

SPMS Announcements for November 15th, 2023

Good morning Sauk Prairie Middle School! We are Sauk Prairie Middle School and we have the power to make tomorrow better than today. Somos Sauk Prairie Middle School y tenemos el poder de hacer mañana mejor que hoy! Today is Wednesday, November 15th, it is a Day 2.



Hot lunch today is pulled pork, the specialty line is a soup and salad bar with cheesy potato soup, and grab and go is build your own pizza or a PB&J Pack.



Sources of Strength Updates:

Did you know that thankfulness can change the physical makeup of the brain and help us become more positive, joyful and content? We can begin this process by simply writing down or journaling about 3 things we are thankful for every day for 21 days. So we encourage you to do that yet this morning!

In addition, in the cafeteria starting today, Thursday, and Friday of this week there will be a Sources of Strength poster. Members of the Sources of Strength team will be there to encourage you to pick up a piece of paper, write down what you are thankful or grateful for, and add it to our growing paper chain of thankfulness.

- *Also, please flip to the next two slides to listen to some of your peers and what they are thankful for.

Sources of Strength Peer Leaders - we need your help at each of the lunches today through Friday. Mrs. Breunig posted a sign up in our Google Classroom. IF you are willing to help us with the paper chain activity during lunch, please add your name to the sign up!

All students, please fill out the Google Form linked below to share who a Trusted Adult at school is for you.

- [Trusted Adult Google Form](#)

Shout-out to our Math Team! Our 6th Grade team finished 1st in their division and 8th Grade finished 2nd in their division at the Math Matters Meet yesterday.

We are currently at 3,820 SOAR Salutes. Nice work so far! Let's see if we can reach our goal of 5,000 by the end of this week!

7th graders; this announcement is for you! If you'd like to get involved in student government and making decisions in our school, come to a student council meeting on Tuesday, November 21st during your lunch period in Mrs. VandeBerg's classroom. We're going to brainstorm projects YOU'D like to accomplish this year. Any 7th graders are welcome!

A reminder to Middle School Mentors that you have a brief meeting tomorrow morning at 8:05 in the library.

Community circle topic

- Would You Rather Wednesday
 - Would you rather control minds or read minds?

Being a cool, awesome, kind, good, funny, helpful, and/or nice friend	
Persevering when something got tough	Bryce J.
Saying hello to Ms. Yarnell in the hallway and making her day	Alex S.
Hitting homeruns in softball	Avah S.
Being a bestie friend	Ellasyn
Being there for others	Paisley J.

If you would like, please stand for the Pledge of Allegiance.

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