



Laudato Si' Week 2026

Reflecting on the Laudato Si' Goals

From Hope to Action During Laudato Si' Week

Laudato Si' Week is a moment when Catholics around the world turn **hope into concrete action for our common home**.

Participants of the Laudato Si' Action Platform are invited to take **one meaningful step for integral ecology** during this week and mark it on the platform as part of the Church's shared ecological response.

This reflection can help you discern the action you will take.

You may choose to write a short reflection, share a brief video, or simply use these questions as a guide for conversation in your community.

Step 1: Reflect on the Laudato Si' Goals

Review the [Laudato Si' Goals](#) and consider which one speaks most strongly to your current context.

Which of the Laudato Si' Goals resonates most with you or your community at this moment?

Why does this goal feel especially relevant right now?

Step 2: Reflect on Your Community's Context

Pope Francis reminds us that [everything is connected](#).

How is the socio-ecological crisis affecting your community?





Examples may include:

- Environmental challenges in your region
- Social or economic difficulties affecting vulnerable people
- Changes in your local ecosystem

What signs of hope or renewal do you see in your community?

Step 3: Reflect on Your Mission and Values

Every community has a unique identity and mission.

What values guide your community, parish, school, organization, or family?

How do these values connect with the call to care for our common home?

How do they inspire you to respond to the ecological crisis?

Step 4: Discern Your Action for Laudato Si' Week

Now consider the concrete step your community can take.

During Laudato Si' Week, what **one action** could you take that reflects your mission and responds to the Laudato Si' Goals?

This action might include:

- Reducing energy or waste in your community
- Supporting people affected by poverty or environmental harm



- Hosting a conversation or prayer moment on Laudato Si'
- Planting trees or restoring local ecosystems
- Changing a purchasing or lifestyle practice

Choose an action that is **realistic, meaningful, and achievable during the week**. Remember: **one step is enough**.

Step 5: Share Your Commitment

Once you have discerned your action, submit it through the **Laudato Si' Action Platform** so that it becomes part of the Church's shared response during Laudato Si' Week.

You may also choose to share a short reflection or testimony about your action to inspire others.

Your action joins thousands of others across the world — a visible sign of hope translated into action.

Laudato Si' Week Invitation

During Laudato Si' Week:

Take one concrete action for integral ecology — and make it count through the Laudato Si' Action Platform.



	Current Actions	What's working well	Areas for Improvement
Response to the Cry of the Earth			
Response to the Cry of the Poor			
Ecological Economics			
Adoption of Sustainable Lifestyles			
Ecological Education			
Ecological Spirituality			
Community Resilience and Empowerment			

