subject line: kinda old friends 😅

Hey Carlos,

It's been a while since we had the last conversation.

Hope things are awesome on your end.

You may be really busy right now so I just wanted to check if you have some friends or know someone who might need help with marketing.

Your advice is still in my mind, but according to the course I am attending, it would be easiest to land clients from referrals of people I already know or have interacted with in the past.

I won't charge anything because I want to get some free/internship experience and earn some good testimonials first.

If you don't have anyone, no problem at all. I still appreciate your willingness to help.

All the best,

Roko