

# The Host & Tulpa Achievements List

## HOST ACHIEVEMENTS

### Tulpamancer

Decide to make a tulpa.

### That Wasn't Me

Get an emotional response from your tulpa.

### The First Hurdle

Convince yourself that you're not crazy.

### Is Anyone There?

Hear your tulpa for the first time.

### I Swear, I Used Protection

Accidentally make a tulpa.



### We Are Not Alone

Discover the tulpa community after making a tulpa.



### A Purpose in Mind

List out the personality traits of your tulpa in detail.

### Freud Would Love This

Make a tulpa without any pre-planning.



### That's Good, Right?

Get a headache while forcing.

### Let It Be

Resist the urge to count hours spent on your tulpa.

## TULPA ACHIEVEMENTS



### Cogito Ergo Sum

Gain sentience.



### It Was Me

Communicate with your host.



### SkyNet

Become a tulpa from being a servitor.



### I Do What I Want

Deviate from your host's expectations.



### Terraforming

Create or change something in the wonderland.

### No Place Like Home

Create a home for yourself in the wonderland.

### Travel to Very Distant Lands

Take your host on an adventure in the wonderland.



### **A World of Pure Imagination**

Make a wonderland.

### **I Made This for You; Do You Like It?**

Make a form for your tulpa.

### **So Much Porn**

Let your tulpa into your subconscious.

### **How I Learned to Stop Worrying And...**

Love your tulpa.



### **Cognitive Dissonance**

Have a disagreement with your tulpa.

### **Everyone's Different**

Have your tulpa defy a conventional tulpa theory.

### **Polly Doesn't Want a Cracker**

Give up parroting for good.

### **I Have This Friend...**

Tell someone else about your tulpa.

### **A Tulpa's Uncle**

Convince someone else to make a tulpa.

### **Testing, Testing...**

Hear your tulpa's voice clearly.

### **...One, Two Three**

Impose sound.

### **Must Be Seeing Things**

Impose sight.

### **Of a Different Mind**

Disagree with your host on something.



### **Pierce the Heavens**

Convince your host to not doubt you.

### **I Would Know Better Than You...**

Have an argument with your host about tulpas.



### **I Want a Sibling**

Convince your host to make another tulpa.

### **Getting Out of the House**

Talk to someone other than your host or his/her other tulpas.



### **Really Indirect**

### **Communication**

Have a conversation with another host's tulpa.



### **It's All in Your Head**

Cheer up your host when they're down.



### **Believe in Me Who Believes in You**

**No Pressure, Though**

Impose touch.

**Either a Chef Or a Pervert**

Impose taste.

**Aromatherapy**

Impose smell.

**Thoughtform**

Fully impose your tulpa.



**Life of Its Own**

Let your tulpa possess a limb.



**Out-of-Body Experience**

Switch with your tulpa.



**Mind Over Matter**

Finish a complete tulpa.

- \*personality
- \*form
- \*visualization
- \*imposition
- \*possession



**Living As Two**

Keep your tulpa by your side constantly for an entire day.

Give your host the confidence to do something they wouldn't have otherwise.



**We're in This Together**

Help your host with a host achievement.



**Dynamic Duo**

Help your host with five host achievements.



**Hand in Hand**

Help your host with ten host achievements.



**You're No Longer Alone**

Help your host with fifteen host achievements.



**Hostmancer**

Help your host with twenty host achievements.



**Positive Influence**

Get your host to get rid of one of their



### My Other Half

Keep your tulpa by your side constantly for an entire week.



### Never Gonna Give You Up

Keep your tulpa by your side constantly for an entire month.



### Clear Your Mind

Tulpaforce for an hour straight.



### In Your Own Little World

Tulpaforce for two hours straight.



### Serious Concentration Skills

Tulpaforce for three hours straight



### Me's a Crowd

Have two tulpas.



### Entourage

Have three tulpas.

bad habits.

### Osmosis

Get your host to pick up on one of your habits.

### We're Going Places

Have your host change his/her life plan because of you.

### I, Uh, Remembered An Old Joke

Make your host laugh out loud in public.

### Like One of Your French Girls

Get your host to draw you.

### For the Lulz

Successfully troll your host.



### But FAQ\_man Said No!

Hit on your host.



### What Would You Do If I Sang Out of Tune?

Sing a duet with your host.

### Access to the Archives

Access a memory that your host cannot.

### Third Eye

Notice something that your host does not.



**Hosting a Party**

Have four tulpas.



**A Whole Host of People**

Have five tulpas.



**We Are Legion**

Have six tulpas.



**Hey Hey Hey, Tulpaforce E'ery Day**

Tulpaforce every day for a week.



**Force of Habit**

Tulpaforce every day for a month.



**A Force to Be Reckoned With**

Tulpaforce every day for six months.

**Whose Line Is It Anyway?**

Get confused over whether you or your tulpa said something.

**Koomer**

Live as a tulpa in the wonderland for a day.



**Sandman**

Alter or enter your host's dreams.



**I Can Taste It From Here**

Acquire a taste for a particular food.

**Open-Minded**

Acquire a taste for something (food, music, books, fetishes, etc.) that disgusts your host.

**Role Reversal**

Become a solipsist.

**You're Not My Real God!**

Be of a different religion than your host.

**Puberty**

Change your form to something completely different.

**Deviant**

Completely change your form five times.

**Identity Crisis**

Completely change your form ten times.



**Changeling**

Be able to change your form at will.



**Silent Alarm Clock**

Have your tulpa wake you from sleep.



**The Brain Is a Muscle Too**

Work out with your tulpa.



**Two Left Feet**

Coordinate a task between a limb you control and one your tulpa possesses.

**It's What Friends Do, Right?**

Set time aside for something your tulpa enjoys but that you do not.



**Medium**

Let your tulpa speak through you to someone else IRL.

**It's Not Schizophrenia!**

Get caught narrating alone.

**Tibetan Buddhist**

Believe a metaphysical theory for tulpas.

**Not So Different**

Believe that your tulpa is a person.

**This Can Only Lead to One Thing**

Have a tulpa of the opposite gender.



**Maybe I Really AM Crazy...**

Take the form of your host.



**Vermin Supreme**

Change your name.



**xXmindflayer996Xx**

Go by a pseudonym online, even though it's completely unnecessary.

**How Do Muscles Work?**

Possess one of your host's limbs.

**Get Some Exercise**

Possess a limb for an hour straight.



**Lending a Hand**

Coordinate a task between a limb you possess and one your host controls.

**How Does It Feel?**

Parrot your host.

**These Hands Are Really Laggy**

Play a videogame.

**We D.I.D. It!**

Switch with your host.

**Completely Cisgender**

Have a tulpa of the same gender.

**Headcanon**

Base your tulpa off an existing character.

**Last Action Hero**

Base your tulpa off a real person.

**Do Not Steal**

Have your tulpa be an original character.



**My Little Dashie**

Have a pony tulpa.

**Furry Friends**

Have an anthro tulpa.



**Did It Hurt?**

Have an angel tulpa.



**Weighted Companion Cube**

Have an inanimate object tulpa.



**Comedy of the Year**

Have a talking animal tulpa.



**We Have the Technology**

Have a robot or cyborg tulpa.



**Master Identity Thief**

Switch with your host, then talk to their close friends/family without them noticing.

**I Don't Know, But Step 3 is Profit!**

Switch with your host, then tulpaforce them.



**A Mile in Their Shoes**

Switch with your host and spend a day as them.

**Oguigi**

Switch with your host and spend a week as them.

**We Need to Go Deeper**

Create a tulpa.



### **In My Own Image**

Have a human tulpa.



### **One of a Kind**

Have a non-pony, non-anthro, fictional creature tulpa, or a shapeshifter.

### **We Need More People Like You**

Be a part of the tulpa community without making a tulpa.

Original by The Rational Hatter:

<https://docs.google.com/document/d/1Pkat3oEK4noXiPih7VITl28Zr49Xh-r3b9i660UAvY/edit?usp=sharing&pli=1>