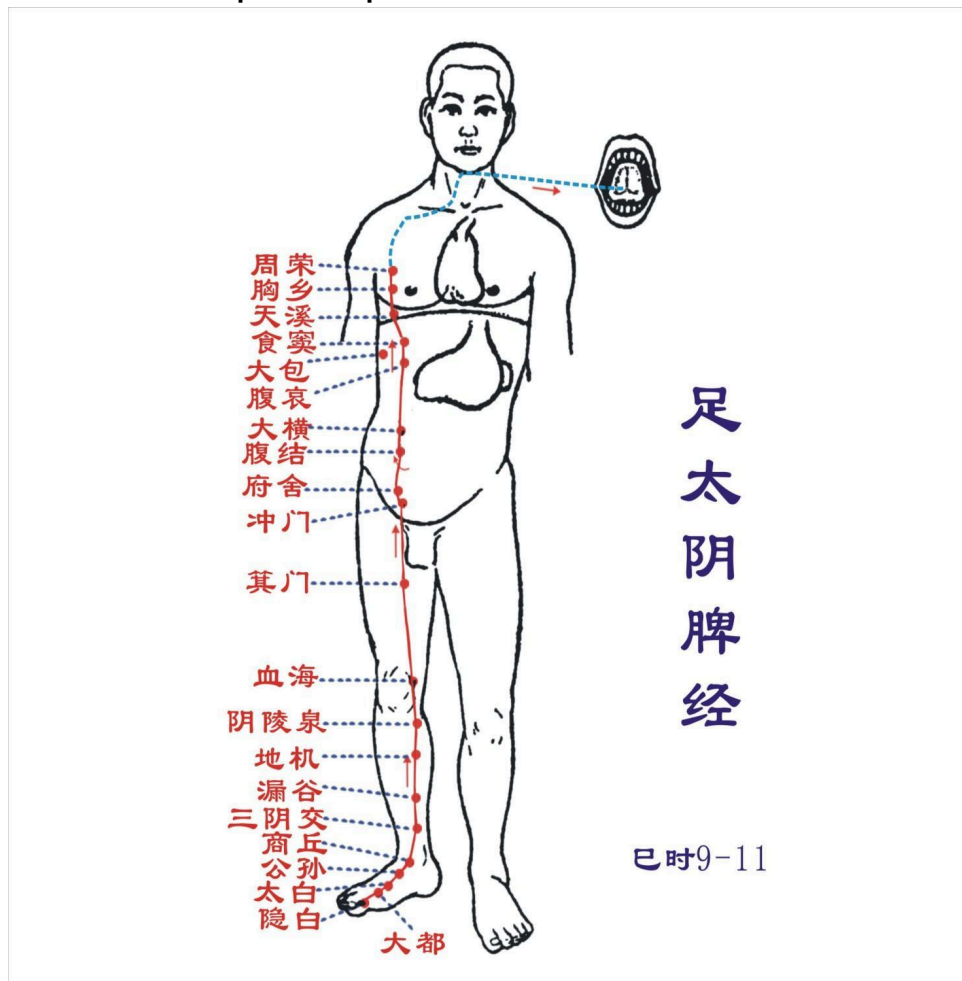


**bladder meridian** One of the twelve meridians of the human body. It starts from the medial canthus (Qingming point), reaches the forehead, and meets at the top of the head (Baihui point). This meridian branch comes out from the top of the head to the upper corner of the ear. Straight from the top of the head to the occipital bone, straight from the top of the head to the occipital bone, into the skull cavity, collaterals, back out to the nape (Tianzhu point), downward rendezvous at Dazhui point, and then left and right along the medial scapula, two sides of the spine (one inch five points), Reach the waist (Shenshu point), enter the muscles on both sides of the spine, deep into the body cavity, collateral kidney, belong to the bladder. A branch of this meridian comes out of the waist, downward along both sides of the spine, through the buttocks, from the outer edge of the posterior thigh to the popliteal. In the nest (in the middle of a point). The other branch separates from the item, passes through the shoulder potassium inside, goes down from the attachment point (three inches) to the hip axis, joins the anterior vein through the back of the thigh to the popliteal fossa, then passes through the gastrocnemius muscle and walks behind the lateral malleolus of the foot. Along the dorsolateral margin of the foot to the lateral end of the small toe (to Yin Acupoint), to the foot little yang kidney meridian.

The acupoints of this meridian and veins are: Jingming, Zizhu, Meicong, Quji, five places, Chengguang, Tongtian, Luoqian, Yuqiu, Tianzhu, Dazhu, Fengmen, Feishu, Juyin Yu, Xinshu, Dushu, Geshu, Dansu, Pesyu, Weishu, Sanjiaoshu, Shenshu, Qi Hai Yu, large intestine Yu, Guan Yuan Yu, Xiao Chang Yu, bladder Yu Zhong Yu, Bai Huanyu, Shang Liao, ci Liao, Zhong Liao, Xia Liao, Huiyang, Chengfu, Yin Men, Fu Qi, Yuyang, Wei Zhong, Fu Fen, Phuangyu, Shentang, Hsiao, Ghiguan, Genghuangshu, Shentang, Hsiao, Ghiguan, Soul gate, yang class, Yi she, stomach bunker, blind door, log room, terminally, rank edge, he yang, Chengjin, Chengshan, Fei Yang, taryang, Kunlun, Shen, Shen Vein, Kinmen, Jingbone, bundle bone, foot Tonggu, to yin, a total of 67 points, left and right 134 points.

There were 67 acupoints, 49 of which were distributed on the head and face, the back of the nape and the back of the waist, and 18 on the midline of the back of the lower limb and the lateral part of the foot. The first point is clear, the last point is Yin. The acupoints can be used to treat the diseases of genitourinary system, mental nervous system, respiratory system, circulatory system, digestive system and the parts passing through this meridian. For example, epilepsy, headache, eye disease, nasal disease, enuresis, adverse urination, and pain in the

posterior part of the lower extremities.

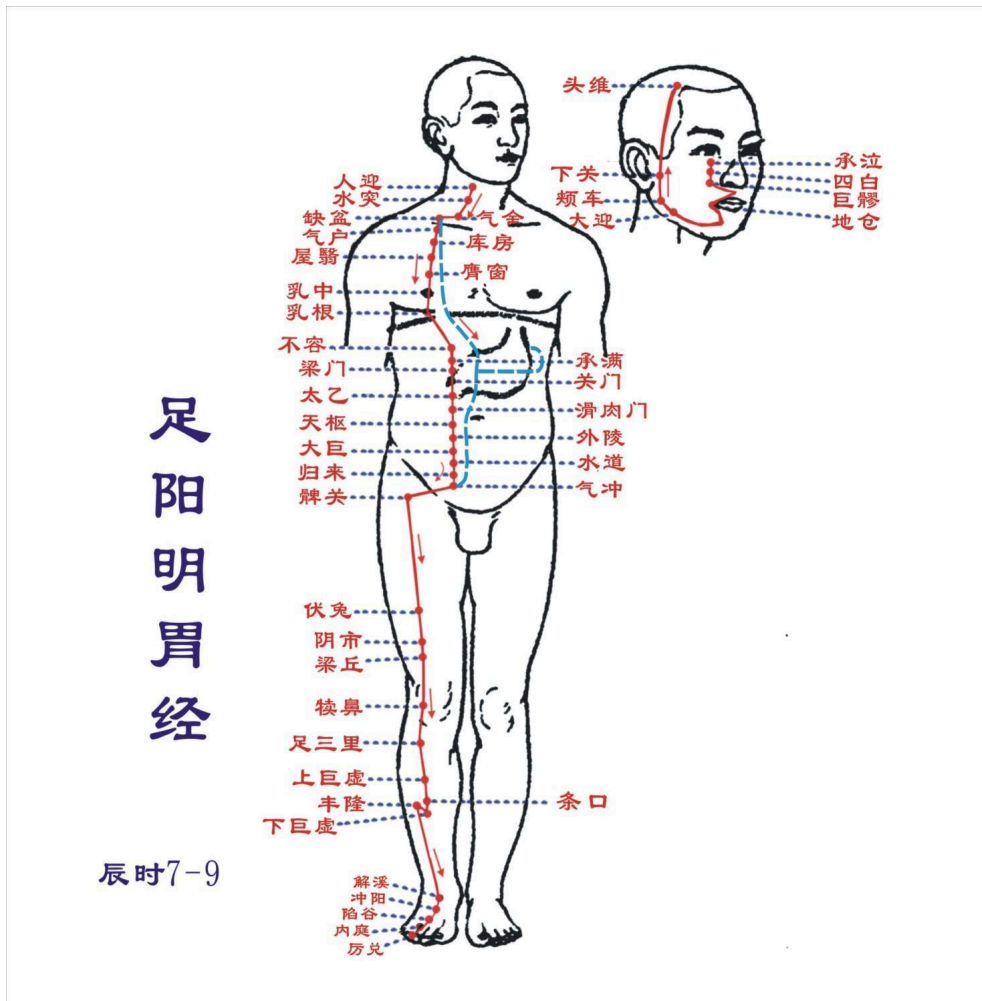


## Spleen Channel of Foot-Taiyin

One of the twelve meridians of the human body. Abbreviated as spleen Meridian. The following position begins at the medial end of the great toe (hidden white point), along the medial red-and-white interspace, ascends over the anterior edge of the medial malleolus, ascends along the medial midline of the lower leg, 8 inches above the medial malleolus, and ascends along the medial anterior edge of the thigh before handing over the foot-syncope Yin liver Meridian. Enter abdomen, belong to spleen, collaterals stomach, cross diaphragm muscle upward, along both sides of esophagus, connect tongue book, spread tongue below. This meridian branch out of the stomach, upward through the diaphragm, injected into the heart, hand over to the few Yin Heart Meridian.

The acupoints of this meridian are as follows: Baibai, majority, Taibai, Gongsun, Shangqiu, Sanyinjiao, leaky valley, ground machine, Yinlingquan, blood sea, Kei door, Chong door, mansion, abdominal knot, Daheng, abdominal mourning, antrum, Tianxi, Xixiang, Zhou Rong, Dabao, a total of 21 points, Left and right 42 holes.

The acupoints of this meridian are mainly treated with abdominal distension, loose stool, dysentery, epigastric pain, belching, weakness of body weight, strong pain of tongue root, swelling of the medial part of lower limb and other diseases of gynecology, anterior vulva and meridian.



## Stomach Channel of Foot-Yangming

One of the twelve meridians of the human body. For short, the stomach meridians. the follow-up part starts at the side of the nose wing (Yingxiang hole), carries the nose upward, the left side and the right side meet at the root of the nose, The lower edge of the lower edge of the mandible was returned to the big Ying-hole, and the lower edge of the mandible was up through the ear before the lower edge of the mandible. After passing through the upper closing point (the guest's owner), the lower edge of the lower edge of the mandible was returned to the forehead. The branch of the meridian goes down from the front of the Da Ying point to the human ying point, and then goes down the throat to the big vertebra, folds forward, enters the missing pot, passes through the diaphragmatic muscle, and belongs to the stomach and the collaterals and the spleen. Go straight down one by one. From the surface of the basin, down the midline of the breast, on both sides of the umbilical cord (open 2 inches), down to the groin outside the air hole. Another branch of the meridian was dispensed from the pylorus of the lower gastric mouth, followed by the abdominal cavity down to the Qijie point, conjoined with the straight vein, then down to the anterior thigh, down to the knee patella along the anterior edge of the lower limb tibia to the dorsum of the foot, and into the lateral end of the second toe (sharp point). The other branch of the meridian was separated from 3 inches below the knee (Zusanli point) and went down to the lateral end of the middle toe. Another branch separated from the back of the foot on the point of Chong Yang, forward into the medial end of the foot (hidden white point), handed over to the foot Taiyin spleen Meridian.

The acupoints of this meridian have weeping, Sibai, giant, silo, daying, buccal truck, lower pass, head dimension, human welcome, water burst, qi house, lack of pots, gas house, storehouse, pannus, window, breast, breast root, not allowed, Chengfull, beam door, closed door, Taib, the room, the house, the window, milk, breast root, not allowed, Chengfull, Liang door, closed door, Taib, Sliding meat door, Tianshu, outer mausoleum, great giant, waterway, return, Qichong, Haguguan, Fuhu, Yin city, Liang Qiu, calf nose, Zusanli, upper giant deficiency,

strip mouth, lower giant deficiency, Fenglong, Jiexi, Chong Yang, sunken valley, inner atrium, Li Qi, a total of 45 points, Left and right, 90 holes.

4、The remote part takes the acupuncture points, and the distal part is a method for doctors to use the diagnosis technology of the traditional Chinese medicine and apply the yin and yang, the dirty abdomen and the meridian of the traditional Chinese medicine to the clinical symptomatic points. In the application, the present invention can be used as a meridian point condition, and can also be used for treating the local or dirty-abdominal diseases by the acupuncture point method. For example, the belly of the stomach has the foot three points of the foot and the stomach meridians entered; the heart disease takes the internal closing point of the yin and yang pericarditis; the neurasthenia is used for the Shenmen; and the gynecological diseases are made of the kidney-yu and the three-yin.

5、Point selection along the meridian: for example, stomach pain with Zusanli, neurasthenia with Shenmen, gynecology with Shenshu, Sanyinjiao, etc.

6、Symptomatic points: for example, Yongquan, Qujing, Hegu, and Fengchi for high blood pressure, and the stomachache is used for stomachache.

7、Nerve, blood vessel point selection method: in the nerve root, the trunk, the branch takes the point, with the therapy some neuralgia, the neuritis, the nerve function disease and so on. Treatment of vasospasm and vascular circulation disorders by body-controlled electrotherapy around a number of large and small arteriovenous vessels

8、Holographic acupoint selection method: according to the theory of human holography, the acupoints are identified in the corresponding projection area of the human body

9、Experience point selection method: combined with some medical tests to select points, such as Dazhui, Quqin has obvious antipyretic effect, Hegu has anti-inflammatory and analgesic effects, asthma determination, Tiansudden cough, anti-asthma effect and so on.

With the rich experience of operation and the improvement of technology in body control electrotherapy, we found a number of acupoints with special therapeutic effects, such as Yongquan point, hypotensive trench in ear can reduce blood pressure, Shenque and Guan Yuan have the effect of invigorating qi and calming the spirit, and so on. It is easy to defecate. Because of the wide application of electrotherapy, the whole body has nowhere to operate, which greatly improves our therapeutic effect. Causes:

foot fastening: excessive tension in the heart, poor contact with the patient and the pain in the skin of the patient and the way to deal with it:

(1) pinching: the heart is too tense, and the contact is not good. In, the current is too strong or uneven or too dry, caused by too wet.

(2) prickly skin: the patient's skin is dry or the fingers are too rough, there are cracks or dandruff, and the contact is too weak.

(3) prickly skin pain: the patient's skin is dry or dandruff, hair causes, often at the same time as the hand.

Treatment method:

the contact area can be solved by adjusting psychology, improving contact, adjusting electric current:

(2) improving skin condition with water and oil, adjusting conductive uniformity. How can we make electricity permeate?

It can be solved by adjusting the position and moisture of the skin. In the process of treatment, sometimes the doctor often self-infiltration feeling that the electricity consumption has been very large, the foot can not hold, the hand can not bear, and the person who is being treated does not have the penetration feeling that should have been. What is the reason for this? (1) this is not a result of complete relaxation, "relaxation" is the key, and relaxation means that both doctors and patients should relax. If one side is too tense, the electricity and current are all concentrated on the nervous skin of the limb. At this point, the current will be difficult to pass through the human body, and the tense tissue will produce a strong low-burning, distending reaction in the local area in the face of consumption. Will play due penetration, conduction effect. Only relaxation of tissues such as skin and muscle can facilitate the flow of tissue fluid, so once the treatment requires good cooperation between the doctors and patients, both sides should achieve a high degree of relaxation from the psychological and physical aspects. Only in this way can it have the proper penetration effect. The local resistance of the patient is high, the local skin is bad, there is too thick stratum corneum, fat layer, hyperplasia calcification is serious, our clinical study found that when the whole body relaxes, the skin potential decreases. On the other hand, the skin potential increased at the site of punctuality.

# Chapter 5

## Treatment of common diseases

### I chest-flank injury

This paper summarizes that thoracic hypochondria injury is caused by chest respiratory restriction by carrying, lifting, lifting weight, or uncoordinated breathing when the torso, joints and soft tissues of the chest are injured when incorrectly carried, lifting, or discordant breathing. It is commonly known as a side stitch.

(1) Clinical symptoms 1) there are obvious moving, heavy object injury history, immediately after injury feel chest tightness, shortness of breath, short breath, chest flank pain, attack is not fixed, the pain range is wide but no location. 3. The clinical symptoms are as follows:

(1) the clinical symptom 1) has obvious history of moving and lifting heavy objects. 2) severe pain during deep breathing and cough, and protective reduction of respiratory amplitude. 3) if it is a subluxation of the costal joint, it can touch the tenderness point at the joint. If there is muscle tear or spasm around the chest wall, there is swelling, tenderness, narrowing between the corresponding hypochondria. If accompanied by muscle injury, there is local swelling, tenderness.

### 2. Treatment and manipulation

The main results were as follows: (1) most of the patients were treated with Qi-activating blood-activating method. (2) adopt dot, press, rub, strike, pat, rub and stop formulation. The operator first used the thumb point to press the Zhang door, period door, big bag, Shanzhong, Sun and Yue points, and along the bladder meridian, from the top down to push the method, from the light and gradual aggravation, then rub the back with the palm root to relieve muscle spasms, the last point press the Neiguan point for 2 minutes 3 minutes. 3 minutes along the bladder meridian, then massage the back with the palmar root to relieve the muscle spasm. (3) the reset methods include Dutton's method, hand-hit method and shoulder-shaking method. Palmar: sitting position, the patient on the left, the right forearm inserted under the affected side of the armpit, lift upward to smooth the displaced joints and spasmodic muscles. Then I told the patient to inhale deeply. The pain can disappear when the person hits the affected part at the root of the left hand and then presses the affected part once again, and then takes a deep breath. The method can be repeated for 1 to 2 times.

Shaking the shoulder: the patient takes the seat, the operator holds the shoulder in one hand, holds the wrist in the other hand, rotates the circle to rub and shakes, raises the arm when inhale, exhales when falling around the back. Spin more than ten times. If the injured pathological changes were caused by synovium incarceration, most of the patients still had residual symptoms after one time of treatment. Therefore, it would be necessary for the patients to be cured after 2 times of repeated treatment.

### II , Waist and leg pain

Low back and leg pain is a common clinical syndrome, which can be divided into two types: spinal and non-spondylar. The former is simple lumbosacralization, spinal soft tissue and bone

joint injury, intervertebral disc disease and spondylolisthesis, sacroiliac arthritis, spinal tumor, tuberculosis, osteomyelitis and so on. The latter such as prostate, kidney, female reproductive organs and pancreatic diseases, retroperitoneal tumors, spinal cord, nerve roots, trunk, spinal membrane inflammation and tumor, lumbar and leg arterial insufficiency, etc.

2. Treatment and manipulation Qi Huoxue, soothing menstruation to relieve pain. The methods are as follows:

1) back and back of the two sides of the bladder along the two sides of the bladder, to and fro 5 times.

2) according to Shenshu, Yaoyan, Ashi acupoints, Huan Jang, Wei Zhong, Chengshan, Kunlun and other acupoints.

3) kneading the waist for 2 minutes and 3 minutes. The patients with acute lumbar pain were divided into tendons, static pressure and dot pressing at the reaction point, and the lumbar vertebrae deformation was corrected by traction pressing method. For lumbar disc protruding, use rotation or traction, sloshing and wrenching. Patients with spasms of the waist muscle, with flexion knee and hip pressing method. Sacroiliac joint injury, local application of point dial method. The hip shake method is used for the patients with hip joint disorders.

### III、neck and shoulder pain

1 A summary of neck and shoulder pain is a common clinical symptom, mostly caused by neck bone and joint, ligament, muscle, fascia lesion, upper thoracic cavity stenosis and shoulder joint soft tissue disease, causing neck, shoulder, arm pain, most commonly seen in cervical spondylosis, cervical soft tissue injury. Neck rib, anterior trapezius syndrome, shoulder soft tissue injury, etc. According to traditional Chinese medicine, it is easy to cause this disease because of prolonged strain, barricade, Qi and blood blockage, external evil invasion, wind, cold and dampness contradicting each other, phlegm obstructing meridians and collaterals. Symptoms are neck pain and radiation to the pillow, shoulder, arm, stiff neck, spasm of the neck muscle, limited movement, posterior neck, upper corner of the scapula, internal edge of the scapula, and multiple tenderness in the scapula. , can touch neck knot into lanyard, the local finger has twist feeling, the pain aggravates when abducting.

#### 2. Treatment and manipulation

(1) Yi Shu Jin Zheng Fu, Huoxue Tongluo. (2) kneading neck muscle, 4 times and 5 times, kneading the neck, upper back and upper corner of the scapula, kneading the scapula, pushing the scapula with the palm. Head-neck lifting and shaking method, according to neck side wrenching method, according to Naowu, Fengchi, Tianding, missing basin, shoulder exixu, shoulder well, extreme spring, Quchi, Hegu and Aye acupoints and adjacent points, in the neck, upper back, inside scapula to do the bustling method, repeated several times, According to the cause of shoulder and neck pain, use therapy.

### IV、Loss of sleep

1. The main feature of insomnia is that it is often difficult to fall asleep or easy to wake up, and the light ones are difficult to fall asleep, wake up immediately after a little sleep, and cannot sleep again after waking up. The heavy person does not sleep overnight, and accompanied by dizziness, brain distension, forgetfulness, palpitation and other symptoms, but also accompanied by anorexia, abdominal distension, diarrhea, constipation, multiple dreams, memory loss and other symptoms. According to the analysis of syndrome differentiation of traditional Chinese medicine, the main manifestations are as follows:

(1) The heart and spleen deficiency and dreaminess, palpitation, amnesia, fatigue of the limbs, no smell of food, less complexion, light and thin tongue coating, and weak pulse.

(2) Yin-deficiency and fire-hyperactivity disorder, dizziness, tinnitus, dryness of the mouth, vexation and heat, red tongue, and fine pulse

(3) the liver is depressed, the fire is not strong, the sexual impatience is irritable, the food is not used, the thirst is good, the mouth is bitter, the urine is yellow and red, the constipation is large, the tongue is red and yellow, and the pulse is weak. dispersing.

(4) the phlegm-heat internal disturbance is not strong, the head weight, the phlegm and the chest distress, the chewing gum and the air are chewed, the acid and the nausea are swallowed, the vexation and the bitter taste, the dizziness, the coating and the like, It is greasy and yellow

(5) heart-gallbladder qi-deficiency, insomnia and dreaminess, and is easy to wake up and gall Good alarm, short breath burnout, long urine, light tongue, thin pulse.

(6) upset stomach and chest, abdominal discomfort, sleeplessness, bad breath, bad

defecation, greasy, smooth pulse.

2. Treatment and manipulation of the patient supine position, closed eyes, the operation with the finger abdomen rubbing hall, Shenting (2 minutes), temple (1 minute), Shenmen (2 minutes), Neiguan (2 minutes), all with the method of replenishment

(1) Liver depression and fire point Jingmen and Stage Gate, point rubbing Taichong Point, use diarrhea method, pinch Dadun Point, make bleeding a little.

(2) The internal disturbance points of phlegm-heat are Fenglong point and Neiting point.

(3) Rubbing Qihai Point and Guanyuan Point at Yin Deficiency and Fire Prosperity Point.

Tiaoru Taixi and Sanyinjiao

(4) Heart and spleen deficiency point rubbing Xinshu, Geyu, Pishu, point rubbing Xuehai, Zusanli

(5) Heart, gallbladder and Qi deficiency point Baihui, using diarrhea method. Rubbing Xinshu and Geshu points with tonic method. Click on the ruins of Chu

(6) Stomach-qi discord was treated with tremor manipulation at Zhongwan, Liangmen and Daheng points. Rubbing Spleen-Shu and Stomach-Shu Points

V. Abdominal distension

1. Overview of normal gastrointestinal tract contains 100 to 150 ml of gas, such as excessive gas in the gastrointestinal tract and feel abdominal distension, called abdominal distension. Main symptoms: Upper abdomen and full abdominal distension, belching, bowel ringing, excessive exhaust, abdominal pain, postprandial aggravation.

2. Principles of treatment and manipulation therapy: conducting Qi stagnation, regulating qi and stomach.

The recipient was in supine position. The operator stood on his side and rubbed Xuanjie acupoint and Zhongzhong acupoint with his middle finger for 1 minute. Chest distraction was performed with two thumbs along rib space for 2 minutes. Then the middle and forefinger were pushed straight down the sternal stalk 50 times. Then rub the thenar with the sternum stalk straight back and forth, with the degree of warmth and heat.

Push and press Zhongwan and Qihai points for 1 minute, Sanzhimu Shenque points for 2 minutes, palm and stomach for 3-5 minutes clockwise, and thumb for 1 minute at Neiguan, Zusanli, Shangjuxu and Ating points respectively. In the prone position, the surgeon clenched his fist on both sides of the bladder of the spine and pushed Baliao point from the top to the bottom. Repeated operation lasted for 3 to 5 minutes. At last, the spleen-shu, stomach-shu and Bayi acupoints were rubbed on the thenar surface, and the degree of heat permeability was taken.

The patient was seated, and the patient finished the treatment by rubbing his hands from bottom to top for 3 to 5 minutes.

VI. Feeling risking

1. Summarize that cold is a common exogenous disease in clinic, which is caused by wind evil invading human body. The clinical manifestations were nasal obstruction, runny nose, sneezing, headache, chills or fever, and general discomfort. Respiratory symptoms were more significant when the general symptoms or fever subsided. Some patients may be accompanied by anorexia, nausea, constipation and other gastrointestinal symptoms.

2. Treatment and manipulation

(1) Subject's seating position; the surgeon rubbed Yintang acupoint for 1 minute at thumb abdomen, bilateral temples for 1 minute, bilateral Fengchi acupoints for 2 minutes, all of them were treated with heavy diarrhea method, with slight sweat as appropriate, and then rubbed Fengchi, Dazhui and Fengmen acupoints for 1 minute, all of which were treated with diarrhea method.

(2) Addition and subtraction with symptoms

1) If nasal obstruction or runny nose, rub Yingxiang and Bitong points on both sides until nasal obstruction is relieved.

2) Swelling throat pain, pinch Shaoshang point, pinch thenar point, point Tiantuo.

3) For those with more cough and phlegm, add points according to Feishu, Shanzhong, Taiyuan and Fenglong points for 1 minute each, and use the method of diarrhea.

4) Wind-cold syndrome, add Jianjing and Hegu points for 2 minutes each, with diarrhea method.

5) Wind fever, add Quchi, Taiyuan, Zhongfu and Yongquan Points for each minute, and use the diarrhea method.

6) Summer-dampness syndrome, add point Zhongfu, Zusanli 2 minutes each, with diarrhea method.

7) Qi deficiency, add points of Sanyinjiao and Taixi for 2 minutes each.

#### VII. adiposis

1. Overview of obesity refers to excessive accumulation of fat in the body, more than 20% of the normal standard. Traditional Chinese medicine believes that the disease is related to unreasonable dietary structure, lack of labor, spleen deficiency and dampness, phlegm and dampness overflow of the body. Formation of overweight, abdominal protrusion, fatigue, movement is asthma, sweating, low back pain, constipation and other symptoms. The main treatment methods are strengthening spleen and phlegm, regulating qi and broadening chest, activating blood circulation and dredging collaterals.

#### 2. Treatment and manipulation

(1) In the prone position of the subject, the operator rubbed spleen shu, liver shu, large intestine shu, Shen shu, small intestine life, bladder Shu and Baduo points in turn with the abdomen of thumb, each point for half a minute, using the method of flat reinforcing and relieving diarrhea.

#### (2) Local Weight Loss Techniques

1) Knead Dazhui acupoint with thumb abdomen for 1 minute and use diarrhea method. The best effect is to reach Tailu along the Du meridian with the sense of Qi strings. Click on the wind pool and Baihui, click on the new acupoints, and rub until the skin is ruddy.

2) In the supine position of the chest, the surgeon should use the method of purging according to the warehouse, the pan and the window-shaving points with three fingers, and then use the thumb point to press the Tianchi, Ruzhong and Rugen points for half a minute; the method of flat reinforcing and flat purging; the point should meet the breath on time, and the point of expiration should be pressed at half a minute.

3) Abdominal supine position, the surgeon's thumb ventral points of both hands are scheduled for half a minute at the door, Zhangmen, Jingmen and Liangmen points, with the method of diarrhea, to meet the breath; point at Zhongwan, Qihai and Tianshu points, with tremor method, strong stimulation for 1 minute; point at Sanyin intersection points on both sides for 1 minute, with the method of tonifying.

4) Sitting position of upper limbs, the surgeon points in turn according to Shaochong, Neiguan, Laogong, Daling, Shaohai, Shenmen, Lingdao, Qingling, Jiquan, Tianquan and other points, each point for half a minute, with the method of flat reinforcing and reducing.

5) Hip lateral position, with elbow tips according to Juliao and Huanqiao points, each point according to take minutes, with diarrhea method, strong stimulation, acid, swelling to the lower limbs, the best effect.

6) In the prone position of the thigh, the surgeon jumps around the points of thumb, Fengshi, Yanglingquan, Futu, Qichong and Zhuguan for half a minute. Use coercion.

7) knee supine position, hands thumb point according to knee eye half minute, with diarrhea method. Point according to Yangguan, calf nose, Xuehai, Ququan, Liangqiu points for half a minute, flat reinforcing and repressing method.

8) Point the thumb of the lower leg in turn according to Tayang, Chengshan, Chengjin, Yanglingquan, Weizhong and Weiyang points for half a minute, and use the method of diarrhea.

9) Ankle thumb points in turn according to Jinmen, Shenmai, Shishen, Kunlun, Qiuxu, Shangqiu acupoints for half a minute, Pingbu Pingxie method. 3. The whole abdomen and palm massage method can be used when the abdomen points are pressed. The palm is placed on the abdomen for 72 times clockwise and counterclockwise, and the back can be massaged 5-7 times along the bladder meridian. Push the foot of the bladder meridian of the sun, 5-7 times from top to bottom, and finally pat the back with a pat.

#### VIII. Head pain

1. Summarize headache is a common symptom of Il bed. It is caused by many diseases. Only by comprehensive analysis can we grasp its regularity and take corresponding measures to treat it. The head is the meeting of Qingyang, the Qi of six organs and the blood of five Zang organs, all gather here. Therefore, no matter the exogenous pathogens or internal injury, it can cause the disadvantage of Qi and blood, the discomfort of Qingyang, the loss of veins and collaterals, and lead to headache.

#### 2. Treatment and manipulation

(1) exogenous sense

1) The main manifestations of wind-cold headache type are chills and distention, headache and hindbrain, sluggish nape and back, wind and cold, disease drama, sore bone joints, runny nose, cough, thin tongue coating and tight pulse. By pressing Yintang, Sun and Hegu acupoints for 1 minute each, using diarrhea method, kneading and closing outside for 1 minute, using complement method, kneading shoulder well to make slight sweating, pushing the forehead, pushing the three Yang meridians of forearm, pushing the back part, kneading and pressing Dazhui and Yangguan method, the purpose of evacuating the cold wind can be achieved.

2) The main manifestations of wind-heat headache are headache such as crack, fever, thirst, sore throat, short and red urine, red face, sore nose and lip, thin red tongue coating and pulse string number. Rubbing the wind pool for 2 minutes, Dazhui Point for 1 minute, Hegu Point for 1 minute, Taiyuan Point and Yongquan Point for 1 minute, all with the method of diarrhea, rubbing the sun, wind pool method and so on, can dissipate wind and heat.

#### **(2) internal injury**

1) Kidney deficiency headache is characterized by headache, dizziness, tinnitus, weakness of waist and knee, spermatorrhea, insomnia, dreamless, red tongue and fine pulse. Point rubbing Ashi acupoint, diarrhea method; point rubbing Shenshu, Mingmen, ~5 minutes, with the degree of heat permeability; vibration method point Qihai, Guanyuan acupoint for 2 minutes each, with tonic method; frontal push, press down Guan method, press Baihui method, pillow back oblique push method, back push; rubbing Mingmen; kidney yin deficiency plus rubbing waist cross rubbing method, kidney yang deficiency plus rib reinforcing Qi method, overlapping palm pressing waist method, etc. can achieve therapeutic effect.

2) Phlegm headache is characterized by headache and dizziness, full chest and diaphragm branches, vomiting sputum and saliva, white and greasy tongue coating, and slippery pulse string. The method of tremor was used to point Zhongwan for 2 minutes, Fenglong for 2 minutes, Neiting Point for 1 minute, and Lidui Point was used for purging. The method of quadruple forehead, pushing the top, pressing the upper and lower shut-ins, pinching the floor, rubbing the upper abdomen and holding the shoulder well were used to treat dry phlegm and dampness.

3) Qi-blood deficiency is characterized by headache, dizziness, light day and night, aggravation of pain, mental fatigue, shortness of breath, lack of lustre, fear of cold limbs, tasteless diet, and thin tongue and pulse. Point rubbing Zhongwan acupoint for 2 minutes, using diarrhea method; point Qihai and Guanyuan acupoint for 2 minutes by tremor method; point rubbing Zusanli and Sanyinjiao acupoints for 2 minutes, using tonic method; facial hand-pinching method, head-to-head pressing method, Baihui method, pillow-back pushing method, point pressing back rib method, back pushing method and so on can achieve therapeutic effect.

4) Headache type of liver-yang is characterized by pain in the temporal and top of the head, irritability, chest tightness and rib pain, blushing face, uneasy mouth and red tongue pulse string. Point rubbing Ashi Point; Point pressing Yanglingquan for 2 minutes, using diarrhea method; Point pressing Taixi Point for 1 minute, using tonic method; Point pressing Taichong Point for 1 minute; Pinch Dadun Point, using diarrhea method, etc. can achieve therapeutic effect.

5) Blood stasis headache type is characterized by headache, head swelling, such as splitting like prickles, pain with a fixed location, irritability, purple tongue or ecchymosis, astringent pulse. Rubbing Geshu for 2 minutes, Xuehai for 1 minute, diarrhea for 1 minute, pressing Gezhong point for 1 minute, tonifying for 2 minutes, and pressing Weizhong point for 2 minutes.

#### **IX. Fever (high fever)**

1. Summarize that high fever is one of the most common clinical symptoms, with temperature above 39 degrees or even higher. Clinical is divided into infectious and non-infectious two kinds. The former is caused by inflammation caused by pathogenic microorganisms or viruses, while the latter is more common in rheumatism, heat stroke and fever. Traditional Chinese medicine believes that high fever is a systemic reaction of disputes between evil and positive, mainly in exogenous symptoms, but also in internal injuries and miscellaneous diseases. The former can be divided into four categories according to Yingwei Qi and Blood, while the latter can be divided into five types: Yin deficiency, Qi deficiency, blood deficiency, blood stasis and liver depression.

2. Treatment and manipulative massage in the treatment of high fever need to first identify whether it is a contraindication of massage. Fever caused by contraindication can not be

massaged. In addition, after fever, it should be sent to the hospital for treatment as far as possible. After diagnosis, massage can be combined with treatment. Therapeutic techniques are: Dazhui, Quchi, Chize, Taichong, Yongquan and Weizhong acupoints. The manipulations can be cut, dotted, pinched, kneaded, kneaded, pressed, pushed and rubbed. First cut Dazhui point, knead and press Quchi, pinch Taichong, pinch Chize, pinch the committee, wipe Yongquan. The manipulation should be heavy, with tolerance as the degree, 15-20 minutes each time, 2-3 times a day. If fever persists for 3 consecutive days, it can be treated with integrated traditional Chinese and Western medicine.

#### X. Septum spasm

Also known as "adversity". Light people can heal themselves in a short time, intractable adversity can last for several days, but also those who can not heal for several months. Electrotherapy is effective in relieving diaphragm spasm by overstimulating visceral nerves.

Point selection: Renying, Dading, basin, Tiantu, Shangwan, Neiguan, Shenmen and Geyu.

This disease can focus on Mobei or adjust the relevant acupoints. Electrotherapy has a wonderful effect on septal spasm.

#### XI. myopia

Myopia is mainly due to long-term close work, poor learning environment and other factors leading to eye fatigue, eye blood circulation reduction, refractive system can not maintain its normal function and form. When myopia occurs, the ocular blood perfusion index and the blood outflow index decrease. The effect of electrotherapy can obviously improve the blood circulation of eyes, enhance the nutritional metabolism of eyes, improve visual acuity and control the development.

Myopia can not see distant objects clearly, naked vision is less than 1.0, and high myopia has fundus changes. Usually, it is corrected by the method of matching glasses. Electrotherapy at Yu Point in the eye can obviously improve the symptoms, and the curative effect is remarkable.

Points: Save bamboo, silk bamboo sky, Jingming, Yangbai, Sibai, Chengxie, Fengchi, Zusanli, Guangming.

#### XII. look sideways

Optic atrophy is a degenerative optic neuropathy caused by optic neuritis, glaucoma, poisoning, tumors, encephalitis and meningitis. The main manifestations are marked visual impairment, narrowed field of vision, pale fundus nerve papillae. Electrotherapy is mainly symptomatic treatment, which is one of the important means of comprehensive treatment of this disease.

Acupoint selection: Main points: Chengxie, Jingming, Ganshu and Shenshu.

Points: Zusanli, Guangming

#### X III. tinnitus

Patients consciously have various kinds of noises in their ears, such as cicada and motor sounds. When the environment is quiet, the symptoms are obvious, hearing loss. TCM dialectics show that tinnitus caused by vigorous liver and gallbladder fire is accompanied by dizziness, insomnia, tinnitus caused by kidney deficiency, dizziness and weakness of waist and knee. Electrotherapy is effective in eliminating symptoms by regulating autonomic nerve. Electrotherapy improves cochlear circulation and capillary nutrition supply, eliminating tinnitus.

Acupoint selection: Yifeng, auditory palace.

Points: Shenshu, Ganshu and Hegu.

#### X IV. acute posterior ganglionitis

This disease is called "Huodan Wrapping Lumbar Dragon" in traditional Chinese medicine. It is caused by the acute inflammation of the skin caused by the filtered virus. The patient had low fever, headache, and then most papules appeared on the skin, which were blister-like, distributed along the nerves and occurred in batches, mostly unilaterally, predominantly in the lateral chest, waist, limbs and face. It is accompanied by pain. Generally recovered within 2-3 weeks, with few recurrences. The main clinical treatment is systemic and local symptomatic treatment. The effect of electrotherapy on this disease is obvious and the analgesic effect is very rapid.

Acupoint selection: and part: with trigeminal neuralgia. Chest and waist: Chest and waist Jiaji point, Shenshu, Waiguan, Zusanli, Sanzhu

#### X V. nerve deafness

This disease refers to the hearing loss caused by the abnormal transmission of external sound to the ear due to changes in nerve tissue. In particular, the high-pitched hearing is weakened, Renner's test is positive, Weber's test sound is on the healthy side, bone conduction is shortened, the common causes are drug poisoning, encephalitis, acoustic nerve tumors, ear trauma and so on. There is no specific therapy for this disease. Electrotherapy can make some patients get good results.

Acupoint selection: main points: Yifeng, auditory palace.

Acupoints: Shenshu, Ganshu and Hegu

## **XVI. Impotence**

**Impotence refers to the inability or unsatisfactory erection of the penis. This therapy mainly dredges the Liver Meridian of Foot Jueyin, Spleen Meridian of Foot Taiyin, Kidney Meridian of Foot Shaoyin, Du Meridian and Ren Meridian, with the method of catharsis and tonifying.**

**Common acupoints: Pishu, Shenshu, Mingmen, Yaoyangguan, Zhishu, Shangliao, Perineal, Qihai, Guanyuan, Zhongji, Qugu, Ququan, Yinling Spring, Sanyinjiao, Taixi, Yingu, Cockroach Valley, Shenmen.**

## **XVII. haemorrhoids**

### **Etiological crisis**

**Hemorrhoids are often caused by constipation or other causes, which obstruct the venous return of hemorrhoids, and then expand the varicosity to form. The occurrence of hemorrhoids is related to constipation, diarrhea, pregnancy (sound: body), diet and drinking.**

### **2. Symptoms**

**There are internal hemorrhoids, external hemorrhoids, internal hemorrhoids are easy to rupture and bleed, sometimes defecation out of the anus, forming incarceration pain; external hemorrhoids in embolization**

**When there is subcutaneous blood clot formation, anal pain is sustained, when defecation intensified, can be seen outside the anus. In the past, there were so-called "ten people and nine hemorrhoids".**

**Even the theory of "ten men and nine hemorrhoids" and "ten women and ten hemorrhoids". This refers to the high incidence of hemorrhoids, which is a common and frequently occurring disease.**

### **3. Treatment**

**To dredge the Du meridian, Ren meridian, foot sun Bladder Meridian as the main method, using catharsis method**

**Manipulation: First dredge the Du meridian and the bladder meridian of the foot and sun, then repeatedly make the large intestine Shu of the sacrum to Huiyang acupoint; Tongren meridian, and then point the relevant acupoints. It can wrap the first stage of the instrument with sand cloth, and teach the patient to step on the other stage of the instrument by himself with heel (attention should be paid to the current from small to large). The effect is remarkable.**

### **4. Common acupoints**

**Shenque, Qihai, Changqiang, Chengshan, Condylar Pass, Gingival Junction, Erbai, Hemorrhoids, Baihui. Constipation enlarges intestinal Shu and branches.**

## **XVIII. sciatica**

**The general symptoms of this disease are diffuse pain along the sciatic nerve collaterals (arms, thighs, legs and feet), often exacerbated by paroxysmal pain, especially at night and on foot.**

**The main treatment methods are dredging the bladder meridian of the foot sun and the gallbladder meridian of the foot shaoyang.**

**Commonly used acupoints: ring jump, rank edge, Yinmen, Yanglingquan, waist 4 - 5 jiaji, upper calf, support, commission, Chengshan, tender point, etc.**

**Operational methods: The patient should lie in the lateral position. The hands should be guided by sliding fingers along the meridians and collaterals first. The obvious pain points should be treated by strong puncture, and 3-5 minutes per acupoint is appropriate. Every 15-20 minutes, the disease usually works at that time. One time a day, ten times a course of treatment.**

## **XIX. diabetes mellitus**

**This disease is mainly caused by pancreatic dysfunction, resulting in impaired glucose metabolism. The clinical manifestations were polydipsia, polydipsia, fatigue and weight loss.**

**Treatment methods: dredging Foot Taiyin Spleen Meridian, Foot Jueyin Liver Meridian, Foot Yangming Stomach Meridian, Foot Taiyang Bladder Meridian, Du Meridian and Ren Meridian are the main methods. Use complement method.**

**The patient is sitting in the cargo lying position. First, the whole body is dredged, mainly by sliding finger method, with mild moderate electric quantity. Then, the patients are pricked along meridian points and treated by acupoint-by-acupoint method. Each time 20 - 25 minutes is appropriate, 10 days a Liaocheng, one to three days interval for the next course of treatment. The disease needs long-term treatment and has good curative effect and is not easy to recur. In the treatment of patients, thirst is generally reduced, nocturnal urine is reduced, sleep is improved, walking is strong, urine sugar is decreased, then blood sugar is decreased, secondary symptoms are relieved.**

**Common acupoints: Shoujing, Feishu, Geguan, Yi Yu, Pishu, Shenyu, Zhongwan, Qihai, Guanyuan, Yanglingquan, Zusanli, Sanyinjiao, Taichong, Rangu, Hegu, wrist bone.**

## **II X. hypertension**

Hypertension is mainly caused by Yin deficiency of liver and kidney and hyperactivity of liver-yang. The main symptoms are dizziness, headache, tinnitus, insomnia, numbness of limbs and flushing of face, besides elevated blood pressure.

Treatment methods: to dredge the large intestine meridian of hand Yangming, stomach meridian of foot Yangming, pericardium meridian of hand Jueyin, Du meridian, Ren meridian, mainly with the method of catharsis.

Common acupoints: 1. Quchi, Sun, Zusanli

2. Hegu, Taichong, Fengchi, (Auricular Point Pressure Reduction Ditch)

3. Tinnitus plus external customs, gale.

4. Insomnia plus Shenmen, Sanyinjiao.

5. Palpitation plus Neiguan

6. If phlegm and dampness are serious, add Zhongwan and Fenglong.

#### II XI. Postpartum wind

The disease is mostly caused by women's weakness after childbirth and wind-cold attack. The clinical manifestations were scapular pain, headache, arm pain, back cold, hip pain, abdominal cold, leg pain, heel pain, etc.

Therapeutic methods: According to the patient's symptoms, acupoints or positions should be selected to dredge the kidney meridian of foot Shaoyin, stomach meridian of foot Yangming, bladder meridian of foot sun, Du meridian and Ren meridian, mainly with Tonifying method.

Commonly used acupoints: Fengchi, Fengfu, Dazhui, Shouzhongyu, Shenshu, Ranbian, Yinlingquan, Zusanli, Kunlun, Shenmai, Qihai, Guanyuan, Quchi, Neiguan, Waiguan, etc., according to the patient's symptoms.

#### II XII. rheumatism

Rheumatism is a common and frequently occurring disease. It is characterized by pain in the joints of waist, shoulder, leg and finger, unfavorable flexion and extension, and limited movement. Most of them are due to deficiency of Qi and blood, obstruction of meridians and collaterals by pathogenic factors, obstruction of Qi and blood movement, and chronic arthralgia.

##### Therapeutic methods:

1. Lumbar rheumatism acupoints: Dazhui, bilateral spine, Shenshu, lumbar eye, Ashi acupoint. The method of operation usually takes the seat. First, the Du meridian is opened by sliding finger method, then the relevant acupoints are punctured by pointing method. Slowly, the power is increased, and the patient's expression is observed to be able to bear. After the operation, patients will feel pain relief or even disappear if they slightly move the focus area. Serious patients can be treated in prone position with the same method. According to the condition, they can add life gate, rank edge, ring jump, central committee, Chengshan and other acupoints.

2. Lower limb rheumatism acupoints: ring jump, Piguan, Yinshi, Yangling spring, Yinling spring, calf nose, Zusanli, Fenglong, Sanyinjiao, Kunlun, Waiguan, Shenmai.

3. Scapular rheumatism (periarthritis of shoulder, ankylosing spondylitis is also applicable) acupoint selection: sensitive points of neck and shoulder, Shouzhen, Shouliao, Quchi, Neiguan, Waiguan, Hegu, etc. In the treatment, the pain of the joint can be rounded for a long time, the method is to close the five fingers together, buckle to the joint to implement rounded kneading action, the current is based on tolerance. After circular kneading, the joint often discharges viscous sweat, some with a peculiar smell. Its joints will feel comfortable and relaxed. (Chinese medicines for rheumatism can be used for better results)

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product model			
Maintenance date	Question (customer fill in)	Maintenance condition	

Note: (This card and the instrument are sent back to the Maintenance Department) The instrument is guaranteed for one year under normal working conditions. During the guaranteed period, if the user finds that the instrument works abnormally, he can contact the company's technical service department directly or through the intermediary company, or send the instrument back to the Maintenance Department for free replacement of accessories. After one year, the instrument breaks down and the user has to pay a certain maintenance fee. Except spare parts.

**The following circumstances are not covered by the warranty:**

Buyer's incorrect maintenance or operation  
 buyer's modification or abuse

- \* Exceeding the scope of use or the specifications for use of electricity
- \* Incorrect or inadequate preparation before use
- \* Accidental damages caused by the buyer, such as falls, tramples and other human causes

