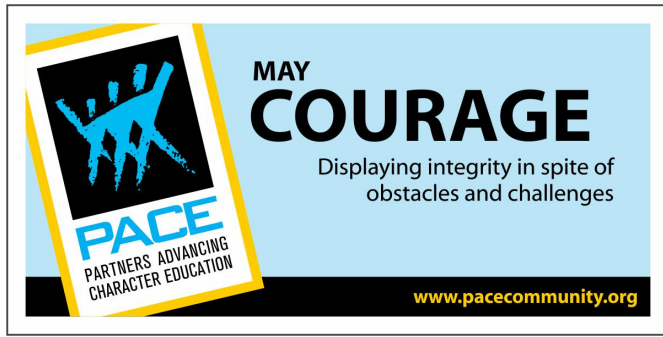




Counselor's Corner

By Pedro Diaz, MKC Counselor

Courage begins by knowing what is good, true, and right. This gives you confidence that you are heading in the right direction. When you know something is good and true, stand up with courage. You never know how your boldness and bravery will inspire others to stand up for what is true, right, and just.

What does courage mean?

1. Doing the right thing even if it is difficult.
2. Facing your fears with confidence - being brave.
3. Trying new activities, games, or skills.
4. Giving your best effort even if you make a mistake or fail.

What are some ways you can show courage?

1. Do the right thing, even if others are not.
2. Bravely deal with your daily challenges.
3. Be willing to try new things, even if you might fail.
4. Tell the truth regardless of the consequences.
5. Admit your mistakes and learn from them.
6. Be a helper.

"Courage is overcoming fear so I can do what is right."

VIDEO: https://youtu.be/rkg-ffNGv_E

ACTIVITY: Print out this [courage coloring sheet](#) to display in your home.