



Team Practice Emergency Action Plan

The purpose of this document is to ensure coaches understand EAP for Team Practice Locations.

Location / Park Name	Oak Openings
Team Name	Black Swamp Riders
Head Coach [name & cell #]	Gari Liacopolous, 419-345-2847
Team Manager [name & cell #]	Gino Torio, 740-972-3380
Closest Hospital(s) and anticipated time to each from least-accessible location	University of Toledo Medical Center. 25 Minutes from Trailhead, +/- 2 minutes based on what extraction point you use.
Coaches First Aid Training required based on Geography (Red Cross OR Wilderness First Aid- 16 hr)	First Aid, within the limits of training
Trails to be avoided by some or all ride groups (note concerns)	Understand the skill level of riders before encouraging them to tackle any features. Walk features above their capability. Features of note: ROAD CROSSINGS, Rock gardens, skinny bridges, see-saw.
Location Emergency Responder Contact Info [park police, park ranger, town police]	Lucas County 911 system. Dial 911.
Access Points for Emergency Access or Transport [describe and include on map]	Access Points Shown in Black Arrows on Map: 1) Beach Ridge Trail head. 3520 Waterville Swanton Rd, Swanton, OH 2) Road Crossing Rte 64/Waterville-Swanton Rd. 3) Rte 64/Waterville-Swanton Rd at Swan Creek Crossing, by Swanton Reservoir 4) Beach Ridge Trail West crossing of Monclova Rd. Beach Ridge Trail West crossing of Monclova Rd. 5) Beach Ridge Trail, West crossing of Monclova Rd. 6) Beach Ridge Trail, East crossing of Monclova Rd. 7) Swan Creek Bridge crossing County Rd 1-1, South of Del-Mar Rd.. 8) Trail Crossing County Rd 1-1, South of Airport Hwy.
Water Refill and Shelter locations [describe and include on map]	Water available at Beach Ridge Trail head and Wabash Cannonball Trail head (well water)
Other Park-specific Info i.e. areas without cell or mobile data coverage (lightning warnings, etc.)	n/a: cell coverage is available the entire ride
Heavy Rain Threshold (HRT)	Trail conditions are posted by the metroparks via Facebook, copied to MTB Project and www.toledomtb.org . Closed trails will cancel practice, reschedule if possible.

Maximum time to evacuate the trail due to weather (threshold from code yellow to orange at team practice)	Use the paved trails to exit, estimated time 15 minutes.
Creeks/Rivers or Dry Creek beds prone to Flooding/Flash Flooding	N/A
Trails that are exposed or on ridge lines or hill/mountain tops that would need to be avoided if caught in a thunderstorm	N/A
Shelters available onsite (specify if appropriate for lightning)	Restrooms at Beach Ridge Trailhead, Restrooms at Wabash Cannonball Trailhead
Trail Manager Contact	Metroparks Toledo
✓ In the event of a serious injury, always call 911 first. Ideally start first aid while having another person call. ✓ Check the weather forecast before every practice. ✓ Review Risk Management Training and your Team's Risk Management Plan with your coaches ✓ Coaches and Student Athletes should have all appropriate equipment, clothing, food and hydration at all times ✓ Carry with you a copy of the rider emergency contact list, which includes medical conditions, allergies and medications for each student-athlete. ✓ After parents or family have been contacted, call your league director in the event of an injury that may result in an overnight hospital stay or you deem as very severe.	

